

# ORTHOPEDICS CENTER

RWJUH Somerset has earned the **Joint Commission's Gold Seal of Approval for total hip and total knee replacement surgery**. As a Joint Center of Excellence, RWJ Somerset has attracted some of the best and brightest orthopedic surgeons. To accommodate the increasing number of orthopedic surgeries planned for 2019 and in future years, we plan to create an Orthopedic Center featuring **25 state-of-the-art private rooms**. In doing this, we will move our other surgical patients to a Medical Surgical Unit which will be updated to accommodate their needs.

Having a unit focused solely on orthopedics will increase the efficiency of our doctors, nurses and staff. Post-operative care remains our top priority. Having only orthopedic patients in the unit will afford them extra care and assistance as they begin their healing process.



*"Having a dedicated Orthopedic Unit at RWJUH Somerset will help create a truly exceptional experience for our patients. It will generate a true **"specialty hospital" atmosphere** to complement our Joint Center for Excellence."*

*- Stephen Kayiaros, MD, Joint Replacement Surgeon*

*"Our Joint Surgery Center has been **nationally recognized for our outstanding patient outcomes**, getting patients back to their normal activities quickly. The new orthopedic unit will further enhance the level of care we are able to provide to our patients and their families."*

*- David Abrutyn, MD, Orthopedics & Sports Medicine*

David Solomon of Edison had always loved his three-mile walks with his dog Rico by his side. Along with the 60-year-old real estate professional's commute to New York City, those treks were part of his daily routine. But in 2016, Mr. Solomon was diagnosed with bone-on-bone arthritis in his hips.

"I started using a cane when I walked the dog," he says. His mobility grew worse. Climbing the stairs at Penn Station became increasingly difficult and donning socks and shoes required adaptive devices.

Mr. Solomon had bilateral anterior hip replacement surgery at RWJUH Somerset in 2018. He was up and pushing a walker accompanied by a physical therapist within hours. He was discharged the next day and was back at work a month later.

"I walk up steps easily now, without looking at my feet. I'm completely mobile and have no restrictions," Mr. Solomon said.

Best of all, dog walks are longer, faster and enjoyable again.

