

RWJBH Oncology Support Program – November 2026

RWJBH Oncology Support Program provides support for the physical and emotional concerns of individuals affected by cancer. From diagnosis through treatment, recovery, and survivorship, we provide members with support, education, hope, and encouragement as part of a community of others facing treatment and survivorship together. All programs are free and open to all RWJBarnabas Health and Rutgers Cancer Institute patients. Registration is required for each program.

For additional information, please call 732-272-6938 or email debra.mcgivney@rwjbh.org.

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>No program today.</i>	3 <u>Women's Cancer Support Group</u> 2-3 pm Virtual	4 <u>All Cancers Support Group</u> 2-3 pm In-person <i>Community Medical Center</i> <i>99 Rt. 37 West</i> <i>Toms River, NJ</i>	5 <u>Lung Cancer Support Group</u> 2-3 pm Virtual	6 <i>No program today.</i>
9 <u>Morning Mindfulness</u> 11 am-12 pm Virtual	10 <u>Men's Cancer Support Group</u> 2-3 pm Virtual	11 <u>Seated Tai Chi Easy</u> 11 am-12 pm Virtual	12 <u>Family & Friends Caregiver Support Group</u> 2-3 pm Virtual	13 <u>Afternoon Mindfulness & Watercolor Painting</u> 12-1 pm Virtual
16 <u>Seated Gentle Yoga</u> 11 am-12 pm Virtual <u>Seated Zumba Gold</u> 1-2 pm Virtual	17 <u>All Cancers Support Group</u> 2-3 pm Virtual	18 <u>Breast Cancer Support Group</u> 2-3 pm Virtual <u>Seated Gentle Movement & Stretch</u> 6-7 pm Virtual	19 <u>All Cancers Support Group</u> 2-3 pm In-person <i>Anne Vogel Family Care & Wellness Center</i> <i>200 Wyckoff Rd</i> <i>Eatontown, NJ</i> <u>Evening Mindfulness for Relaxation</u> 6-7 pm Virtual	20 <i>No program today.</i>
23 <i>No program today.</i>	24 <u>Living Through Loss Support Group</u> 2-3 pm Virtual	25 <u>Seated Gentle Movement & Acupressure</u> 12-1 pm Virtual	26 <i>No program today.</i>	27 <i>No program today.</i>