RWJBarnabas HEALTH

EMT Initial Course Syllabus

Class # 257

Site Information	Jersey City EMS Building, 415 Montgomery St., Jersey City, NJ 07302 NJ OEMS:
Session Format	Tuesday / Thursday 1830-2200, Sunday 0830- 1630
Course Text	AAOS Emergency Care & Transportation of the Sick & Injured, 13th edition
Format	Blended (online lectures + in-person skills labs/testing)
Didactic/Online	Mandatory minimum interactive time for didactic sessions. Didactic work (lectures, quizzes, assignments) must be completed by scheduled deadlines.
Lab Skills/In-class	Mandatory attendance for lab sessions. Lab skills checkoffs must be completed by scheduled deadlines.
Simulation/In-class	Mandatory attendance for simulation sessions. Simulation documentation must be completed by scheduled deadlines.
Clinical/In-class	Mandatory attendance for clinical sessions. Clinical sessions must be completed by scheduled deadlines.

Session	Date	Day	Location	Start	Activities
					ORIENTATION
1	12/27/2026	Sun	In-Class	0830	ORIENTATION - Part 1 SUBMIT - NJ TFF SUBMIT - RWJBH - Health Form ORIENTATION - Distribute Course Materials
2	12/27/2026	Sun	In-Class	1300	ORIENTATION - Part 2 LMS SUBMIT - RWJBH FERPA LMS SUBMIT - FEMA IS-100.C - Introduction to the Incident Command System LMS SUBMIT - FEMA IS-700.B - An Introduction to NIMS LMS SUBMIT - FEMA IS-800.D - National Response Framework, An Introduction
					PREPARATORY
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 01 EMS Systems Chapter 02 Workforce Safety and Wellness Chapter 04 Communications and Documentation Chapter 08 Lifting and Moving Patients Chapter 09 The Team Approach to Health Care Instructional Video - Lifting/Moving - Backboard Instructional Video - Lifting/Moving - Flexible Stretcher Instructional Video - Lifting/Moving - Orthopedic Stretcher Instructional Video - Lifting/Moving - Stairchair Instructional Video - Lifting/Moving - Stretcher Instructional Video - PPE - Full PPE/BSI Donning and Doffing Instructional Video - PPE - Glove Removal Instructional Video - PPE - Handwashing Instructional Video - PPE - Pathogen Spread SUBMIT - RWJBH - CPR Card
3	1/7/2027	Thurs	In-Class	1830	LAB - Communication LAB - *Donning & Doffing PPE* LAB - Managing an Exposure

Revised 08/01/2026 – RWJBarnabas Health – All rights reserved. This document and its content are protected by law. Duplication, distribution, or reproduction in any form is strictly prohibited without prior written permission from RWJBarnabas Health. Unauthorized use may result in legal action.

Class # 257

Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 03 Medical, Legal, and Ethical Issues Chapter 05 Medical Terminology Chapter 06 The Human Body Chapter 07 Life Span Development SUBMIT - RWJBH - Medical Abbreviations Graphic Organizer
4	1/10/2027	Sun	In-Class	0830	LAB - Flexible/Reeves LAB - Orthopedic/Scoop LAB - Spine-board/Backboard LAB - *Stretcher*
5	1/10/2027	Sun	In-Class	1300	REVIEW - Preparatory **EXAM - Didactic - Preparatory**
6	1/12/2027	Tues	In-Class	1830	LAB - Stop the Bleed LAB - Pedi-Mate LAB - Stairchair Clinical Time Briefing
					ASSESSMENT AND AIRWAY MANAGEMENT
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 10 Patient Assessment Chapter 11 Airway Management Instructional Video - Assessment - Scene Size up Instructional Video - Assessment - Scene Size up Medical Instructional Video - Assessment - Scene Size Up Trauma Instructional Video - Assessment - Primary Survey Instructional Video - Trauma - Bleeding Control Instructional Video - Airway - Bag Mask Device Instructional Video - Airway - CPAP Instructional Video - Airway - Humidified Oxygen Instructional Video - Airway - Introduction Instructional Video - Airway - Nasal Cannula Instructional Video - Airway - Nasopharyngeal Airway Adjunct Instructional Video - Airway - Non-Rebreather Mask Instructional Video - Airway - Oropharyngeal Airway Adjunct Instructional Video - Airway - Oxygen Introduction Instructional Video - Airway - Pocket Mask Instructional Video - Airway - Suction Instructional Video - Airway - Venturi Mask
7	1/14/2027	Thurs	In-Class	1830	LAB - Scene Size Up LAB - Primary Assessment - XABC
8	1/19/2027	Tues	In-Class	1830	LAB - *Airway Management* LAB - *Ventilation*
9	1/21/2027	Thurs	In-Class	1830	LAB - *Oxygenation*
10	1/24/2027	Sun	In-Class	0830	SIMULATION ASSESSMENT - Primary Assessment
11	1/24/2027	Sun	In-Class	1300	**EXAM - Psychomotor - Primary Assessment**
Online Coursework Complete the assigned material prior to the next in-class session.					Instructional Video - Assessment - Medical Patient Assessment Instructional Video - Assessment - Trauma Patient Assessment
12	1/26/2027	Tues	In-Class	1830	LAB - Physical Exams – General Systematic Assessment LAB - Vital Signs Introduction

