

***PSYCHIATRY RESIDENCY PROGRAM***

***DIDACTIC CURRICULUM***

***PGY I - IV***

## **PGY I**

### **01. Departmental Grand Rounds**

- a) Required PGY I, II, III, IV
- b) Psychiatrists, Psychologists, Social Workers and other Mental Health Professionals
- c) Psychiatry
- d) Full and Part Time Faculty participate
- e) Presentations of Psychiatric topics, sponsored by each departmental division, followed by a discussion and review contemporary state of knowledge. Format includes Outside Presenters, Faculty and Residents.
- f) Twice monthly, 24 sessions, one hour each, throughout the entire year.

### **02. Journal Club**

- a) Required PGY I, II, III, IV
- b) Drs. Malik and Savatta
- c) Psychiatry related topics
- d) Full and Part Time faculty
- e) Discussion is geared to review selected article and find the positive and negative points
- f) One Hour monthly, through out the year

### **03. Research, QI Projects**

- a) Required PGY I, II, III, IV
- b) J. McCreath, LCSW, Ph.D, Aizel Valdes, RN, Arun Bhagat, Data Analyst
- c) Psychiatry, Psychology and Social Work
- d) Full and Part Time
- e) Each year lectures will be a progression PGY 1 and PGY II Introduction and discussions of Research Methods PGY III and PGY IV to be familiar with research project and final formulation
- f) Quality Improvement Project
- g) 5 hour sessions through out the year

### **04. Skilled Assessments of Patients**

- a) Required PGY I, II, III, IV
- b) Dr. Malik
- c) Psychiatry
- d) Full and Part Time
- e) Live patient interviewed by residents to enhance their skills in patient interview and assessment.
- f) Total 14 hourly sessions throughout the year

### **05. Board Certification Preparation Course**

- a) Required PGY I, II, III, IV
- b) Dr. Malik and the Chief Resident / Assoc. Chief Resident and all residents
- c) Psychiatry
- d) Full and Part Time
- e) Registered for the Online, web courses: "Beat The Boards"
- f) Weekly sessions throughout the year

### **06. P.R.I.T.E. Psychiatry Resident In Training Examination – Preparation**

- a) Required PGY I, II, III, IV
- b) Dr. Malik, Chief Resident and Associate Chief
- c) Psychiatry
- d) Full and Part Time
- e) Registered for the Online, Web course: Past PRITE Study Material, "Beat The Boards"
- f) 35 Hourly sessions throughout the year

### **07. Ethics**

- a) Required PGY I, II, III, IV
- b) J. McCreath, LCSW, Ph.D, Dr. Savatta
- c) Psychiatry and Social Work
- d) Full and Part time
- e) Presentation of the principles of medical ethics and its application of patient care.
- f) Total of 5 hourly sessions through out the year

### **08. Forensic Psychiatry**

- a) Required PGY I, II, III, IV
- b) Dr. Greenfield
- c) Psychiatry
- d) Full time
- e) Over view of legal issues in psychiatry
- f) 6 Hourly sessions through out the year

**09. Clinical Skills Examination Preparation**

- a) Required PGY I, II, III, IV
- b) Drs, Malik, Gorman, Savatta, Sethi and Patel
- c) Psychiatry
- d) Full Time
- e) Educating the residents on Psychiatric Interview techniques: questioning, style and rapport , informational cues, history, Suicidal / Homicidal Assessment, Substance Abuse, Mental Status Examination.
- f) 10 Hourly sessions throughout the year.

**10) Mental Status Examination**

- a) Required PGY I, II, III, IV
- b) Dr. Malik
- c) Psychiatry
- d) Full Time
- e) Teaching residents about Mental Status Examination with emphasis on underlying neurological correlates
- f) 5 Hourly sessions throughout the year.

