

# Test Your Breast Health Knowledge

Please answer the following questions to be entered into a drawing to win a \$250 Mall at Short Hills Gift Card. The drawing will take place November 3

(Answers to the quiz can be found on [thepinkcrusade.org](http://thepinkcrusade.org) after November 3.)

- 1. Which of the following are ways to reduce stress?**
  - A. Accept that there are events you cannot control
  - B. Exercise regularly
  - C. Eat well-balanced meals
  - D. All of the above
- 2. Obesity raises the risk of breast cancer after menopause?**  
 True  False
- 3. Women who breast-feed their babies for at least a year in total have a reduced risk of developing breast cancer when they get older?**  
 True  False
- 4. What is the primary imaging tool used to detect breast cancer that cannot be felt during regular breast examinations?**
  - A. Mammography
  - B. MRI
  - C. CT Scan
  - D. Ultrasound
- 5. Alcohol use is associated with an increased risk of breast cancer. Women should limit intake to no more than one drink per day, regardless of the type of alcohol.**  
 True  False
- 6. Are you 18 years of age or older?**  
 Yes  No

---

Thank you for completing the quiz. Please complete the registration form below to be entered into the drawing. Incomplete forms will not be included in the drawing.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_



Thank you to the following stores for participating in the 2016 Pink Crusade with Saint Barnabas Medical Center and Barnabas Health Ambulatory Care Center:

Abercrombie & Fitch	Godiva Chocolatier	Piazza Sempione
Agent Provocateur	J. Jill	Qdoba Mexican Grill
Allen Edmonds	Jimmy Choo	Robert Graham
Art of Shaving, The	Joe's American Bar & Grill	Sephora
AT&T Mobility	Jose Eber Salon Blow Out Bar	Sidney Thomas Jewelers
Au Bon Pain	Karen Millen	Solstice
Aveda	kate spade new york	Spanx
Baldinini	Kiehl's Since 1851	Stuart Weitzman
bareMinerals	Landau	Thomas Pink
bebe	Macy's	Tourbillon
Brooks Brothers	MaxMara	True Religion Brand Jeans
Burberry	Neiman Marcus	Van Cleef & Arpels
California Pizza Kitchen	Omega	Vilebrequin
Calypso St. Barth	Optica	Vineyard Vines
Catimini	Pandora	Walking Company, The
Coach	Papa Razzi	Williams-Sonoma
Crate & Barrel	Papyrus	Wolford
Fendi	Paradise Pen Company	Woops! Bake Shop
Gap/GapKids	Peloton	XXI Forever
General Nutrition Center	Penhaligon's	YOGASMOGA
Geox		YO! Sushi