

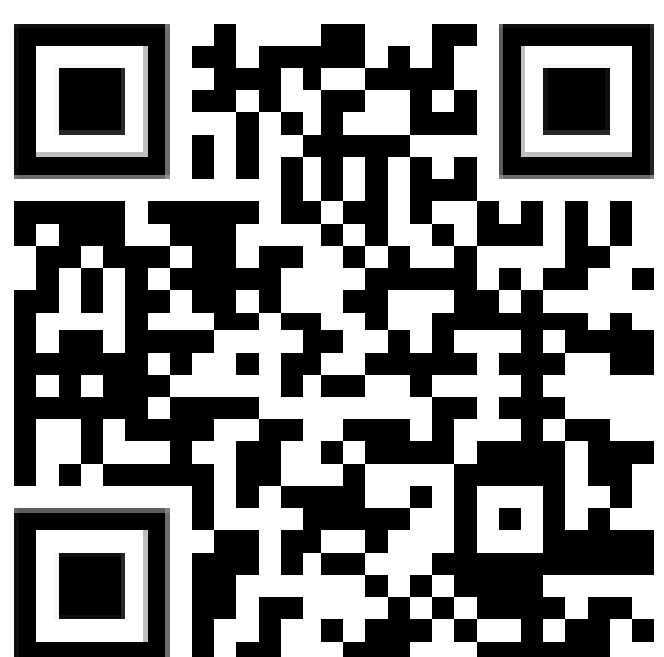


JUNE 2026

RWJUH Hamilton Community Education Programs



DATE	EVENT NAME	BEGIN	END	LOCATION
6/1/2026	AARP Driving Course	9:00 AM	3:00 PM	Conference Room B
6/1/2026	Caring for Loved Ones with Chronic Conditions: Creating a Safe Home Environment	10:30 AM	11:30 AM	Computer Lab
6/1/2026	Stanford Chronic Pain Self-Management Program	10:30 AM	12:30 PM	Classroom 2 / 3
6/1/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/1/2026	Knitting Group	12:00 PM	3:00 PM	Computer Lab
6/1/2026	Adult Children Caring for Parents: Communication and Dementia	5:30 PM	6:30 PM	Classroom 2 / 3
6/2/2026	Ask the Dietitian - By appointment only	1:00 PM	4:00 PM	Consult Room #2
6/2/2026	Alzheimer's Support Group	2:00 PM	3:00 PM	Healthy Cooking Classroom
6/2/2026	Breast Cancer Support Group - Call 609-584-6680 to confirm attendance.	6:00 PM	7:00 PM	Classroom 3
6/3/2026	Caregiver Support Group	5:30 PM	6:30 PM	Classroom 1
6/4/2026	Grief and Loss Support Group	1:30 PM	2:30 PM	Classroom 2 / 3
6/4/2026	Dinner with a Doctor: Rethinking Knee Pain	6:00 PM	7:00 PM	Conference Room A / B
6/5/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/8/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/8/2026	Knitting Groups	12:00 PM	3:00 PM	Computer Lab
6/8/2026	The Power of Food: Nutrition Strategies for Diabetes	2:00 PM	3:00 PM	Healthy Cooking Classroom
6/8/2026	Wii Games	4:00 PM	5:00 PM	Conference Room A / B
6/9/2026	Letting Go of Clutter	1:30 PM	2:30 PM	Classroom 1
6/10/2026	Alzheimer's Support Group	6:00 PM	7:00 PM	Classroom 1
6/11/2026	Grief and Loss Support Group	1:30 PM	2:30 PM	Classroom 2 / 3
6/12/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/12/2026	Ask the Dietitian - By appointment only	1:00 PM	4:00 PM	Consult Room #2
6/15/2026	Annual Report to the Community	9:00 AM	10:00 AM	Conference Room A / B
6/15/2026	Caring for Loved Ones with Chronic Conditions: 7 Stages of Dementia	10:30 AM	11:30 AM	Computer Lab
6/15/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/15/2026	Knitting Groups	12:00 PM	3:00 PM	Computer Lab
6/15/2026	Ask the Dietitian - By appointment only	5:00 PM	8:00 PM	Consult Room #2
6/15/2026	Adult Children Caring for Parents: Dehydration in Older Adults	5:30 PM	6:30 PM	Classroom 2 / 3
6/16/2026	Prediabetes Connect Group	11:30 AM	12:30 PM	Healthy Cooking Classroom
6/16/2026	Colon Health Lecture and Take Home Screening Kits	1:30 PM	2:30 PM	Classroom 1
6/16/2026	Gynecological Cancer Support Group - Call 609-584-6680 to register	2:00 PM	3:30 PM	Offsite: Cancer Center
6/17/2026	Mindfulness Meditation for Beginners	1:00 PM	1:45 PM	Classroom 2 / 3
6/17/2026	Walk & Talk with Doctors	4:00 PM	5:00 PM	Offsite - RWJBH Hamilton
6/17/2026	The Power of Food: Nutrition Strategies for Diabetes	6:00 PM	7:00 PM	Healthy Cooking Classroom
6/18/2026	Heart-Healthy Nutrition	1:00 PM	2:00 PM	Classroom 1
6/18/2026	Mental Health is a Family Affair	6:00 PM	7:30 PM	Conference Room A / B
6/19/2026	Wii Games	10:00 AM	11:00 AM	Conference Room A / B
6/19/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/22/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/22/2026	Knitting Groups	12:00 PM	3:00 PM	Computer Lab
6/23/2026	Stroke Support Group	11:00 AM	12:00 PM	Classroom 2 / 3
6/24/2026	Monthly Hearing/Balance Screenings - Call 609-245-7390 to schedule appt.	9:00 AM	12:00 PM	Offsite - Hearing & Balance Ctr
6/24/2026	Brown Bag Pharmacy Education	2:00 PM	3:30 PM	Classroom 2 / 3
6/24/2026	Reiki Share	6:30 PM	8:30 PM	Classroom 2 / 3
6/25/2026	Wise Woman Discussion Group	1:30 PM	2:30 PM	Classroom 1
6/25/2026	Am I At Risk? Type 2 Diabetes Screening - Email CommunityEdHam@rwjbh.org to schedule appt	4:00 PM	8:00 PM	Consult Room #2
6/26/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/29/2026	Bridge Club	12:00 PM	3:00 PM	Classroom 1
6/29/2026	Knitting Groups	12:00 PM	3:00 PM	Computer Lab



Scan QR code to view
& register on-line for the programs listed.
Visit rwjbh.org/HamiltonPrograms
Email: CommunityEdHam@rwjbh.org
Call 609-584-5900 to learn more



Robert Wood Johnson
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