**11. Supportive Group Therapy**

- a) Required PGY I, II
- b) J. McCreath, LCSW, Ph.D, Inpatient Psychiatrists
- c) Psychiatry and Social Work
- d) Full Time
- e) Inpatient Support Group Therapy to help patients learn coping skills. Physician to help patients with medication Compliance
- f) Total of 6 hourly sessions through out the year

**12. Trans-Cultural Issues**

- a) Required PGY I, II
- b) Drs. Malik, Psychiatrists, Psychologists, Social Workers, Registered Nurses, Residents
- c) Full and Part Time
- d) Didactic and group discussions of cultural issues facing psychiatrists while treating patients from different cultures.
- e) Total of 10 hourly sessions through out the year

**13. Psychopharmacology**

- a) Required PGY I, II, III, IV
- b) Drs. Malik, Inpatient Adult / Child and Adolescent and Outpatient Psychiatrists
- c) Psychiatry
- d) Full and Part time Faculty
- e) Review of basic Psychopharmacology and utilization of medications for major Psychiatric syndromes..
- f) 15 hourly sessions throughout the year

**15. Emergency Psychiatry**

- a) Required PGY I, II
- b) Drs. Malik and Farag
- c) Emergency Psychiatry Department
- d) Full Time
- e) Overview of Emergency Department and management of patients in Emergency setting and also to help residents during calls.
- f) 8 hourly sessions throughout the year

**13. Inpatient Psychiatry**

- a) Required PGY I, II
- b) Drs. Mangsatabam, Sethi, and Patel
- c) Psychiatry
- d) Full Time
- e) Treatment of Psychiatric patients in an inpatient setting with major Psychiatric syndromes.
- f) 20 Hourly sessions throughout the year.

**16. Internal Medicine and Emergency Medicine**

- a) Required PGY I
- b) Drs. Farrer and Internal Medicine attendings
- c) Internal Medicine and Emergency Medicine
- d) Full Time
- e) Review of the diagnosis and management of acute and chronic medical illnesses in inpatient and emergency setting
- f) 8 Hourly sessions per week during the rotation

**17. Neurology**

- a) Required PGY I
- b) Dr. Ma and staff Neurologists at JFK Hospital
- c) Neurology
- d) Full time and part time
- e) Review of different types of neurological disorders and diagnosis and management
- f) Weekly for 8 sessions

**PGY II**

Common Lectures: Please refer to PGY I

- 01. **Departmental Grand Rounds:**
- 02. **Critical Review of Literature and Journal Club:**
- 03. **Research:**
- 04. **Skilled Assessments of Patients**
- 05. **Board Certification Preparation Course**
- 06. **P.R.I.T.E. Psychiatry Resident In Training Examination – Preparation**
- 07. **Ethics**
- 08. **Forensic Psychiatry**
- 09. **Clinical Skills Examination Preparation**
- 10. **Mental Status Examination**
- 11. **Supportive Therapy**
- 12. **Transcultural Psychiatry**

**18. Consultation / Liaison Psychiatry**

- a) Required PGY II
- b) Dr. R. Malik
- c) Psychiatry
- d) Full and Part time
- e) Overview of consultation liaison including Psychiatric Evaluation and management of psychiatric symptoms in non-psychiatric patients, as well as drug interaction, competency determination, commitment procedures
- f) Total of 8 hourly sessions through out the year

**19. Neurobiology of Psychiatric Disorders**

- a) Required PGY II
- b) Dr. Malik
- c) Psychiatry
- d) Full Time Faculty
- e) Overview of the relevant basic neurobiological theories of psychiatric disorders.
- f) Total of 10 Hourly sessions through out the year

**20. Geriatric Psychiatry**

- a) Required PGY II
- b) Drs. Sethi, Patel
- c) Psychiatry
- d) Full Time
- e) Review of General Medical and Psychiatric problems, Psychiatric Evaluation, Drug Interaction and relevant problems' management in an Inpatient Setting
- f) 6 hourly sessions throughout the year

**21. Psychopharmacology**

- a) Required PGY II
- b) Drs. Malik, and Savatta, Sethi, Patel, Mangsatabam and Gavini
- c) Psychiatry
- d) Full and Part time Faculty
- e) Introduction to Advanced Psychopharmacology and review of treatment algorithms for various Mental disorders and Psychopharmacology for the Medically ill, child and adolescent and addiction, geriatric.
- f) 10 hourly sessions throughout the year

