

WOMEN'S COUNCIL FOR THE LEON HESS CANCER CENTER AT
MONMOUTH TO HOST SEMI-ANNUAL SPA FOR SPIRIT

Event Provides Day of Beauty, Rejuvenation, Relaxation for Cancer Patients

Long Branch, NJ, October 21, 2014 — The Women's Council for the Leon Hess Cancer Center will host its semiannual "Spa for Spirit" — held twice a year to give about 30 cancer patients a day of relaxation, rejuvenation and beauty — on December 2 at Avanti Day Resort in Manalapan.

"The women spend the day getting facials, massages and have lunch — all in the name of health and well-being," says Judi Morris, Spa for Spirit co-chair for The Women's Council for the Leon Hess Cancer Center. "The Women's Council created Spa for Spirit to help women who are going through chemotherapy or radiation therapy to feel beautiful and relaxed, and ultimately help them to recover more quickly."

Participants are treated to facials, massages, manicures, pedicures, and cosmetic makeovers and are invited to take part in discussions on health and well-being. All spa treatments are approved by Monmouth Medical Center's Cancer Services' clinical staff.

At the August Spa for Spirit, Tinton Falls resident Lenore Pollack called it one of the most pleasant days she ever spent.

"I feel blessed to have been chosen for this special day at the spa, and special it was," she wrote in a thank you note to The Women's Council. "I will always remember how kind and sweet everyone was."

Funding for Spa for Spirit comes from the annual Power of Pink luncheons hosted by the Women's Council each summer. The 2014 Power of Pink luncheon was held July 10 at Old Oaks, the private Rumson estate of Claire and Woody Knopf. Claire Knopf is the current Women's Council president.

"Power of Pink" is not only about breast cancer — its focus and that of The Women's Council for the Leon Hess Cancer Center is much broader, helping women in their struggle with many other types of cancer," says event co-chair Pari Harrison, who notes that the 2014 Power of Pink Luncheon also will benefit the Patient Infusion Unit at Monmouth's Leon Hess Cancer Center.

To learn more about Spa for Spirit or supporting The Women's Council, visit www.monmouthfoundation.org, or call 732 923-6886.

CAPTION:

At the August Spa for Spirit at Marlboro's Avanti Day Resort, Monmouth Medical Center Foundation Special Events coordinator Davina Feingold presents a birthday cake to participant Lenore Pollack of Tinton Falls.