



Welcome to your new 2026 RWJBarnabas Health benefit plans!

If you enrolled in a 2026 RWJBarnabas Health benefit plan during the most recent annual enrollment period, your new medical, prescription drug and/or dental benefits are now active. Our vendors are ready to support your total wellbeing all year long.

We want you to feel confident navigating the new plans and available resources. Here are five key reminders to help you get started:

- 1. ID cards.** Your Aetna ID card doubles as your prescription drug (CVS Caremark) ID card. If you are enrolled in the medical plan, you should have received a card in the mail in late December. Visit the [Aetna member website](#) or the mobile app to view, print and request duplicate cards.
- 2. Paying for medical care.** Care received within the RWJBH Premier (Tier 1) is free* for all medical plan members. Care received in the RWJBH Extended (Tier 2) network includes copays for office visits. **Note:** The deductible and coinsurance do not apply to office visits or to services performed at RWJBH Premier (Tier 1) facilities. Please review the medical plan design summaries on the [Total Wellbeing website](#) for additional details on the network tiers.
- 3. Finding a doctor.** To find a provider, call the Care Navigation team at 844-424-2628 from Monday-Friday 8 a.m. to 7 p.m., use the [Aetna provider search tool](#) or call Aetna Concierge at 855-546-5415 from Monday-Friday 8 a.m. to 6 p.m.
- 4. Filling your prescriptions.** You can continue to fill 30-day (acute) prescriptions at any medical plan in-network retail pharmacy. For maintenance medications (90-day scripts), you must fill such prescriptions at either an [onsite RWJBH pharmacy \(including Walgreens\)](#), a CVS retail pharmacy near you or a [CVS Caremark Mail Service Pharmacy](#). For employees who were previously enrolled with Horizon, all prescriptions with open refills were automatically transferred to CVS Caremark, including mail order prescriptions that you may have previously been filling with Amazon Pharmacy.
- 5. Paying for medications.** Your 2026 deductible and copays remain the same as you paid in 2025. As a reminder, since it is the beginning of the year, you may see a higher cost in your first prescription fill of the year due to the \$100 deductible, which is the same as the 2025 deductible. There are a small percentage of medications that may not be covered under the CVS Caremark formulary or may require a switch to a lower formulary tier; if this applied to you, CVS Caremark mailed you a personalized letter in early December 2025. You have a grace period of 90 days before you may need to switch medications; please discuss next steps with your doctor.

**Wellbeing
starts with you.**

Key Resources for you:

- **Medical Benefits:** Visit the [Total Wellbeing medical page](#), visit the [Aetna resource page](#) or call the Aetna Concierge at 855-546-5415 from Monday-Friday 8 a.m. to 6 p.m.
- **Prescription Drug Benefits:** Visit the [Total Wellbeing prescription drug page](#), visit the [CVS Caremark resource page](#), or call CVS Caremark at 833-290-5676 available 24/7.
- **Dental Plan Benefits:** Visit the [Total Wellbeing dental page](#), visit the [Delta Dental resource page](#), or call Delta Dental at 800-810-5234 from Monday – Thursday 8 a.m. to 6:30 p.m. and Friday, 8 a.m. to 5 p.m.
- **Do you still have questions?** Submit a General Benefits Inquiry ticket via [My Service Portal](#). For help with submitting a ticket, view the [job aid here](#).

*Payroll deductions and Emergency Room copays (\$200) still apply.

** Complete benefits information can be found in the summary plan description or plan documents, available from Human Resources. If there is any difference between the information in this website, any verbal description you receive, and the legal plan documentation, the legal documents will govern. RWJBarnabas Health reserves the right to amend or terminate these plans at any time for any reason.