

RWJBH Oncology Support Program – May 2026

RWJBH Oncology Support Program provides support for the physical and emotional concerns of individuals affected by cancer. From diagnosis through treatment, recovery, and survivorship, we provide members with support, education, hope, and encouragement as part of a community of others facing treatment and survivorship together. All programs are free and open to all RWJBarnabas Health and Rutgers Cancer Institute patients. Registration is required for each program. For additional information, please call 732-272-6938 or email debra.mcgivney@rwjbh.org.

Monday	Wednesday	Friday
		<p>1 <u>Family & Friends Caregiver Support Group</u> 2 – 3 pm Virtual</p>
<p>4 <u>Seated Gentle Yoga</u> 11 am – 12 pm Virtual <u>Lung Cancer Support Group</u> 2 – 3 pm Virtual <u>Mindfulness & Meditation</u> 6 – 7 pm Virtual</p>	<p>6 <u>All Cancers Support Group</u> At Community Medical Center 99 Highway 37 West Toms River, NJ 08755 2 – 3 pm In-person</p>	<p>8 <u>Mindfulness & Watercolor Painting</u> <i>Painting supplies will be mailed to you upon registration.</i> 12 – 1 pm Virtual</p>
<p>11 <u>All Cancers Support Group</u> At LiveWell Center 200 Wyckoff Road Suite 1200 Eatontown, NJ 07724 2 – 3 pm In-person</p>	<p>13 <u>Seated Tai Chi Easy</u> 11 am – 12pm Virtual <u>Men’s Cancer Support Group</u> 2 – 3 pm Virtual</p>	<p>15 <u>Women’s Cancer Support Group</u> 2 – 3 pm Virtual</p>
<p>18 <u>Seated Zumba Gold</u> 1 – 2 pm Virtual <u>Living Through Loss Support Group</u> 2 – 3 pm Virtual <u>Mindfulness & Meditation</u> 6 – 7 pm Virtual</p>	<p>20 <u>Oral, Head, and Neck Cancer Support Group</u> 2 – 3 pm Virtual <u>Seated Gentle Movement & Stretch</u> 6 – 7 pm Virtual</p>	<p>22 <u>Seated Gentle Yoga</u> 11 am – 12 pm Virtual</p>
<p>25 <i>No programs today.</i></p>	<p>27 <u>Seated Gentle Movement & Acupressure</u> 12 – 1 pm Virtual <u>Breast Cancer Support Group</u> 2 – 3 pm Virtual</p>	<p>29 <u>All Cancers Support Group</u> 2 – 3 pm Virtual</p>