

2019

FROM THE PUBLISHERS OF *MONMOUTH HEALTH & LIFE*

THE
MONMOUTH
GUIDE

{ IN GOOD HEALTH }

MONMOUTH MEDICAL CENTER AND THE UNTERBERG CHILDREN'S HOSPITAL



300 Second Ave.
Long Branch, NJ 07740
732.222.5200

[www.rwjbh.org/
monmouth](http://www.rwjbh.org/monmouth)

[www.facebook.com/
monmouth
medicalcenter](http://www.facebook.com/monmouthmedicalcenter)

VITAL STATISTICS

Beds: **514**

Employees: **2,277**

Physicians: **986**

Nurses: **765**

Residents: **128**

Volunteers: **450**

Admissions: **21,880**

Births: **5,449**

Emergency Room
visits: **37,861**

Outpatient visits: **149,281**
*(not including ED
visits or OP surgeries)*

Surgeries: **6,285**
*(including same-day
surgeries)*

As one of New Jersey's largest academic medical centers, Monmouth Medical Center (MMC)—founded in 1887—attracts the state's top physicians. MMC has pioneered the latest techniques in minimally invasive surgery, including robotic surgical procedures in both general and orthopedic surgery. MMC's acquisition of the region's first robotic da Vinci Surgical System in 2006, followed by a second one several years later, further advanced its surgeons' ability to treat a host of diseases and disorders with a minimally invasive approach. MMC is the first hospital in the region to offer Makoplasty robotic-assisted joint replacement surgery.

The Leon Hess Cancer Center at Monmouth Medical Center offers state-of-the-art technology, cutting-edge treatment options, and participation in leading cancer trials. The Jacqueline M. Wilentz Comprehensive Breast Center utilizes state-of-the-art digital mammography, ultrasound, breast MRI and breast-specific gamma imaging (BSGI) to provide patients with the highest quality screening and diagnostic technology available. The Wilentz Center also introduced tomosynthesis (3-D mammography), a first in the region. The Neuroscience Institute introduced Gamma Knife technology to the region, offering patients with brain tumors and brain disorders a proven alternative to invasive surgery.

The Eisenberg Family Center delivers more than 5,400 babies annually—the most in Monmouth and Ocean counties. From birth through adolescence, The Unterberg Children's Hospital at Monmouth Medical Center provides comprehensive care for children, and it was the first hospital in New Jersey to open a Level III Neonatal Intensive Care Unit (NICU), which provides specialized care for sick or premature infants as well as those requiring emergency surgery.

MMC has the largest and most comprehensive behavioral health program in Monmouth County. Treatment is provided to children, adolescents and adults diagnosed with psychiatric and dual disorders.

MMC has earned a host of impressive national accreditations and rankings that attest to the hospital's commitment to cardiac excellence. These accomplishments, which demonstrate Monmouth's commitment to provide evidence-based cardiology care to patients in a safe environment, include designation as a Primary Stroke Center by the New Jersey Department of Health.

MMC's Emergency Department offered the region's first Geriatric Emergency Medicine (GEM) unit, and has a dedicated Pediatric Emergency Department and, in partnership with RWJBarnabas Health's Institute for Prevention, the first peer-to-peer opioid overdose recovery program in the state.

HONORS & AWARDS

- Recognized as a Top Teaching Hospital by The Leapfrog Group. Widely acknowledged as one of the most competitive honors an American hospital can receive, the recognition underscores an academic medical center's commitment to patient safety and quality.
- Consistently earns grade "A" score in Hospital Safety by The Leapfrog Group.
- Received a four-star rating from the Centers for Medicare and Medicaid Services.
- Named to Becker's Healthcare's "100 hospitals and health systems with great women's health programs" list.
- Region's only facility designated as an Academic Comprehensive Cancer Program by the American College of Surgeons' Commission on Cancer.
- Earned Joint Commission disease-specific certification:
 - Hip/knee replacement
 - Spine surgery
 - Primary stroke (advanced certification)
- Licensed as an official Children's Hospital for Monmouth and Ocean counties and a member of the National Association of Children's Hospitals and Related Institutions.
- Designated as a NICHE (Nurses Improving Care for Healthsystem Elders) hospital.
- Jacqueline M. Wilentz Comprehensive Breast Center is the first in the region to be designated a Certified Quality Breast Center of Excellence, the highest recognition attainable from the National Quality Measures for Breast Centers, and is a recipient of the Women's Choice Award as one of America's best breast centers for five consecutive years.
- American Heart Association Get with the Guidelines Heart Failure Gold Plus Quality Achievement Award.
- Bariatric Surgery Center of Excellence by the American Society for Metabolic and Bariatric Surgery.
- First cardiopulmonary rehabilitation in Monmouth County to be certified for both cardiac and pulmonary rehabilitation by the American Association of Cardiovascular and Pulmonary Rehabilitation.
- Sleep Disorders Center is the first facility in Monmouth County to earn accreditation from the American Academy of Sleep Medicine.

To learn more, visit rwjbh.org/monmouth.



