

# 2016 YEAR IN REVIEW

**Monmouth  
Medical Center**

**RWJBarnabas  
HEALTH**

Over the past 12 months, Monmouth Medical Center once again took impressive steps to maintain its position as the region's leading health care provider. The milestones attained during the past year affirm Monmouth's commitment to excellence in clinical quality and outcomes and performance improvement.

## Quality and Recognitions

Monmouth Medical Center delivers award-winning medical care, and 2016 was a very successful year highlighted by being among only eight hospitals in New Jersey to receive a four-star rating by the Centers for Medicare and Medicaid Services (CMS), the highest hospital rating achieved in the state. This impressive rating is a reflection of the hard work, dedication and expertise of the entire team here at Monmouth.



### THE LEAPFROG GROUP



score was awarded in the most recent update to the Hospital Safety scores assigned to U.S. hospitals based on preventable medical errors, injuries accidents and infections. In Monmouth County, Monmouth Medical Center is the only hospital to consistently receive an A rating.

Additionally, the safety of Monmouth's maternity service was recognized by Leapfrog, with Monmouth the only area hospital to fully meet safety standards in all areas of maternity care. The Leapfrog Group has validated what has been widely known for a very long time – Monmouth Medical Center's maternity services' longstanding commitment to providing quality care is outstanding.

Also of note: Monmouth was once again named the Best Hospital in Monmouth County by the readers of *The Asbury Park*. What follows in these pages are highlights of additional notable achievements over the past 12 months.

Hospitals work hard to achieve top ratings—it is not an easy goal to reach; it takes the knowledge, teamwork and dedication of the entire hospital staff. This hard work was also recently recognized with a number of other awards and designations, including an "A" Hospital Safety Score by The Leapfrog Group, the nation's leading experts on patient safety. The "A"



## MMC Programs Receive Accreditation by the Commission on Cancer and National Accreditation Program for Breast Centers

Two Monmouth Medical Center programs recently earned re-accreditation by nationally recognized multidisciplinary accreditation programs, providing assurance to patients that they will receive the highest-level of comprehensive care at Monmouth, including access to a full range of state-of-the-art services and a multidisciplinary approach to provide the best treatment options.

The Leon Hess Cancer Center at Monmouth Medical Center achieved another three-year accreditation from the American College of Surgeons Commission on Cancer (ACoS CoC) with commendations on several of the standards and with best practice honors for the Cancer Support Community. ACoS CoC recognizes cancer care programs for their commitment to providing comprehensive, high-quality, and multidisciplinary patient-centered care. The Leon Hess Cancer Center is the only facility in Monmouth County to be designated as an Academic Comprehensive Cancer Program by ACoS CoC.

## Wilentz Center Again Receives the 2017 Women's Choice Award® as one of America's Best Breast Centers

The Jacqueline M. Wilentz Comprehensive Breast Center at Monmouth Medical Center was once again named one of America's Best Breast Centers by the Women's Choice Award®, America's trusted referral source for the best in health care. The award signifies that Monmouth Medical Center is in the top 7 percent of 4,789 U.S. hospitals offering breast care services.



Monmouth Medical Center is the only hospital in Monmouth County to have earned the award for four consecutive years, and one of only eight in the state to have earned that same distinction.



## MMC Honored with Gold Plus Quality Award for Heart Failure Care

MMC received The American Heart Association's Get With The Guidelines® Gold Plus Quality Achievement Award for heart failure care. This is the highest award given by the American Heart Association for heart failure care. This Get With The Guidelines® Performance Achievement Award indicates success in meeting performance measures, and dedication to providing the very highest level of patient care. Consistent adherence to up-to-date, evidence-based treatment guidelines has been shown to have a tangible impact on patients' lives. As such, the AHA/ASA recognized Monmouth's commitment to quality care by including the hospital in their annual U.S. News & World Report congratulatory ad.

## MMC Receives National Recognition for Organ Donor Enrollment Accomplishments

Monmouth Medical Center is among a select group of hospitals to receive Platinum Recognition Status for promoting enrollment in state organ donor registries from the U.S. Department of Health Resources and Services Administration (HRSA) and is part of a national hospital campaign sponsored by the HRSA. The campaign has added 400,000 donor enrollments to state registries nationwide since 2011.

## Bariatric Surgery Program Recertified as Center of Excellence

Monmouth Medical Center was recertified as an American Society for Metabolic and Bariatric Surgery (ASMBS) Bariatric Surgery Center of Excellence (BSCOE).

