Saint Barnabas Medical Center

- New Jersey's Oldest & Largest Nonprofit Hospital
- 600-bed Institution
- Over 35,000 Inpatients per Year
- 84,000 ER Patients per Year
- Top-rated Burn Center on the East coast
- One of the Largest Kidney Transplant Center in US
- Certified Stroke Center & Neuro-interventional Center
Internal Medicine Residency Program at SBMC

- Fully accredited by ACGME for the maximum allotted period
- Excellent academic record
- State of the art clinical training
- Combines advantages of academic center and community hospital
- Nurturing environment, supports learning & resident development
- Robust fellowship and job placement record
Academic Environment: Conferences

- Faculty Morning Report
- Noon Conference
- Weekly Grand Rounds
- Harrison’s Club (Back to Basics)
- Monthly Journal Club
- Ambulatory Care Conference
- Regular Autopsy Rounds with Pathology/Radiology residents
- Monthly Evidence Based Medicine Conference
- Patient Safety/Quality Improvement (formerly M&M)
- Palliative Care Rounds
- Ethics Conference
Academic Environment

- MKSAP17 subscriptions for all residents (Paper&Digital)
- Monthly self-assessment exams
- Monthly tests
- Board review for all senior residents paid for by program
- Access to extensive online medical resources
- Annual Book Allowance for each intern/resident
Academic Environment

- Abstracts at regional, national and international meetings
- Hundreds of Resident Presentations/Publications
- Award Winning Presentations at National meetings (ACP, ACCP, SCCM, APDIM, ESICM)
- Ample Clinical Research Opportunities
- Mandated Quality Improvement Project involvement
Academic Environment
Medical Library

- Accessible via Smartcard 24 Hours A Day
- Staffed By Medical Librarians During Daytime Hours
- Extensive online resources
  - Up-to-date (computer and smart phone access)
  - MD Consult / Medical Textbooks
  - Online Journals
- Interlibrary Loans Between SBMC And 65 Large Metropolitan Academic Institutions and Hospitals
Clinical Experience

- State of the art technology in all specialties
- Multidisciplinary Neuro / Surgical / Medical ICU
- Full Inpatient & Outpatient EMR
- Exposure to a wide spectrum of disease processes
- Fellowships at sister hospital:
  - Cardiology
  - Nephrology
  - Pulmonary and Critical Care
Clinical Experience

- Electives available in all sub-specialties
- Elective at sister hospitals in system available
- Outside electives available
Clinical Experience

- **PGY-1**
  - 6 months Inpatient Medicine Service
  - 1-2 months ICU/CCU
  - 1-2 months Night Float
  - 1 month Ambulatory Medicine
  - 1 month Elective
  - 4 weeks of paid Vacation
Clinical Experience

• **PGY-2**
  - 2-3 months Inpatient Medicine Service
  - 2 months CCU
  - 1-2 month Night Medicine
  - 2 month Ambulatory Medicine
  - 2-3 months Elective
  - 1 month Emergency Medicine
  - 4 weeks of paid Vacation
Clinical Experience

- **PGY-3**
  - 3 months Inpatient Medicine Service
  - 1-2 months ICU
  - 2 month Ambulatory Medicine
  - 2-3 months Elective
  - 1 month Neurology
  - 4 weeks of paid Vacation
Clinical Experience: Ambulatory Environment

- Continuity Clinic twice-a-week
- Residents assigned primary care panel
- Emphasis on resident ownership of patients
- Full EMR
- Patient Centered Medical Home
- Ambulatory care rotations in each year of residency with a choice of various specialties
Patient Centered Medical Home

- Level 3 NCQA recognized PCMH: Highest level achievable
- Focus on practice based learning, performance & quality improvement
- QI projects from our IMFP have been presented at National Meetings (ACP, AAMC, ACGME)
Humanities Program

- Enhanced Medical Humanities curriculum incorporated

- Narrative medicine, Art and Medicine, Ethics, Professionalism, Communication and End of Life