Revised 08/01/2026 – RWJBarnabas Health – All rights reserved. This document and its content are protected by law. Duplication, distribution, or reproduction in any form is strictly prohibited without prior written permission from RWJBarnabas Health. Unauthorized use may result in legal action.

Class # 257

13	1/28/2027	Thurs	In-Class	1830	LAB - Physical Exams – Focused Systematic Assessment LAB - History Taking - SAMPLE, OPQRST, PASTE LAB - *Vital Signs*
14	2/2/2027	Tues	In-Class	1830	REVIEW - Airway/Assessment
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 36 Transport Operations SUBMIT - RWJBH - Assessment Graphic Organizer SUBMIT - RWJBH - GCS Graphic Organizer SUBMIT - RWJBH - Patient Refusals Graphic Organizer SUBMIT - RWJBH - Pediatric Assessment Triangle Graphic Organizer
15	2/4/2027	Thurs	In-Class	1830	LAB - Documentation *LAB - Reliable Patient Assessment* *LAB - Unreliable Patient Assessment*
16	2/7/2027	Sun	In-Class	0830	**EXAM - Didactic – Airway/Assessment** SIMULATION ASSESSMENT - Reliable Patients SIMULATION ASSESSMENT - Unreliable Patients
17	2/7/2027	Sun	In-Class	1300	SIMULATION ASSESSMENT - Reliable Patients SIMULATION ASSESSMENT - Unreliable Patients
18	2/9/2027	Tues	In-Class	1830	**EXAM - Psychomotor – Airway/Assessment** PORTFOLIO - Reliable Patients PORTFOLIO - Unreliable Patients
Online Coursework Complete the assigned material prior to the next in-class session.					SUBMIT - RWJBH - Clinical Shift 1 - Triage SUBMIT - RWJBH - Vital Signs Assignment
					MEDICAL
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 12 Principles of Pharmacology Chapter 14 BLS Resuscitation AHA BLS CPR Course Booklet Chapter 15 Medical Overview Chapter 16 Respiratory Emergencies Chapter 17 Cardiovascular Emergencies Instructional Video - Assessment - Medical Assessment with Interventions Instructional Video - Medication - Albuterol Administration Instructional Video - Medication - Aspirin Administration Instructional Video - Medication - Nitroglycerin Administration Instructional Video - Resuscitation - BLS Resuscitation
19	2/11/2027	Thurs	In-Class	1830	SIMULATION MEDICAL - BLS Resuscitation - Adult SIMULATION MEDICAL - BLS Resuscitation - Child SIMULATION MEDICAL - BLS Resuscitation - Infant
20	2/16/2027	Tues	In-Class	1830	LAB - Medication Administration - Cross-Check LAB - *Medication Administration - Albuterol* LAB - *Medication Administration - Aspirin* LAB - *Medication Administration - Nitroglycerin* LAB - Medication Card - Albuterol LAB - Medication Card - Aspirin LAB - Medication Card - Nitroglycerin

Revised 08/01/2026 – RWJBarnabas Health – All rights reserved. This document and its content are protected by law. Duplication, distribution, or reproduction in any form is strictly prohibited without prior written permission from RWJBarnabas Health. Unauthorized use may result in legal action.