The ASMBS Center of Excellence designation recognizes surgical programs with a demonstrated track record of exceptional patient outcomes in bariatric surgery. Monmouth Medical Center is in its 17th year of performing bariatric surgery and has once again received the designation for the maximum three-year term, reserved for applicants who exceed the requirements for full approval. To earn a Center of Excellence designation, the medical center underwent a site inspection during which all aspects of the program's surgical processes were closely examined and data on health outcomes was collected.

According to the ASMBS, centers are given this designation if they "can demonstrate an ongoing commitment to excellence in the care of bariatric surgical patients at the highest levels of the medical staff." To achieve ASMBS Center of Excellence designation, a facility must also show that they have a program that provides cross-functional team support to bariatric surgery patients. In addition to bariatric surgery, Monmouth Medical Center offers a multidisciplinary comprehensive approach to weight loss, which was factored into the analysis by the ASMBS.



## \$1 Million Gift from Tigger House Foundation Funds Private Consultation Room in Monmouth's Emergency Department



Monmouth Medical Center recently received a \$1 million donation from the Tigger House Foundation to support the medical center's response to the opioid overdose crisis.

Monmouth Medical Center is part of a State-grant-funded Opioid Overdose Recovery Program, which links individuals reversed from an opioid overdose with recovery support services and treatment after being seen in Monmouth Medical Center's Emergency Department. Recovery specialists play a critical role in engaging reversed patients with the goal of entry to the appropriate level of care, while patient navigators work to ensure access to appropriate treatment and services and a smooth transition of care.

The gift funded a private consultation room in Monmouth's Emergency Department. The newly designed area enables patients and families dealing with substance abuse to meet with physicians, recovery specialists, patient navigators and counselors in a comfortable and private setting. Additionally, Monmouth Medical Center is working to honor the memory of Tigger Stavola through its efforts to reduce the stigma that surrounds the disease of addiction.



## Grand Opening Hosted For New Jersey's First Center For Perinatal Mood And Anxiety Disorders



One in seven women may be affected by perinatal mood and anxiety disorder (PMAD). Although temporary and treatable, it is the most common complication of childbirth with symptoms ranging from mild to severe. For this reason, Monmouth Medical Center hosted the grand opening of its Center for Perinatal Mood and Anxiety Disorders, featuring a keynote address by former N.J. First Lady Mary Jo Codey, making it the first and only hospital in New Jersey to offer a dedicated treatment Center where new and expectant mothers can receive comprehensive care for PMAD.

Initially formed as a support group in 2011, Monmouth Medical Center established a designated Perinatal Mood and Anxiety Disorder

program in 2015 which lead to the development of a dedicated Center this year. Since its inception, the program has screened more than 800 women and has treated more than 500 patients from all over New Jersey and bordering states including New York. The Center's wide patient reach is attributed to the great need and severe lack of services available to treat PMAD in New Jersey as well as other states.

The Center for Perinatal Mood and Anxiety Disorders offers free group support as well as evidence-based psychotherapy. Patients are supported by a multidisciplinary team of experts including psychiatry, nursing and social work and all the Center's clinicians are certified by Postpartum Support International. MMC's Department of Obstetrics and Gynecology and the center are currently engaged in a multinational study for the treatment of perinatal mood and anxiety disorder.

## Thomas & Ann Unterberg Pediatric Emergency Department Expands Hours

In response to increased demand, the Thomas & Ann Unterberg Pediatric Emergency Department at Monmouth Medical Center expanded its hours to 24/7 on January 1. The department is led by physicians with fellowship training in pediatric emergency medicine. Through The Unterberg Children's Hospital at MMC, these physicians and advance practice pediatric nurses have access to consultations with a host of highly trained pediatric sub-specialists. MMC treats more than 15,000 children each year in the Cline-D'Onofrio Emergency Services Pavilion, and the hospital consistently ranks among the top 10 hospitals in New Jersey, and among the top 10 percent of emergency departments in the nation, for patient satisfaction.



## MMC Introduces Closed ICU Model

Patients who are sick enough to require intensive care will often need the care of multiple specialists, including cardiologists, neurologists and nephrologists.

Due to the severity of their illness, multiple organ systems are involved. In traditional (open) ICU models, each of these specialists would work on their own area of specialty, which at times results in fragmented care. In response to this, Monmouth Medical Center instituted a new approach, changing to a closed ICU model.