**22. Informatics**

- a) Required PGY II
- b) Information Technology Department
- c) IT staff
- d) Full and Part Time
- e) Overview of information technology related to psychiatry
- f) 5 hourly sessions through out the year

23. ***Behavior and Cognitive Therapies***  
a) Required PGY II  
b) Dr. Goddard, Ph.D and Psychology Interns  
c) Psychology  
d) Full Time  
e) Overview of the Principles Cognitive Therapies  
f) 6 Hourly sessions through out the year
24. ***Interpersonal Therapy***  
a) Required PGY II  
b) J. McCreath, LCSW, Ph.D, Social Workers  
c) Psychiatry and Social Work  
d) Full Time  
e) Overview of the Principles of Interpersonal Therapy  
f) 6 Hourly sessions through out the year
25. ***Psychodynamic Therapy***  
a) Required PGY II  
b) Dr. Goddard and Psychology Interns and Social Workers  
c) Social Work and Psychology  
d) Full Time  
e) Overview of Psychodynamic Psychiatry Theories  
f) 20 Hourly sessions through out the year
26. ***Family Therapies***  
a) Required PGY II  
b) J. McCreath, LCSW, Ph.D, Psychology Interns and Social Workers  
c) Social Work  
d) Full Time and Part time  
e) Overview of Group and Family Therapies in an Inpatient Setting  
f) 15 Hourly sessions through out the year
27. ***Brief Psychodynamic Therapy***  
a) Required PGY II  
b) Dr. Goddard, Ph.D and Psychology Interns  
c) Psychiatry and Psychology  
d) Full Time  
e) Overview of Brief Psychodynamic Theories  
f) 6 Hourly Sessions through out the year
28. ***Child Development and Psychopathology and Treatment of Child and Adolescents Psychiatric Disorders***  
a) Required PGY II  
b) Drs. J. Gavini, MD and R. Sharief, MD, Child and Adolescent APN  
c) Child Psychiatry and General Psychiatry  
d) Full and Part Time  
e) Overview of normal and abnormal development, Psychopathology and Psychiatric Evaluation, Family Meeting and discharge Planning  
f) 10 hourly sessions through out the year
29. ***Psychological Testing***  
a) Required PGY II  
b) Dr. Goddard, Ph.D and Psychology Interns  
c) Psychology  
d) Full Time  
e) Overview of Psychological Testing and how it applies to Patient Care  
f) 4 Hours throughout the year
30. ***Addiction Psychiatry***  
a) Required PGY II  
b) Dr. R. Malik  
c) Psychiatry  
d) Guest Lecturer  
e) Overview of Substance Abuse problems and co morbid illness and treatment.  
f) 5 hourly sessions throughout the year