Class # 257

Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 13 Shock Chapter 33 Gynecologic Emergencies Chapter 34 Obstetrics and Neonatal Care SUBMIT - RWJBH - Childbirth Graphic Organizer SUBMIT - RWJBH - Respiratory Graphic Organizer SUBMIT - RWJBH - Shock Graphic Organizer
21	2/18/2027	Thurs	In-Class	1830	SIMULATION MEDICAL - Cardiac Patients SIMULATION MEDICAL - Respiratory Patients
22	2/21/2027	Sun	In-Class	0830	REVIEW - Medical 1
23	2/21/2027	Sun	In-Class	1300	**EXAM - Didactic - Medical 1** LAB - *Childbirth - Normal*
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 35 Patients with Special Challenges New Jersey Developmental Disabilities Awareness Training in LMS
24	2/23/2027	Tues	In-Class	1830	LAB - Childbirth - Complications LAB - Neonatal Resuscitation
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 18 Neurologic Emergencies Chapter 19 Gastrointestinal and Urologic Emergencies Chapter 20 Endocrine and Hematologic Emergencies Chapter 21 Allergy and Anaphylaxis Chapter 22 Toxicology Chapter 23 Behavioral Health Emergencies Instructional Video - Medication - Epinephrine Administration Instructional Video - Medication - Glucose Administration Instructional Video - Medication - Naloxone Administration
25	2/25/2027	Thurs	In-Class	1830	LAB - *Medication Administration - Glucose* LAB - Medication Card - Glucose LAB - Neuro LAB - Behavior Patient
26	3/2/2027	Tues	In-Class	1830	*LAB - Medication Administration - Epinephrine* LAB - *Medication Administration – Naloxone* LAB - GU/GI LAB - Medication Card - Epinephrine LAB - Medication Card - Naloxone
Online Coursework Complete the assigned material prior to the next in-class session.					SUBMIT - RWJBH - Medications Graphic Organizer
27	3/4/2027	Thurs	In-Class	1830	SIMULATION MEDICAL - Behavioral Patients SIMULATION MEDICAL - Endocrine Patients SIMULATION MEDICAL - Neurologic Patients
28	3/7/2027	Sun	In-Class	0830	REVIEW - Medical 2
29	3/7/2027	Sun	In-Class	1300	SIMULATION MEDICAL - Allergy/Anaphylaxis Patients SIMULATION MEDICAL - GU/GI Patients SIMULATION MEDICAL - Toxicology Patients

Revised 08/01/2026 – RWJBarnabas Health – All rights reserved. This document and its content are protected by law. Duplication, distribution, or reproduction in any form is strictly prohibited without prior written permission from RWJBarnabas Health. Unauthorized use may result in legal action.

Class # 257

Online Coursework Complete the assigned material prior to the next in-class session.					SUBMIT - FEMA IS-1150: DHS Human Trafficking Awareness SUBMIT - RWJBH - Clinical Shift 2 - Medical
30	3/9/2027	Tues	In-Class	1830	**EXAM - Didactic – Medical 2** **EXAM - Psychomotor – Medical - with Interventions** PORTFOLIO **EXAM - Psychomotor – Medical – Team Dynamics Resuscitation** PORTFOLIO
					TRAUMA
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 24 Trauma Overview Chapter 25 Bleeding Chapter 26 Soft-Tissue Injuries Chapter 27 Face and Neck Injuries Chapter 28 Head and Spine Injuries Instructional Video - Trauma - Bleeding Control Instructional Video - Trauma - Vest Type Extrication Device
31	3/11/2027	Thurs	In-Class	1830	LAB - Bandaging *LAB - Hemorrhage Control* *LAB - Supine Spinal Immobilization* *LAB - Seated Spinal Motion Restriction*
32	3/16/2027	Tues	In-Class	1830	SIMULATION TRAUMA - Bleeding Patients SIMULATION TRAUMA - Soft Tissue Patients SIMULATION TRAUMA - Spinal Immobilization/Spinal Motion Restriction
33	3/18/2027	Thurs	In-Class	1830	REVIEW - Trauma 1
34	3/21/2027	Sun	In-Class	0830	SIMULATION TRAUMA - Reliable Trauma Patients SIMULATION TRAUMA - Unreliable Trauma Patients
35	3/21/2027	Sun	In-Class	1300	**EXAM - Didactic – Trauma 1** **EXAM - Psychomotor – Trauma - Complete with Interventions** PORTFOLIO
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 29 Chest Injuries Chapter 30 Abdominal and Genitourinary Injuries Chapter 31 Orthopedic Injuries Instructional Video - Trauma - Long Bone and Joint Immobilization
36	3/23/2027	Tues	In-Class	1830	LAB - *Chest Seal* LAB - *Extremity Splinting* LAB - *Occlusive Dressing* LAB - *Traction Splinting*
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 32 Environmental Emergencies
37	3/25/2027	Thurs	In-Class	1830	SIMULATION TRAUMA - Abdominal Injuries SIMULATION TRAUMA - Chest Injuries SIMULATION TRAUMA - Face and Neck Injuries SIMULATION TRAUMA - Orthopaedic Injuries
38	3/30/2027	Tue	In-Class	1830	REVIEW - Trauma 2