- Graduating residents receive a Certificate in Medical Humanities (CMH) from Drew University’s Caspersen School of Graduate Studies
Medical Humanities

Dr. Paul Wangenheim     Dr. Phyllis DeJesse
Training Environment

- Located in safe suburban northern NJ neighborhood
- Diverse patient population
- Exposure to varied clinical conditions
- Excellent ancillary support: IV team, phlebotomy
- Friendly & supportive staff, faculty
Training Environment

- Core faculty dedicated to residents full-time
- Large voluntary faculty who are interested in teaching
- Ability to expand and contract services to educational needs
Benefits

- Major Medical Insurance
- Dental Insurance
- Medical Liability Insurance
- Meal Vouchers for calls
- Free Parking
- White Coats (3 per year)
- Vacation (4 Weeks)
- Annual Book Allowance
- Board Review Course
- MKSAP Books & Digital Access
Fellowship Placement

- Over past 5 years
  - 51 graduates
  - 31 applied for fellowships
  - 29 successful
  - Success rate: 94%
<table>
<thead>
<tr>
<th>Year</th>
<th>Specialties</th>
</tr>
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<tbody>
<tr>
<td>2004</td>
<td>2 GI, Cardiology, Pulm/Critical Care, Nephrology, Heme/Onc</td>
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<tr>
<td>2005</td>
<td>Rheum, Heme/Onc, Pulm/Critical Care, 2 Cardiology, Nephrology</td>
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<tr>
<td>2006</td>
<td>2 Pulm/Critical Care, Nephrology, Heme/Onc, Rheum, Endo, Radiology</td>
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<tr>
<td>2007</td>
<td>4 Nephrology, Pulm/Critical Care, Cardiology, ID</td>
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<tr>
<td>2008</td>
<td>2 Pulm/Critical Care, 2 Heme/Onc, GI, Cardiology</td>
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<tr>
<td>2009</td>
<td>Geriatric Medicine, Heme/Onc, Nephrology, Cardiology</td>
</tr>
<tr>
<td>2010</td>
<td>Nephrology, Infectious Disease, 3 Rheumatology, Endocrinology</td>
</tr>
<tr>
<td>2011</td>
<td>2 Pulm/Critical Care, Nephro, Heme/Onc, ID, Sleep Medicine, Geriatric Medicine</td>
</tr>
<tr>
<td>2012</td>
<td>2 Heme/Onc, Sleep Medicine, Nephrology, Metabolic Medicine, GI</td>
</tr>
<tr>
<td>2013</td>
<td>2 Nephrology, Pulm/Critical Care, Rheumatology</td>
</tr>
<tr>
<td>2014</td>
<td>2 Heam/Onc, Rheum, Cardiology, ID/Critical care, ID, Sleep medicine</td>
</tr>
</tbody>
</table>
Fellowship Institutions

- Albany Medical Center (Geriatrics, pulmonary/critical care)
- Aurora Health (ID, cardiology)
- Baylor (Heme/onc, Nephrology)
- Beth Israel Medical Center New York (Pulmonary/critical care)
- Boston University (Gastroenterology)
- Brigham and Women’s (Rheumatology, allergy/immunology)
- Case Western (Rheumatology, Geriatrics)
- Cleveland Clinic (Heme/Onc)
- Columbia (infectious diseases, Rheumatology)
- Cooper (Nephrology)
- Cornell (Endocrinology/allergy/immunology, gastroenterology, nuclear medicine, nephrology)
- Einstein (Rheumatology)
- George Washington (ID)
- Georgetown University (Hema/onc)
- Good Samaritan Phoenix (Cardiology)
- Jefferson (Dermatology, clinical pharmacology)
Fellowship Institutions