### **PGY III**

Common Lectures: Please refer to PGY I

01. **Departmental Grand Rounds:**
  02. **Critical Review of Literature and Journal Club:**
  03. **Research:**
  04. **Skilled Assessments of Patients**
  05. **Board Certification Preparation Course**
  06. **P.R.I.T.E. Psychiatry Resident In Training Examination – Preparation**
  07. **Ethics**
  08. **Forensic Psychiatry**
  09. **Clinical Skills Examination Preparation**
  10. **Mental Status Examination**
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31. **Outpatient Psychopharmacology** (Advanced)
    - a) Required PGY III
    - b) Drs., Grelecki, Gorman and Savatta
    - c) Psychiatry
    - d) Full and Part Time
    - e) Combination of the benefits Psychopharmacology and Psychotherapy. Also in depth knowledge in treating Psychiatric Patients in an Outpatient setting.
    - f) Weekly supervision throughout the year
    - g) 30 hours throughout the year.
  32. **Psychotherapy in an Outpatient Setting**
    - a) Required PGY III
    - b) Drs. Grelecki, Gorman and Savatta and Dr. Goddard, Ph.D
    - c) Psychology and Social Work Staff
    - d) Full and Part Time
    - e) Cognitive, Psychodynamic, Supportive Behavioral
    - f) 15 Hourly lecture sessions throughout the year
  33. **Cognitive Behavioral Therapy in an Outpatient Setting and Supervision**
    - a) Required PGY III
    - b) Dr. Goddard, Ph.D and Psychology Interns
    - c) Psychology Staff and Interns
    - d) Cognitive Behavioral Therapy, Case presentations, Supervision
    - f) Weekly Hourly sessions throughout the year
  34. **Psychodynamic Therapy in an Outpatient Setting and Supervision**
    - a) Required PGY III
    - b) Dr. Goddard, Ph.D, Dr. Savatta
    - c) Psychology Staff and Interns
    - d) Psychodynamic Therapy, Case presentations, Supervision
    - f) Weekly Hourly sessions throughout the year
  35. **Neuropsychological Testing**
    - a) Required PGY III
    - b) Psychologists and Psychology Interns
    - c) Psychology
    - d) Full Time
    - e) Overview of indications and application of this testing in patients
    - f) 2 Hours lecture through out the year
  36. **Community Psychiatry**
    - a) Required PGY III
    - b) Drs. Malik, Gorman, Grelecki and Savatta
    - c) Psychiatry
    - d) Full Time
    - e) Review of treatment offered to persistently and chronically ill patients in the community.
    - f) 10 Hourly sessions through out the year
  37. **Selection Of Electives**
    - a) Required PGY III
    - b) Drs. Malik and Dr. Tadrous
    - c) Psychiatry
    - d) Full Time
    - e) Selection of Electives
    - f) 2 Hour Session through out the year

## PGY IV

Common Lectures: Please refer to PGY I

01. **Departmental Grand Rounds:**
  02. **Journal Club:**
  03. **Research:**
  04. **Skilled Assessments of Patients**
  05. **Board Certification Preparation Course**
  06. **P.R.I.T.E. Psychiatry Resident In Training Examination – Preparation**
  07. **Ethics**
  08. **Forensic Psychiatry**
  09. **Clinical Skills Examination Preparation**
  10. **Mental Status Examination**
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38. **Advanced Psychopharmacology**
    - a) Required PGY IV
    - b) Drs. Malik, Gorman, Grelecki, Savatta and Pharmacists
    - c) Psychiatry and Pharmacy
    - d) Full and Part Time
    - e) Overview of new developments in psychopharmacology; New indications, HIV, Cancer medications, Drug Interaction.
    - f) 16 Hourly sessions through out the year
  39. **Practice and Career Issues**
    - a) Required PGY IV
    - b) Dr. Malik, Dr. Lehrhoff
    - c) Psychiatry
    - d) Full and Part Time
    - e) Overview of Relevant issues to the practicing of psychiatrist, Health System and Utilization
    - f) 5 Hourly sessions through out the year
  40. **Electives** (Geropsychiatry, Developmental Disabilities Inpatient and Outpatient Clinic, Addiction Psychiatry , Administrative Psychiatry, ECT, Primary Care, Sleep Medicine, Research, Psychotherapy, Consultation Liaison, Administrative Psychiatry, Inpatient / Outpatient Child Psychiatry, Outpatient Adult Psychiatry, Forensic Psychiatry, Psychiatry Outpatient Private Practice, Clozaril Clinic, and Community Psychiatry)
    - a) PGY IV Electives
    - b) Drs. Malik, Gorman, Grelecki, Savatta and Medical / Psychiatry Chiefs
    - c) Psychiatry
    - d) Full time
    - e) The residents will learn more about treatment of different populations in different settings
    - f) 20 Hourly sessions through out the year.
  41. **E.C.T.**
    - a) PGY IV Elective
    - b) Drs. Malik and Savatta
    - c) Psychiatry
    - d) Full Time at Carrier Clinic
    - e) Overview of E.C.T. Treatments in the inpatient and outpatient settings at Carrier Clinic.
    - f) 6 Hourly sessions weekly