In this model, each patient is under the direct care of an intensivist, a physician who is trained and board certified in critical care medicine. The intensivist leads the ICU team and with the input of the primary physician and specialists, coordinate the care of the patient.



## Relocation of The Jacqueline M. Wilentz Breast Center at Howell Celebrated

Executives from Monmouth Medical Center joined local officials in a ribbon-cutting ceremony to officially mark the opening of the Jacqueline M. Wilentz Comprehensive Breast Center's new satellite location in Howell. The Howell Wilentz Center is one of three satellite locations of Monmouth Medical Center's Jacqueline M. Wilentz Comprehensive Breast Center.

Designed to make breast health services more convenient for area patients, the Wilentz Breast Center at Howell, one of three satellite locations, features expanded services, including general X-ray, along with screening mammography, bone density scanning and a high risk cancer assessment program with genetic counseling and testing on-site.

The Jacqueline M. Wilentz Breast Center at Howell offers western Monmouth County residents convenient access to screening mammography services in a comfortable and compassionate setting. At the event, Howell Mayor Theresa Berger praised RWJBarnabas Health for being a good partner to the town, and for the Wilentz Breast Center's valuable services.

## Community Impact

### Eighth Annual 'Ladies Night Out' Features Interactive Panel Discussion by Physician Experts

More than 200 people attended the free event, held at the Double Tree Hotel in Tinton Falls, for an interactive session with a panel of Monmouth Medical Center experts on women's health issues. Robert A. Massaro, M.D., vice chairman and associate program director, department of obstetrics and gynecology, moderated the panel, which included: breast radiologist Alexander King, M.D.; gynecologic surgeon Christopher Eswar, M.D.; orthopedic surgeon David Chalnack, M.D.; plastic and reconstructive surgeon Gregory Greco, D.O.; and wellness and self-care nurse Kathleen Welshman BA, RN-BC. Panelists will be addressing frequently asked questions in their areas of expertise, and participants are encouraged to come prepared with their own questions for the doctors.





## 2016 Monmouth Medical Center-RWJBarnabas Health Arts Impact Scholarship Presented to Local High School Senior

Monmouth Medical Center presented the 2016 Monmouth Medical Center-RWJBarnabas Health Arts Impact Scholarship to Rumson Fair Haven Regional High School senior Shannon Corci, who entered the exclusive Popular Music Program at the University of Southern California's Thornton School of Music in the fall.

In 2015, Monmouth Medical Center sponsored the first-ever Monmouth Medical Center-RWJBarnabas Health Arts Impact Scholarship. This is one of four arts impact scholarships offered as a part of the Basie Awards, which has become a valued awards ceremony that recognizes not just outstanding high school drama performances, but also the impact the arts can have on a student moving towards higher education.

## Film on Childhood Cancer Honored at Third Annual Asbury Park Music and Film Festival

RWJBarnabas Health and Monmouth Medical Center once again sponsored the Asbury Park Music and Film Festival, held April 20 to 23 in Asbury Park. The partnership, part of the hospital's ongoing community outreach efforts, began in 2015, when MMC joined the festival as a presenting sponsor of the festival. As the founding partner for the festival, RWJBarnabas Health and MMC are helping the city of Asbury Park to support culture and the arts, specifically the Asbury Park Music Foundation. The four-day festival focused on music-influenced films and videos, as well as a special category for local filmmakers, and showcased music and film talent from around the world. The festival raises funds for the Asbury Park Music Foundation and benefits music education for children throughout the city. Margaret Fisher, MD, Medical Director, The Unterberg Children's Hospital, MMC, presented the RWJBarnabas Health Award to film maker Kostas Lymperopoulos for his "Taylor Tote 'Fighter' Infinite Love for Kids Fighting Cancer" at the festival awards ceremony, held April 23 at The Asbury Hotel.