- Jersey City Medical Center (ID)
- Johns Hopkins (Allergy/immunology, endocrinology, medical genetics)
- Kennedy (Geriatrics)
- Long Island Jewish (ID)
- Mayo Clinic (Gastroenterology)
- Massachusetts General Hospital (Cardiology)
- Medical College of Georgia (Cardiology, pulm/critical care)
- Medical College of Virginia (Allergy/immunology)
- Montefiore (Critical care)
- Mt. Sinai (Geriatrics, Nephrology, hematology/oncology, critical care, gastroenterology)
- Mt. Sinai Miami (Cardiology)
- Newark Beth Israel Medical Center/ SBMC (Cardiology, nephrology)
- NIH (Rheumatology, endocrinology, hematology/oncology)
- Rochester (Allergy/immunology, hematology/oncology)
- Roosevelt- St. Luke’s (Hematology/oncology)
- Rutgers (Rheumatology)
Fellowship Institutions

- Saint Michael’s Medical Center (hematology/oncology)
- St. Louis University (Nephrology)
- St. Vincent’s Medical Center, NY (Pulmonary critical care)
- SUNY Stony Brook (Nephrology)
- SUNY Buffalo (Cardiology, Rheumatology, hematology/oncology)
- SUNY Downstate (Hematology/oncology)
- SUNY Upstate (Hematology/oncology)
- Texas Heart Institute-Baylor (Cardiology)
- Tufts University (Hematology/oncology, endocrinology)
- UCLA (gastroenterology, rheumatology)
- UMDNJ-NJMS (Cardiology, endocrinology, nephrology, pulm/critical care, ID, Rheumatology)
- UMDNJ-Robert Wood Johnson (Nephrology, hematology/oncology, pulm/critical care)
- University of Alabama – Birmingham (Rheumatology)
- University of Hawaii (Geriatrics)
- University of Illinois (Gastroenterology)
- University of Iowa (Hematology/oncology)
Fellowship Institutions

- University of Iowa Affiliates (Infectious Diseases, hematology/oncology)
- University of Massachusetts (Rheumatology)
- University of Miami (ID, hematology/oncology)
- University of Michigan (Nephrology)
- University of Missouri (Nephrology)
- University of Pennsylvania (Rheumatology)
- University of South Florida (ID, nephrology)
- University of Southern California-LA (Pulm/critical care)
- University of Texas at Houston (Rheumatology)
- University of Virginia (Nephrology)
- University of Wisconsin (Geriatrics)
- Wayne State University (Nephrology)
- William Beaumont (Geriatrics)
- Winthrop University Hospital (Pulm/critical care)
- Yale (Rheumatology, allergy/immunology, cardiology research)
- Yale (Nephrology)
- Boston University (Nephrology)
Core Faculty Members

**Paul Yodice, MD, FCCP, FCCM**  
*Chair, Department Of Medicine*

**Sunil Sapru, MD, FACP**  
*Program Director*

**Anthony Carlino, MD, PhD, FACP**  
*Associate Program Director and Director of Medical Student Affairs*

**Kristin Fless, MD, FCCP**  
*Director, Division of Interventional Pulmonology & Director, Neurocritical Care*

**Fariborz Rezai, MD, FCCP**  
*Director, Intensive Care Unit & Director, Division of Critical Care*

**Nirav Mistry, MD, FCCP**  
*Intensivist, Division of Critical Care Medicine*

**Vagram Ovnanian, MD**  
*Intensivist, Division of Critical Care Medicine*
New Faculty:

Sameh Abdelaal, MD

Jessica Wachtel, MD

Samar Hameed, MD
Paul Yodice MD, FCCP, FCCM

Chair, Department of Medicine

Undergraduate: New York University

Medical School: New York Medical College

Residency and Chief Residency: St. Vincent's Hospital and Medical Center NY

Fellowship in Critical Care Medicine: St. Vincent's Hospital and Medical Center NY

Previous Experience: Program Director, Brown University Critical Care Fellowship

Awards:
- Intern, Resident and Fellow of the Year - St. Vincent's' Hospital and Medical Center NY
- Outstanding Teacher x 10 - Students and Residents - Brown University School of Medicine
- Top Doctor in Critical Care, RI Monthly x 3 consecutive years
- Election to Alpha Omega Alpha medical honor society
- Distinguished Educator Award - SBMC
Sunil Sapru, MD, FACP

