



# Come with a Purpose, Leave with a Plan

## All Recovery Meetings for Women

Women are at the highest risk for substance use disorder during their reproductive years, which spans from early teens through middle age. Additionally, women in recovery face unique stressors and risks which can impact their ability to maintain long-term recovery.

No matter what stage of life you are in, support is available. The RWJBarnabas Health Institute for Prevention and Recovery hosts weekly All Recovery Meetings for Women.

All Recovery Meetings honor all pathways to recovery, acknowledging that each person's journey is unique and reflects their personal strengths. The meetings are non-denominational and offer an opportunity to focus on the hope found in recovery. Recovery does not happen alone. Join us and connect with other women who are initiating and maintaining a recovery lifestyle.

Meetings are facilitated by trained and certified Peer Recovery Specialists and provide social support for women seeking or maintaining recovery.

**Meetings are on Wednesdays from 12 to 1 pm on Zoom.**



**Scan the QR code  
to join the call.**

Meeting ID: 96343724138#



**Scan the QR code  
to join online.**

RWJBarnabas Health Institute for Prevention and Recovery also hosts general All Recovery meetings. Visit [rwjbh.org/allrecovery](https://rwjbh.org/allrecovery) for meeting details.

**RWJBarnabas  
HEALTH**

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