



ROBERT WOOD JOHNSON
UNIVERSITY HOSPITAL

NEW BRUNSWICK • SOMERSET

THE SLEEP CENTER

Accredited by the American Academy of Sleep, RWJ provides study, diagnosis and treatment for complex sleep disorders. We provide access to equipment and expert follow-up care for patients of all ages.

Our staff are experienced, state-licensed, registered technologists. Our program offers services for infants through adults, and utilizes state-of-the art diagnostic equipment.

Program and Center highlights:

- Accredited by the American Academy of Sleep for **at-home sleep studies** (qualifying patients)
- Cutting edge CPAP and sleep apnea treatment

WHAT WE TREAT

- Obstructive sleep apnea
- Central sleep apnea
- Periodic limb movement
- Insomnia
- REM disorders
- Upper airway resistance
- Narcolepsy
- Restless leg syndrome

OUR TEAM

Anays Sotolongo, MD,
Medical Director

Jagadeeshan Sunderram, MD
Priyanka Yadar, DO

LOCATION

331 Route 206 North
Hillsborough, NJ 08844

Contact 908-231-6180
www.rwjuh.edu/sleep





THE PEDIATRIC SLEEP CENTER

RWJ's Sleep Center offers a pediatric program with a multidisciplinary approach to the diagnosis, management and treatment of sleep disorders in children.

Our staff are experienced, state-licensed, registered technologists. Our program offers services to **newborns** through **18 years of age**, and utilizes state-of-the art diagnostic equipment.

OUR TEAM

Maya Ramagopal, MD
Pediatric Sleep Medical Director

Priyanka Yadar, DO
Pediatrics/Sleep Medicine

LOCATION

331 Route 206 North
Hillsborough, NJ 08844

For more information about
The Pediatric Sleep Program
at RWJ please call
908-231-6180.

www.rwjuh.edu/sleep

Some sleep disorders found among children include:

- Obstructive Sleep Apnea Syndrome
- Circadian Rhythm Disorders
- Parasomnias
- Narcolepsy
- Movement Disorders
- Behavioral Problems

Symptoms of Sleep Disorders:

- Snoring
- Difficult bedtimes
- Daytime sleepiness
- Behavioral problems
- Hyperactivity
- Irritability
- Fatigue
- Sleepwalking
- Restless sleep
- Nightmares/Night terrors
- ADHD

Our board-certified pediatric sleep medicine specialist will collaborate with your primary physician in diagnosing your child's sleep problems.

