

RWJBarnabas
HEALTH

***RUNNING* WITH THE DEVILS**

— 5K RUN & WALK —

VIRTUAL RUN | OCTOBER 2020

COURSE OPTIONS

Run with the Devils

The **Run with the Devils** course engages the runners and motivates them to reach their goals, including messages of encouragement from New Jersey Devils players and interesting information about the team's history from Devils Radio Announcer Matt Loughlin.

Similar to the 2019 Running with the Devils 5K route, this course takes you around the scenic Waterfront of the South Mountain Recreation Complex in West Orange, NJ. While running around the Orange Reservoir path, you will pass the Children's Regatta Playground, the Paddle Boat Launch, and the iconic Turtle Back Zoo. This route is so nice you will want to run or walk it twice (which you will need to do if want to clock 3.1 miles).

**The actual 2019 Running with the Devils race route is not suggested as a live option as some sections require road running which was only allowed with road closures. Please make sure to obey all local traffic regulations and do not run in the streets.*

Run with the Animals

Have you ever wanted to run with jaguars, cougars and bobcats? This is your chance to run through the Turtle Back Zoo with the animals cheering you on. **Run with the Animals** will follow a virtual course through the Zoo as you hear fun-facts about the exhibits being passed along the way. Adventure through the African Savanna, get lost in the sounds of the Sea Lions, slither through the Reptile House, and witness the wild animals of New Jersey. Narrated by New Jersey Devils Radio Announcer Matt Loughlin, the Run with the Animals course gives you a front row seat to all the wildlife excitement the Turtle Back Zoo has to offer.

Run with Our Heroes

Since mid-February, COVID-19 has overtaken our thoughts and has changed our world. The **Run with Our Heroes** course engages runners and motivates them to reach their goals, including stories of inspiration from our frontline heroes. New Jersey Devils Announcer Matt Loughlin introduces us to some of those heroes who have emerged through the chaos of the pandemic to help nurture, nourish, and heal our community.

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