

Publications

- [Effects of Sleep Fragmentation and Estradiol Decline on Cortisol in a Human Experimental Model of Menopause.](#) Cohn AY, Grant LK, Nathan MD, Wiley A, Abramson M, Harder JA, Crawford S, Klerman EB, Scheer FAJL, Kaiser UB, Rahman SA, Joffe H. J Clin Endocrinol Metab. 2023 Oct 18;108(11):e1347-e1357. doi: 10.1210/clinem/dgad285. PMID: 37207451; PMCID: PMC10584010.
- [Sleep Fragmentation and Estradiol Suppression Decrease Fat Oxidation in Premenopausal Women.](#) Grant LK, Coborn JE, Cohn A, Nathan MD, Scheer FAJL, Klerman EB, Kaiser UB, Harder J, Abramson M, Elguenaoui E, Russell JA, Wiley A, Rahman SA, Joffe H. J Clin Endocrinol Metab. 2022 Jul 14;107(8):e3167-e3176. doi: 10.1210/clinem/dgac313. PMID: 35569055; PMCID: PMC9282266.
- [The effect of experimentally induced sleep fragmentation and estradiol suppression on neurobehavioral performance and subjective sleepiness in premenopausal women.](#) Grant LK, Gonsalvez I, Cohn AY, Nathan MD, Harder JA, Klerman EB, Scheer FAJL, Kaiser UB, Crawford S, Luo T, Wiley A, Rahman SA, Joffe H. Sleep. 2024 Aug 14;47(8):zsae130. doi: 10.1093/sleep/zsae130. PMID: 38874415; PMCID: PMC11321839.

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