Let's beat COVID-19 together.

ABOUT THE VIRUS

Coronavirus disease 2019 (COVID-19)

The virus causes a mild to severe respiratory illness. How the virus spreads isn’t yet fully known. It’s likely spread through:

- Droplets of fluid that a person coughs or sneezes into the air
- Touching a surface with virus on it and then touching your mouth, nose or eyes

SYMPTOMS

2 days

None to mild ▶️ Fever ▶️ Cough ▶️ Trouble breathing ▶️ Severe respiratory illness

Incubation time period

14 days

WHO IS AT RISK?

If you have been to a location where people have been sick with COVID-19, you are at risk.

You have been in close contact with a person known to have COVID-19 and you have a fever, cough or difficulty breathing.

You have these symptoms alone, or you have these symptoms and:
- you live in an area with ongoing spread of COVID-19,
- or you have recently traveled from an area with ongoing spread of COVID-19.

PREVENTION

Wash your hands or use an alcohol based hand sanitizer often.

Avoid touching your eyes, nose and mouth.

Do NOT have contact with people who are sick.

Clean surfaces often with disinfectant.

For more information about COVID-19, visit rwjbh.org/covid19