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## **DXA Bone Density ( Preparation )**

- Do not take calcium supplements day of the exam.
- Must wait 7 days after any Radiology procedure if performed with Iodine, Barium, Nuclear Medicine Isotopes.
- Clothing without zippers suggested.
- Medicare will only cover 1 DXA every 2 years.

**■ ■ COMMUNITY  
■ ■ MEDICAL CENTER**  
An affiliate of the Saint Barnabas Health Care System  
99 Highway 37 West      Tom's River, New Jersey 08755

### Contact Information

To schedule an  
appointment call  
732-557-8146.

For a referral to a physician  
call 1-888-SBHS-123  
(1-888-724-7123).

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