An important message for our maternity patients

As COVID-19 cases are currently increasing across New Jersey, we want to remind you that we are taking every safety precaution to prevent the spread of the virus and to keep our patients, staff and community safe.

To ensure the continued safety of our patients during this new COVID-19 surge, Monmouth Medical Center has enacted a discharge plan for our obstetrical patients with uncomplicated deliveries. To minimize your time in the hospital, patients who delivery vaginally will be discharged in 24 hours, and those delivering via Cesarean section will be discharged in 48 hours.

As a high-reliability organization, safety is embedded in everything we do, and we want to assure you that with stringent safety measures in place, Monmouth Medical Center is taking every precaution to keep you safe while in our hospital.

We are taking all appropriate precautions to continue to ensure the highest quality of care, protection, support and comfort for all our patients including screening all patients, visitors and staff for COVID-19 symptoms, conducting a temperature check upon entrance to all facilities, masking and maintaining physical distance guidelines.

Upon arriving at the hospital for delivery, both mom and her designated partner/support person will undergo a thorough screening and testing for COVID-19 symptoms, and then will be masked and escorted to Labor and Delivery. Patients need to bring their infant car seat with them when arriving.

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The nourishment pantries will be stocked and remain open in Labor & Delivery and in the Postpartum units. Pantries are limited to no more than one banded support person at a time; please make your selections quickly to allow access to others. Maternal support will continue with the availability of both maternal rest and infant rooming-in.

The safety and well-being of our patients, visitors, and staff are our number one priority. Please be aware of current guidelines before visiting Monmouth Medical Center. Up-to-date information on our visitor policy is available on our web site at rwjbh.org/monmouth.

Thank you for choosing Monmouth Medical Center as the birthplace of your baby.

Maternity and Labor & Delivery Units’ Visitation Guidelines: One significant other/support person is permitted. Once on the Labor and Delivery unit, the designated support person for a mother who has tested negative for Covid-19 can leave the room to access the pantry or exit the unit. If the support person leaves the unit, he/she will need to be screened upon re-entry. A doula is also allowed throughout labor for an asymptomatic mother who has tested negative for Covid-19. If a doula is designated as the sole support person for a laboring mother who has tested positive, no other support persons will be allowed, and the doula will be considered as exposed and unable to support another patient for the subsequent 14 days. Once in the Postpartum unit, the only person allowed at the bedside is the banded support person.