## MMC, RWJBarnabas Health Sponsor Jersey Shore Sports Awards



RWJBarnabas Health was the presenting partner of the inaugural Jersey Shore Sports Awards on June 13 at Monmouth University. The event, founded by the Asbury Park Press, honored top athletes from Monmouth and Ocean counties in fall, winter and spring sports. Amy Mansue, President, Southern Region, RWJBarnabas Health, presented the Courage Award, one of the premier awards of the evening, to Lakewood football and basketball player Amir Tyler, a First-Team All-Shore honoree for football. Tyler overcame a challenging childhood where he was forced to live with friends because of a lack of stability at home. New York Giants quarterback and two-time Super Bowl champion Eli Manning attended the awards ceremony and shared his thoughts on high school sports, the importance of

getting an education and the upcoming New York Giants season. Manning met the RWJBarnabas Health staff in attendance, including Monmouth Medical Center President and Chief Executive Officer Bill Arnold and Diann Johnston, Vice President, Patient Care Services and Chief Nursing Officer.

## MMC Presents Host of Events at NJ Marathon Weekend

RWJBarnabas Health was a presenting sponsor of the 21st annual New Jersey Marathon, which drew thousands of spectators and participants to the Jersey Shore on April 30. More than 9,000 participants took off in waves from Monmouth Park in Oceanport, where Monmouth Medical Center hosted a booth at the Health and Fitness Expo on April 28 and 29, for the full and half marathons, which ran through eight Jersey shore towns before finishing at the beachfront in Long Branch. On April 29, MMC also hosted a tent at the RWJBarnabas Health kids and family festival. The Novo Nordisk New Jersey Marathon and Half Marathon and RWJBH created the event, which included a morning of family activities for all ages and abilities held on the Great Lawn at the Ocean Promenade in Long Branch.



## ED Presents Plaque to Oceanport First Aid Squad in Recognition of Crucial Support in Lifesaving Care



For Oceanport resident Thomas Williams, Winterstorm Jonas proved to be a perfect storm with near disastrous results. The 69-year-old painting contractor, like countless other East Coast residents, spent hours on Saturday, January 23, digging out from the snowstorm that produced prolific amounts of snow in our region. But unlike nine others on the East Coast who died from cardiac arrest while shoveling snow, Thomas survived a massive heart attack that occurred at the height of the blizzard thanks to the quick reaction of his wife, the Oceanport First Aid Squad, and a team of doctors and nurses at Monmouth Medical Center. Recently Victor Almeida, D.O., chair of Emergency Medicine at Monmouth, and Deb Cioffi,

Administrative Director of Emergency Services, presented a plaque with the Monmouth Health & Life magazine article detailing Thomas's lifesaving experience to the Oceanport First Aid Squad.

## Joining the Colon Cancer Alliance for Annual Fund-Raising Undy Run/Walk

A team from Monmouth Medical Center joined hundreds of Jersey Shore residents who bravely ran through the city streets of Long Branch wearing boxers and briefs during the family-friendly Undy Run/Walk. Hosted by the Colon Cancer Alliance, this lighthearted event encouraged participants to wear silly boxers, briefs or costumes in support of knocking colon cancer out of the top three cancer killers. Money raised through this annual event benefits Monmouth Medical Center, as well as supports national prevention, research and patient support initiatives of the Colon Cancer Alliance.



## MMC and MMCSC Team Up with AT&T to Raise Awareness of Distracted Driving



According to research compiled by AT&T, seven in 10 people engage in Smartphone activities while driving. In an effort to raise awareness of the dangers of distracted driving, Monmouth Medical Center, Monmouth Medical Center, Southern Campus, Safe Kids NJ-Monmouth-Ocean Chapter, and AT&T joined together at Pier Village in Long Branch for a community education event through AT&T's It Can Wait campaign. The campaign, introduced in 2010, utilizes virtual reality to urge drivers to keep their eyes on the road, not on their phones.

During the event, participants were able to "drive" a virtual reality (VR) simulator to experience why no text, post, selfie or scroll is worth a life. The event gave Pier Village visitors and beachgoers a chance to safely experience how dangerous it can be when drivers take their eyes off the road to look at their Smartphones.



## Monmouth Medical Center and Monmouth Medical Center, Southern Campus Host Free Prostate Cancer Screening and Awareness Event

Monmouth Medical Center and Monmouth Medical Center, Southern Campus teamed up with the Lakewood BlueClaws and Ed Randall's Fans for the Cure to raise awareness of this deadly disease and provide free, simple prostate-specific antigen (PSA) blood tests on Tuesday, August 30 from 5:30 to 8:30 p.m. when the BlueClaws take on the Kannapolis Intimidators at First Energy Park in Lakewood.

Representatives from the Laboratory at Monmouth Medical Center and Monmouth Medical Center, Southern Campus will be on hand during the game to provide PSA screenings, supported by a charitable contribution from Ferring Pharmaceuticals, Inc.