Program Director

Medical School
University of Kashmir, Srinagar, India

Residency
Sher-e-Kashmir Institute of Medical Sciences

Residency
SUNY Buffalo-PGY1
Saint Barnabas Medical Center-PGY2-3

Previous Experience
Faculty, Cardiology Division, Sir Gangaram Hospital, New Delhi;
Faculty, Buraimi and Ibri Central Hospital, affiliated to SQU Medical School

Awards:
Outstanding Teaching Attending – SBMC 2013&2014
Outstanding Graduating Resident – SBMC
Distinguished Educator-SBMC
Member NJ ACP Governor’s Council
Anthony Carlino, MD, PhD, FACP

Associate Program Director

Undergraduate
Franklin and Marshall College

Senior Research Associate
Cornell Medical College

PhD- Molecular Genetics
Waksman Institute, Rutgers University

Medical School and Residency
University of Medicine and Dentistry of NJ -NJMS

Previous Experience
Attending, Orange Veterans Administration Medical Center

Awards:
Charles and Johanna Busch Pre-doctoral Fellowship
Roche Institute of Molecular Biology Research Fellowship
Distinguished Educator-SBMC
Fariborz (Bobby) Rezai, MD, FCCP
Director, Intensive Care Unit & Director, Division of Critical Care

Undergraduate
Rutgers University with High Honors

Medical School
Saint Georges University School of Medicine

Residency
Newark-Beth Israel Medical Center

Fellowship-Pulmonary and Critical Care Medicine
Newark-Beth Israel Medical Center

Awards
- Core Value Award
- Henry Rutgers Scholar
- Ability to Execute -Newark Beth Israel Medical Center
- Distinguished Educator Award-SBMC
Kristin Fless, MD, FCCP
Director, Division of Critical Care & Director, Neurocritical Care

Undergraduate:
Rutgers University

Medical School
New Jersey Medical School-NJMS

Residency
University of Medicine and Dentistry of NJ-NJMS

Fellowships
Pulmonary/Critical Care Medicine
University of Medicine and Dentistry of NJ-NJMS
Sleep Medicine
University of Medicine and Dentistry of NJ-NJMS

Previous Experience
Clinical Division Director, UMDNJ
Acting Director of Medical Intensive Care, UMDNJ
Assistant Professor Of Medicine, UMDNJ

Awards:
Best Doctor – UMDNJ
Distinguished Educator Award-SBMC
Nirav Mistry, MD, FCCP

Division of Critical Care Medicine

Undergraduate:
The Pennsylvania State University

Medical School
St. George’s University School of Medicine

Residency
Lenox Hill Hospital

Fellowships
Critical Care Medicine, The Mount Sinai Hospital

Previous Experience
Adult Hospitalist, Nyack Hospital, Nyack, NY
Acting Director, Intensive Care Unit, JFK Medical Center, Edison, NJ

Awards:
Chief Fellow, Critical Care Medicine Fellowship
Vagram Ovnanian MD
Division of Critical Care Medicine

Medical School
Latvian Medical Academy, Latvia

Residency
Internal Medicine - Methodist Hospital, Brooklyn, NY

Fellowship
Pulmonary/Critical Care/Sleep - UMDNJ, Hackensack University Medical Center and East Orange VA, NJ

Previous Experience
Pulmonary/Critical Care/Sleep Medicine group practice at Hackensack UMC
Hospitalist at Abington Hospital in Pennsylvania
Jessica Wachtel MD

Faculty, Internal Medicine
Sameh Abdelaal
Faculty, Internal Medicine
Samar Hameed

Faculty, Internal Medicine
Why SBMC?

- Academic excellence
- Accreditation excellence
- Clinical excellence
- Secured future (boards, practice, fellowships)
- Supportive & nurturing environment
- Unique humanities training program
Thank You!