

The most important thing is staying healthy.

Here are resources that can help.

Housing Help



Under an order signed by Governor Murphy, residents of New Jersey will not be evicted or lose their homes to foreclosure during the pandemic.

Call 211 (multilingual service)
for information and assistance.

Mental Health Support

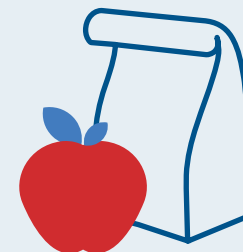
Mental health concerns may be aggravated by the stress of the coronavirus pandemic.

**Contact us at
1-800-300-0628**
to speak to a clinician
and be connected
with help.



School Lunches

Many school districts are providing breakfast and lunch to students daily. Please contact your individual school district for details.



Substance Use Disorder Support



The RWJBarnabas Health Institute for Prevention and Recovery is here to provide recovery support services for individuals with substance use disorder or struggling with nicotine addiction.

Reach out to us at 833-233-4377 for
information on recovery support services.

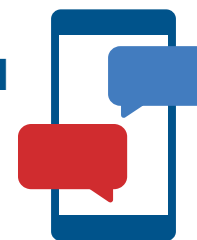
Parenting Resources

The pandemic is overwhelming for adults and children. There are many **at-home activities or free online activities available for families** while you practice social distancing, including virtual museum tours, board games, and more.



Staying Informed

Text NJCOVID to 898-211
to receive informational
updates and alerts via
text message.



RWJBarnabas
HEALTH

For more information about COVID-19 visit, rwjbh.org/covid19

Let's be healthy together.