
Barium Enema (Preparation)

- Clear liquid diet 24 hours before the exam.
- 2 oz of any mild laxative, at 12:00 noon, the day before the exam. (Citrate of Magnesia 10oz)
- Tap water enemas in the evening until results are clear.
- Nothing by mouth until test is completed.

**■ ■ COMMUNITY
■ ■ MEDICAL CENTER**

An affiliate of the Saint Barnabas Health Care System
99 Highway 37 West Tom's River, New Jersey 08755

Contact Information

To schedule an
appointment call
732-557-8146.

For a referral to a physician
call 1-888-SBHS-123
(1-888-724-7123).