

**Monmouth
Medical Center** | **RWJBarnabas
HEALTH**

In partnership with:



SAVE THE DATE

November 13 & 14 2018



Bell Works

101 Crawfords Corner
Holmdel, New Jersey

When you educate a woman, she empowers her family,
and together WE can evolve a community.

LECTURE TOPICS INCLUDE:

- Getting back to the soil: Why foods aren't as nutritious as they used to be.
- Factory Farming: What it's doing to our bodies, the environment and animal welfare.
- Gut Health: The Holy Grail...how do we find it?
- Why Functional Medicine is the future of health care: What you need to know on how diet impacts your health.
- Carbs, Celiac and Gluten Sensitivity: What the heck is going on?

VENDOR FAIR FEATURING:

- Local medical practices, businesses & health care facilities in fitness, food, cosmetics and wellness fields
- Products for mind, body and soul
- Free giveaways & raffles

ADMISSION:

- \$125 Full Day Conference
- \$175 Dinner Reception

PROCEEDS:

- Proceeds will support free educational health and wellness programs and services that make vital health care information accessible to the entire community. Funds will also support various community gardens that offer free nutritious produce to local residents.

For sponsorship and vendor opportunities please contact Kelly Boyer at
732.923.6885 or Kelly.Boyer@rwjbh.org