

RWJBH Oncology Support Program – April 2026

RWJBH Oncology Support Program provides support for the physical and emotional concerns of individuals affected by cancer. From diagnosis through treatment, recovery, and survivorship, we provide members with support, education, hope, and encouragement as part of a community of others facing treatment and survivorship together. All programs are free and open to all RWJBarnabas Health and Rutgers Cancer Institute patients. Registration is required for each program. For additional information, please call 732-272-6938 or email debra.mcgivney@rwjbh.org.

Monday	Wednesday	Friday
	<p>1 <u>All Cancers Support Group</u> At Community Medical Center 99 Highway 37 West Toms River, NJ 08755 2 – 3 pm In-person</p>	<p>3 <u>Game Day: BINGO & Trivia</u> BINGO cards will be emailed to you upon registration. 1 – 2 pm Virtual</p>
<p>6 <u>Seated Gentle Yoga</u> 11 am – 12 pm Virtual <u>Lung Cancer Support Group</u> 2 – 3 pm Virtual</p>	<p>8 <u>Seated Tai Chi Easy</u> 11 am – 12pm Virtual <u>Men’s Cancer Support Group</u> 2 – 3 pm Virtual</p>	<p>10 <u>Mindfulness & Watercolor Painting</u> Painting supplies will be mailed to you upon registration. 12 – 1 pm Virtual <u>Family & Friends Caregiver Support Group</u> 2 – 3 pm Virtual</p>
<p>13 <u>All Cancers Support Group</u> At LiveWell Center 200 Wyckoff Road Suite 1200 Eatontown, NJ 07724 2 – 3 pm In-person <u>Mindfulness & Meditation</u> 6 – 7pm Virtual</p>	<p>15 <u>Oral, Head, and Neck Cancer Support Group</u> 2 – 3 pm Virtual <u>Seated Gentle Movement & Stretch</u> 6 – 7 pm Virtual</p>	<p>17 <u>Women’s Cancer Support Group</u> 2 – 3 pm Virtual</p>
<p>20 <u>Seated Zumba Gold</u> 1 – 2 pm Virtual <u>Living Through Loss Support Group</u> 2 – 3 pm Virtual</p>	<p>22 <u>Nutrition Through Cancer Survivorship: Short Cut Cooking</u> Join Jennifer Klein, MS, RDN as she demonstrates a quick and healthy recipe utilizing simple kitchen short-cuts. This program is offered in collaboration with the RWJBH Oncology Survivorship Program. At LiveWell Center 200 Wyckoff Road, Suite 1200 Eatontown, NJ 07724 1 – 2 pm Hybrid</p> <p>Visit https://bit.ly/4kOVfr8 or call 862-781-3597 to register for this program. Email LiveWellCenter@rwjbh.org if you wish to attend virtually.</p>	<p>24 <u>Seated Gentle Yoga</u> 11 am – 12 pm Virtual</p>
<p>27 <u>All Cancers Support Group</u> 2 – 3 pm Virtual <u>Mindfulness & Meditation</u> 6 – 7 pm Virtual</p>	<p>29 <u>Seated Gentle Movement & Acupressure</u> 12 – 1 pm Virtual <u>Breast Cancer Support Group</u> 2 – 3 pm Virtual</p>	