

Guidelines for the spring holidays

Enjoy safely by following these tips:

If you have been fully vaccinated:



You can celebrate indoors without a mask with other fully vaccinated people.



You can also gather indoors with unvaccinated people from one other household without wearing a mask, unless anyone in the household is at increased risk for severe illness from COVID-19. For example, fully vaccinated grandparents may safely visit (and hug!) unvaccinated children or grandchildren indoors as long as no one in the household is at increased risk of severe COVID-19 outcomes.

If you haven't been fully vaccinated:



Limit the number of guests from outside your own home.



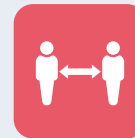
Take in the spring sunshine and enjoy a meal outdoors if possible.



Wear a mask when you aren't eating or drinking.



If indoors, keep windows open for air flow and ventilation.



Practice physical distancing.

For everyone:



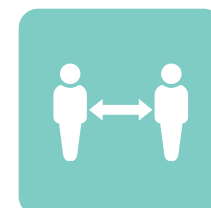
Wash your hands often.



Clean frequently touched surfaces.



Continue to wear a mask in public.



Physically distance in public places.

RWJBarnabas
HEALTH

Let's be healthy together.