The Unterberg Children's Hospital at Monmouth Medical Center

Our services include:

- Adolescent Medicine
- Allergy, Asthma and Clinical Immunology
- Anesthesiology
- Cardiology
- Celiac Center
- Child Development and Behavioral Pediatrics
- Child Life
- Childhood Obesity
- Children's Crisis Intervention Services (CCIS)
- Cleft Palate Center
- Community Health Education
- Critical/Intensive Care
- Cystic Fibrosis Center
- Dentistry
- Diabetes
- Endocrinology & Center for the Treatment of Insulin Disorders
- Gastroenterology, Hepatology and Nutrition
- General Pediatrics
- Genetics
- Hematology
- Infectious Disease
- Neonatology (Level III Neonatal Intensive Care Unit)
- Nephrology
- Neurology
- Oncology/Cancer (Valerie Fund Children's Center for Cancer and Blood Disorders)
- Ophthalmology
- Orthopaedics
- Otolaryngology
- Outpatient Psychiatry
- Pediatric Emergency Dept.
- The Pediatric Subspecialty Center at Toms River
- Pulmonology
- Rehabilitation Services
- Renal Services
- Surgery
- Urology

For a referral to a pediatrician, pediatric sub-specialist, or information about a specialty program, please call 732.923.7250.

**Monmouth
Medical Center**
**The Unterberg
Children's Hospital**

**RWJBarnabas
HEALTH**

Let's be healthy together.

Center for Bariatrics at Monmouth Medical Center

New Patient Lecture Series



An ASMBS (American Society for Metabolic and Bariatric Surgery) ACS (American College of Surgeons) MBSAQIP accredited comprehensive bariatric center

For those considering a bariatric procedure, the most up-to-date information on laparoscopic gastric bypass surgery, duodenal switch and sleeve gastrectomy is available through the new patient lecture series held monthly at Monmouth Medical Center. Afternoon and evening sessions are available.

The professionally run support group meets from 7 to 9 p.m. in Stanley 206, 212 and 214 for individuals who have undergone or are considering surgical weight loss procedures at Monmouth Medical Center.

Discussions are led by Center for Bariatrics multidisciplinary team members, including the program director, registered dietitian and clinical psychologist.

2019 Schedule

Monmouth Medical Center, 300 Second Avenue, Long Branch

New Patient Lecture is offered from 6 - 7 p.m. in the SeaBreeze Cafe and the Support Group Meeting is from 7 - 8:30 p.m. in Stanley 206, 212 and 214 with the following topics:

- ▶ January 17: Label Reading/Pantry Shopping *(Stanley 212/214)*
- ▶ February 21: Getting Ready/Staying motivated *(Stanley 212/214)*
- ▶ March 21: Guest Speaker *(Stanley 206/212/214)*
- ▶ April 18: Exercise *(Stanley 206/212/214)*
- ▶ May 16: Protein/Vitamins supplements *(Stanley 206/212/214)*
- ▶ June 20: Expectations *(Stanley 206/212/214)*
- ▶ July 18: Label Reading/Pantry Shopping *(Stanley 206/212/214)*
- ▶ August 23: Getting Ready/Staying motivated *(Stanley 206/212/214)*
- ▶ September 19: Guest Speaker *(Stanley 206)*
- ▶ October 17: Protein/Vitamins supplements *(Stanley 206/212/214)*
- ▶ November 21: Holiday Planning *(Stanley 206/212/214)*
- ▶ December 19: Exercise *(Stanley 206/212/214)*

New Patient Lectures ONLY from 3 - 4:30 p.m. in the SeaBreeze Cafe.

- ▶ January 14
- ▶ February 11
- ▶ March 11
- ▶ April 8
- ▶ May 13
- ▶ June 10
- ▶ July 8
- ▶ August 12
- ▶ September 9
- ▶ October 7
- ▶ November 4
- ▶ December 9

Pre-registration is required. Call **1.888.724.7123**

**Monmouth
Medical Center** | **RWJBarnabas
HEALTH**



Cardiac Services

Monmouth Medical Center: A Regional Leader in Cardiac Excellence



Monmouth Medical Center has earned a host of impressive national accreditations and rankings that attest to the hospital's commitment to cardiac excellence. These accomplishments, which are evidence that Monmouth is dedicated to providing evidenced-based cardiology care to patients in a safe environment, include:

- Joint Commission Disease Specific Certification for Stroke.
- Get With The Guidelines® – Heart Failure Gold Plus Achievement Award from the American Heart Association — recognition that signifies the hospital has reached an aggressive goal of treating heart failure patients for at least 90 days with 85 percent compliance to core standard levels of care outlined by the American Heart Association/American College of Cardiology secondary prevention guidelines for heart failure patients.
- The Institute for Healthcare Improvement (IHI) selected Monmouth among just nine U.S. hospitals for its Mentor Hospital Registry for Heart Failure. Monmouth was the only New Jersey hospital tapped for this volunteer initiative to provide support, advice, clinical expertise, and guidance to hospitals seeking help with their health care improvement efforts.
- Accreditation through a voluntary program of the Intersocietal Accreditation Commission for Echocardiography (IAC) — a national organization that commended Monmouth's Cardiac Laboratory for demonstrating a pursuit of excellence in the field of echocardiography.
- Monmouth's cardiopulmonary rehabilitation program is the first program in Monmouth County to be certified for both cardiac and pulmonary rehabilitation by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).
- Designated as a Primary Stroke Center by the N.J. Department of Health.
- Monmouth earned a four-star Centers for Medicare and Medicaid Services (CMS) rating, and is the only regional hospital to consistently earn an "A" Hospital Safety Score by The Leapfrog Group.
- Based on its outstanding cardiac outcomes, Monmouth Medical Center was invited by Yale University/Yale-New Haven Health Services Corporation's Center for Outcomes Research and Evaluation (CORE) to participate in a research study to promote hospital-level quality improvement efforts. CORE chose Monmouth based on several factors, including volume of heart failure patients, exemplary 30-day readmission and mortality outcome and patient case mix.

**Monmouth
Medical Center**

**RWJBarnabas
HEALTH**

Let's be healthy together.