Lyme Disease Support Group

**Who**  We’re a group open to Lyme patients, supporters and anyone interested in learning more.

**What**  A discussion about our experiences with Lyme disease.

**Why**  There is strength in community to encourage and empower fellow Lyme patients.

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**Lyme Disease Support Group**

**Launch Date – Monday, October 7, 2019**

7 p.m.

Group meets monthly on the 1st Monday
2019: Oct 7, Nov 4, Dec 2
2020: Jan 6, Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2, Dec 7

**Facilitator:** Emily Schiller
For questions please contact Emily at emischiller@gmail.com.

**Location:** RWJ Fitness and Wellness Center New Brunswick
100 Kirkpatrick St, 2nd floor, New Brunswick, NJ 08901
The entrance to the Wellness Parking Deck is located on Paterson Street, between Joyce Kilmer and Kirkpatrick Streets.

Please bring your parking ticket to the meeting as parking will be validated (for up to 3 hours).

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Lyme disease is a tick-borne illness caused by the spirochete bacteria *Borrelia burgdorferi*.

The CDC estimates there are more than 329,000 new cases in the U.S. each year.

Most cases resolve with antibiotics, but between 10 to 20% report lingering symptoms even after treatment. (Paules N Engl J Med. 2018)

There are many hypotheses as to what causes ongoing Lyme symptoms but there has yet to be a consensus in the scientific community. Lyme disease may mimic many other diseases.

Untreated, it can affect multiple systems of the body.