

# The Toxic Truth: Flavors, Fumes and Teen Addiction



This presentation offers an overview of the vaping epidemic and what we know about the effects of vaping today. During the training, participants examine vaping through the lens of school-aged youth and receive tools to help families, school-based personnel and community leaders navigate difficult conversations around addiction. This presentation includes information on tobacco-related policies and ways to strengthen existing policies. Participants also learn about evidence-based treatment and prevention programs in New Jersey that empower youth and communities to tackle nicotine addiction.

**21.6%**

of high school students in  
New Jersey used electronic  
vapor products at least one day  
in a 30-day period <sup>[1]</sup>.

This is higher than  
the national rate of  
**18.0%**  
for that year <sup>[1]</sup>.

Additionally, more than half,  
**56.8%,**  
of high school students in  
New Jersey reported seeing vape  
products used on school grounds <sup>[2]</sup>.

## Training covers:

- Current trends in vaping among adolescents
- Tips for conversation about treatment
- Treatment programs and practices
- Current policies and laws regarding vaping among adolescents

## Who should take it:

- Teachers and school staff
- Community leaders
- Parents/guardians

**Training format:** 1-hour, in-person or virtual training

Email [IFPRTrainingInstitute@rwjbh.org](mailto:IFPRTrainingInstitute@rwjbh.org) to schedule a training.

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and Recovery**

Sources:

[1] <https://truthinitiative.org/research-resources/smoking-region/tobacco-use-new-jersey-2023>

[2] <https://www.nj.gov/education/safety/survey/2021/2021ElectronicVapor.pdf>