

Healthy Lives Hamilton...
together helping patients
understand daily choices
that promote a healthy
lifestyle.

Let's be healthy together.



Meet the team



Connie Mocer, MSN, RN, AGNP-C
Director of Disease Management
and Stroke Coordinator
609-689-7280



Ann Mancuso, MSN, RN, CHFN
Heart Failure Coordinator
609-203-4326

Directions to Healthy Lives Hamilton

Enter the hospital's main entrance, check-in at registration, and they will contact someone to meet you and take you to the department.



**Robert Wood Johnson
University Hospital
Hamilton**

1 Hamilton Health Place
Hamilton, New Jersey 08690
609-586-7900

rwjbh.org/heart

***Our mission:** We are an academic health system,
partnering with our communities to build and
sustain a healthier New Jersey.*

Healthy Lives Hamilton



**Robert Wood Johnson
University Hospital
Hamilton**

About the Healthy Lives Hamilton Program

The Healthy Lives Program is the newest addition to a spectrum of cardiac services available at Robert Wood Johnson University Hospital Hamilton. This unique approach to heart failure care is designed to help improve quality of life for those living with heart failure.



The Challenge of Heart Failure

Managing heart failure is difficult. It requires proper diet, symptom monitoring and adherence to a daily medication regimen. There's a lot to know, and your health is at stake. Healthy Lives Hamilton is designed to help patients and their families understand what's needed to help them live their best life.

Programs like Healthy Lives Hamilton support proper monitoring and lifestyle choices to improve patient outcomes and quality of life.

Start Today

If you are a patient, please call **609-203-4326** for more information about Healthy Lives Hamilton.

If you are a physician, to make a patient referral please call 609-689-7280 or fax 609-249-8161.

Where to Begin

Participation in Healthy Lives may begin during an inpatient stay at Robert Wood Johnson University Hospital Hamilton; or, your physician may refer you to Healthy Lives Hamilton on an outpatient basis. From symptom monitoring and management to lifestyle education, a multidisciplinary team of experts guides you towards living a healthy life.

Your team includes:

- Cardiologists
- Primary Care Physicians
- Advanced Practice Nurse
- Heart Failure Certified RN
- Cardiology Nurses
- Pharmacists
- Dietitians
- Social Workers and Case Manager

Let's Work Together

You and your loved ones are invited to take an active role in your cardiac care. As a member of Healthy Lives Hamilton, you will benefit from the expertise of your support team and consistent follow-up with cardiac professionals. The knowledge you gain will assist you in making daily choices that promote a healthy lifestyle.

Your Healthy Lives Hamilton team works with you to create an individual plan that can help you reach your personal health goals and make your life better. This plan can include medication adjustments, IV treatments, lab work or radiology imaging, if necessary. What's more, the team collaborates closely with your medical providers for the most comprehensive care on your journey managing chronic conditions while achieving quality of life.