## 4th Annual Global Climb Out of Darkness 'Climb' Event Spotlights Postpartum Depression

Postpartum Progress, a national non-profit organization focused on vastly improving awareness of perinatal mood and anxiety disorders like postpartum depression and providing peer support for the women who have them, held the fourth annual Climb out of the Darkness, the world's largest event raising awareness of all maternal mental illnesses, this summer. More than 100 moms and their families joined the Monmouth Medical Center Climb held at Thompson Park in Lincroft.

"Team Lincroft" raised more than \$10,500, with a very generous donation of \$1,000 from Monmouth Medical Center, and became the fourth placed team in the world.



## 'Choose Your Cover' Event Spotlights Skin Cancer Prevention

Monmouth Medical Center held the annual Choose Your Cover skin cancer screening in conjunction with the Ocean Monmouth Health Alliance on July 23 at Seven President's Oceanfront Park in Long Branch, providing 34 screenings to beachgoers and the park's lifeguard staff.

Choose Your Cover brings free skin cancer screenings, complimentary sunscreen and a wealth of vital skin-safety information to the at-risk population of people who spend extended time in the sun and at the beach, park or other outdoor venues. Skin cancer and sun-safety education and giveaways were available and participants were able to receive a free skin cancer screening provided by MMC APNs and a surgical resident. Horizon Blue Cross Blue Shield of New Jersey was also on site to offer information as well.

## MMC Marks 26th Year as Premier Sponsor of Long Branch's Oceanfest Celebration



On July 4th, Monmouth Medical Center and The Unterberg Children's Hospital joined the Greater Long Branch Chamber of Commerce and the City of Long Branch to celebrate the 26th year of "Oceanfest at Long Branch," the state's premier regional Fourth of July celebration. Monmouth Medical Center nursing staff offered free blood pressure screenings and stroke awareness information throughout the day, and volunteers distributed thousands of promotional items, including sunscreen, flying discs, beach balls and sand pails. Additionally, the Monmouth/Ocean Chapter of Safe Kids was on hand with games, prizes and safety information, including car safety seat checks.



## 'Dance for Your Heart' Event Held in Conjunction with American Heart Month

Monmouth Medical Center and Monmouth Medical Center, Southern Campus, both RWJBarnabas Health facilities, hosted the fourth annual dance-themed American Heart Month event at Eatontown's Monmouth Mall on February 11, providing a host of cardiac screenings to nearly 100 people.

The annual event celebrates heart health and featured dance, health screenings and overall cardiac risk and health information. Special guests Senator Jennifer Beck, who represents New Jersey's 11th Legislative District, and Eatontown Mayor Dennis Connelly provided remarks.



## MMC Sponsors Pregame Health and Wellness Event at Monmouth University's Annual Kids Day Women's Basketball Game

Monmouth Medical Center recently served as a sponsor for Monmouth University's Annual Kids Day Women's Basketball Game (Monmouth University vs. Quinnipiac University). Attended by more than 1,400 middle and elementary school students, the goal of the January 19 event was to raise awareness of the importance of children adopting healthy, active lifestyles.

Monmouth Medical Center led pre-game and half-time health and fitness activities, and Margaret Fisher, M.D., chair of pediatrics and medical director of The Unterberg Children's Hospital at Monmouth Medical Center, was on hand to introduce WEforum wellness ambassadors LB Kass and John Nies. Kass, who offers dance body workout classes at her LB Kass Studio in Shrewsbury, and Nies, who operates The Power Center, holistic fitness studios located in Fair Haven and Ocean Township, are among the fitness experts participating in the second annual Fit Crawl on February 4. The Fit Crawl was developed by WEforum to provide an inspiring day of health and wellness sampling up to three classes at the hottest fitness studios in Monmouth County.

## Monmouth Medical Center and WEforum Empower Community with Heroin Epidemic Response Forum

To address this health crisis and help stop the heroin epidemic from spreading, Monmouth Medical Center and WEforum, an organization led by women whose mission is to strengthen the health and wellness of communities within New Jersey, invited members of the community to attend a free event: "Responding to the Heroin Epidemic in Monmouth County." The event was held April 26 at Monmouth University's Pollack Theater.