Revised 08/01/2026 – RWJBarnabas Health – All rights reserved. This document and its content are protected by law. Duplication, distribution, or reproduction in any form is strictly prohibited without prior written permission from RWJBarnabas Health. Unauthorized use may result in legal action.

Class # 257

Online Coursework Complete the assigned material prior to the next in-class session.					SUBMIT - RWJBH - Trauma Guidelines Graphic Organizer SUBMIT - RWJBH - Clinical Shift 3 - Trauma
39	4/1/2027	Thurs	In-Class	1830	**EXAM - Didactic – Trauma 2** SIMULATION TRAUMA - Environmental SIMULATION TRAUMA - Reliable Trauma Patients SIMULATION TRAUMA - Unreliable Trauma Patients
40	4/4/2027	Sun	In-Class	0830	SIMULATION TRAUMA - Reliable Trauma Patients SIMULATION TRAUMA - Unreliable Trauma Patients
41	4/4/2027	Sun	In-Class	1300	**EXAM - Psychomotor – Trauma 2- with Interventions** PORTFOLIO
					OPERATIONS
Online Coursework Complete the assigned material prior to the next in-class session.					Chapter 37 Vehicle Extrication/Special Rescue Chapter 38 Incident Management Chapter 39 Terrorism Response/Disaster Management SUBMIT - FEMA IS-200.C - Basic Incident Command System for Initial Response SUBMIT - FEMA IS-5.A - An Introduction to Hazardous Materials Awareness SUBMIT - FEMA IS-907 - Active Shooter: What you can do. SUBMIT - TEEX AWR160 - WMD/Terrorism Awareness for Emergency Responders
42	4/6/2027	Tues	In-Class	1830	LAB - HAZMAT Identification LAB - MCI Tabletop LAB - Triage
43	4/8/2027	Thurs	In-Class	1830	REVIEW - Operations **EXAM - Didactic - Operations**
					FINAL EXAMS
44	4/13/2027	Tues	In-Class	1830	REVIEW - Final
Online Coursework Complete the assigned material prior to the next in-class session.					SUBMIT - Course Audit
45	4/15/2027	Thurs	In-Class	1830	REVIEW - Final
46	4/20/2027	Tues	In-Class	1830	REVIEW - Final
47	4/22/2027	Thurs	In-Class	1830	**EXAM - Psychomotor - Final 1 - with Interventions** PORTFOLIO **EXAM - Psychomotor - Final 2 - with Interventions** PORTFOLIO
48	4/27/2027	Tue	In-Class	1830	**EXAM - Didactic - Final**
Final exam retesting will be held at: East Brunswick Station 346 Cranbury Road, East Brunswick, NJ On: Sunday, May 2, 2027 Time: 0830					*Final Exam Second Attempts*

Revised 08/01/2026 – RWJBarnabas Health – All rights reserved. This document and its content are protected by law. Duplication, distribution, or reproduction in any form is strictly prohibited without prior written permission from RWJBarnabas Health. Unauthorized use may result in legal action.