Expert panelists, who will shed light on the heroin crisis, included Victor Almeida, DO, FACEP, chairman of emergency medicine at Monmouth Medical Center and Past Chairman of NJACEP; Monmouth County Prosecutor Christopher J. Gramiccioni; and Dennis Makarowski, LCSW, LCADC, co-occurring disorder specialist behavioral health at Monmouth Medical Center.



# MMC Announces Key Leadership Positions



## **Mohsen Sayed Rehim, M.D., Named Chairman of the Department of Psychiatry**

Monmouth Medical Center has named Mohsen Sayed Rehim, M.D. as Chairman of the Department of Psychiatry.

At Monmouth Medical Center, Dr. Rehim will lead the hospital's Behavioral Health Services, which includes comprehensive mental health programs for children, adolescents and adults diagnosed with psychiatric and dual disorders. All programs are led by a multidisciplinary team of experienced professionals who have advanced training and certification in all facets of behavioral health.



## **Eric Carney Named Chief Operating Officer**

Monmouth Medical Center recently announced the addition of Eric Carney to the facility's leadership team as Chief Operating Officer (COO). In this position, Carney will be responsible for the oversight of all the clinical and non-clinical departments at Monmouth Medical Center.

He previously served as vice president of operations at Saint Barnabas Medical Center and site administrator for the Barnabas Health Ambulatory Care Center. In this role, he led efforts to develop an ambulatory network by acquiring and transitioning freestanding cardiac imaging sites, sleep laboratories and an infusion center to Saint Barnabas Medical Center, as well as establish an outpatient laboratory network. He also served as project lead for the Cyberknife vault project and was service line leader for Oncology and Neurosciences.



## **Thomas Heleotis, M.D. Named Chief Medical Officer**

Tom Heleotis, M.D., C.P.E., was named Chief Medical Officer (CMO), responsible for the overall clinical vision for Monmouth Medical Center. In this position, Dr. Heleotis, who had served as Interim Chief Medical Officer since the retirement of longtime CMO Eric Burkett, M.D., on May 30, provides medical oversight, expertise and leadership to ensure the delivery of the highest quality health care services.

Prior to taking on this role, Dr. Heleotis served as the Vice President of Clinical Effectiveness since 2007. He previously held senior clinical leadership positions with RWJBarnabas Health sister hospitals, including Monmouth Medical Center, Southern Campus, where he served as Interim Vice President of Medical Affairs and Community Medical Center, where he served as Vice President of Clinical Effectiveness. At the system level, he is Co-Chairman of the Clinical Pathways Development Committee and serves on a host of other committees, including the Quality Council, Task Force of Post-Op Pain Management and Senior Medical Affairs Committee.



## **Joanna Zimmerman Named New Regional Chief Financial Officer**

Joanna P. Zimmerman, MBA, CHFP, was named regional chief financial officer (CFO), overseeing overall financial plans and policies, as well as the accounting and budgeting practices, for both Monmouth Medical Center and Monmouth Medical Center, Southern Campus.

A veteran of the hospital industry, Zimmerman brings with her more than 19 years of experience in health care finance. She joins the RWJBarnabas Health system from CarePoint Health System in Jersey City, where she served as senior vice president of operations finance. In that position, she was directly accountable for accounting, decision support and budgeting, hospital finance, reimbursement, grant funding and physician practice finance. Additionally, she led efforts to address losses in practice revenue and improve efficiencies, financial management and reporting process in hospitals and practices. Prior to that, Zimmerman served as CFO at Carlisle Regional Medical Center in Carlisle, Pennsylvania; East Georgia Regional Medical Center in Statesboro, Georgia; and Lock Haven Hospital in Lock Haven Pennsylvania.



### **Dr. Lederman Named Medical/Dental Staff President**

Monmouth Medical Center internist Jeffrey Lederman, D.O., was elected president of the hospital's 900-member Medical and Dental Staff. Dr. Lederman takes over the two-year term from outgoing president, obstetrician and gynecologist Andrew Sun, M.D. Dr. Lederman earned his osteopathic medicine degree at the University of Medicine and Dentistry in Stratford, N.J., and completed a combined residency in internal medicine and preventive medicine/public health at Yale University's Griffin Hospital in Derby, Conn. He also holds a master's of public health degree from Yale University, New Haven, Conn. In addition to Dr. Lederman, the 2017-2018 Medical Executive Committee includes ear, nose

and throat surgeon Darsit Shah, M.D., who was elected president elect, geriatrician Jessica Israel, M.D., who was elected secretary, and ob/gyn Jennifer Pompliano, D.O., who was elected treasurer.

## **Taking the Spotlight**

### **Dr. Raval Wins International Award for Care of Brain-Tumor Patients**

Sumul N. Raval, M.D., D.A.B.P.N, a leading neuro-oncologist at Monmouth Medical Center and Community Medical Center, both RWJBarnabas Health facilities, recently earned a prestigious international award for providing state-of-the-art treatment to people with brain tumors.

Dr. Raval was presented with the GBM Heroes Award (Glioblastoma Multiforme) during the 21st Annual Scientific Meeting of the Society for Neuro-Oncology held in Scottsdale, Arizona organized by CURE® magazine. The honor recognizes individuals who have dedicated their lives to helping patients with GBM and their families



### **Dr. Barrows Competes In International Lifesaving Federation World Championships**

Monmouth Medical Center pediatric endocrinologist Mike Barrows, D.O., a dedicated United States Lifesaving Association ocean lifeguard since the age of 18, participated in the Rescue 2016- International Lifesaving Federation World Championships held in Noordwijk, Netherlands.

The Shrewsbury resident, who has competed in lifeguard tournaments for more than 25 years, won a gold medal in the 400-meter surf race and a silver medal in the Ironman event (40-44 age group) at the World Championships, which brought together nearly 4,000 athletes from 40 countries. The ironman event involves a 1.4 km course that includes a 300-meter swim, 400-meter board paddle, 600-meter surf ski, and beach sprint running.

In addition to competing as an individual at the event, Dr. Barrows also served as Head Coach and physician for the United States Lifesaving Open National Team. The team finished in 5th place in the ocean/beach events and 11th place overall out of 38 nations.

As section chief of the Center for Disorders of Insulin and Metabolism, Dr. Barrows uses his lifeguarding accomplishments to serve as a role model for young patients, inspiring them to follow his fitness footsteps and encouraging obese children and their families to adopt healthy lifestyles.





## Joseph Jaeger Named Chair-Elect Of National Medical Education Steering Committee

The Association of American Medical Colleges (AAMC) has named Joseph Jaeger, Dr.P.H., to a national position as Chair-Elect for their Group on Educational Affairs (GEA) Steering Committee.

Dr. Jaeger is the Chief Academic Officer at Monmouth Medical Center, Associate Vice President of Research at RWJBarnabas Health, and the Associate Dean of the Regional Medical Campus at Monmouth for Drexel University College of Medicine, the hospital's teaching affiliate.

Dr. Jaeger joined Monmouth in May 1992 as a research coordinator. He now oversees undergraduate, graduate, and continuing education, as well as research activities at Monmouth. He has received numerous honors and awards in recognition of his academic accomplishments, and was named the Faculty Commencement Marshal for Drexel University College of Medicine's graduation ceremony in May 2015. He is a member of the Institutional Review Committee of the Accreditation Council for Graduate Medical Education and is president of the Alliance of Independent Academic Medical Centers. He is the founding chair of the NJHA CME Committee, and his memberships in professional societies also include the American Public Health Association, Association for Hospital Medical Education, Accreditation Council for Continuing Medical Education, American College of Healthcare Executives, American College of Epidemiology and Society for Epidemiologic Research.



## PMAD Nurse Presents at National Perinatal Association Conference in Atlanta

Lisa Tremayne, RN, CPPD, CBC, CCE, coordinator of The Center for Perinatal Mood and Anxiety Disorders, was recently invited to speak at the National Perinatal Association's (NPA) annual conference held March 9 to 11 in Atlanta. Topic for her presentation was "Perinatal Mental Health: Advocating for the Health and Wellbeing of Families."

## Monmouth Medical Center Honors Nurses with Maysie Stroock Nursing Award

Monmouth Medical Center presented two nurses with the Maysie Stroock Nursing Education Award, an honor that recognizes nurses who exemplify the finest in patient care and excellence. The award was established by the late Stroock, a longtime hospital trustee.

Monmouth Medical Center employees Kaitlyn Petrillo, RN, BSN, staff nurse in the Operating Room, and Maren Haughey, assistant clinical director of Labor and Delivery, both of whom have demonstrated leadership skills and initiative in their positions, are the recipients of this year's award. Petrillo, of Colts Neck, and Haughey, of Keyport, were selected by the family of Maysie Stroock and will each receive a \$1,500 scholarship to be used toward education to further their health care careers.

