# **DART Prevention Coalition**

**AUGUST 21: FENTANYL PREVENTION & AWARENESS DAY** 



# National FENTANYL

**Prevention and Awareness Day** August 21





Want to help spread awareness and share on your own social media? Make sure to keep an eye out on the **DART Facebook** page for our shareable posts!

**FENTANYL FACTS ONE-PAGER** 

### Fentanyl: Facts, Risks and Prevention



#### What is Fentanyl?

There are two types of fentanyl: pharmaceutical fentanyl and illegally made fentanyl. Both are considered synthetic opioids (made in a laboratory). Pharmaceutical fentanyl is prescribed by doctors to treat severe pain, especially after surgery and for advanced-stage cancer.

People who use substances that are not prescribed can be exposed to fentanyl without knowing. It is a major contributing factor to fatal and nonfatal overdoses in the U.S.



#### The Dangers of Fentanyl

Two milligrams of fentanyl can be lethal depending on a person's body size, tolerance and past usage.

Two milligrams is the amount that can fit on the point of a pencil — it is an extremely small amount.

Even if you know a pill or substance contains fentanyl, there is no way of knowing if it is a lethal close.

#### What are Common Effects of Fentanyl?

Individuals may experience one or more common side effects from fentanyl, such as pain relief, sedation, confusion, drowsiness, euphoria, dizziness, nausea, vomiting, relaxation, urinary retention or pupillary constriction.

#### Most Common Drugs Mixed with Fentanyl

Powdered fentanyl looks just like many other drugs. It is commonly mixed with substances like heroin, cocaine or methamphetamine and then made into pills that resemble other prescription medications, such as oxycodone, Xanax, Adderall or other types of pills.

In its liquid form, fentanyl can be added to nasal sprays, eye drops and dropped onto paper or mixed into pills that mimic the appearance of small, colored candies.

Fentanyl mixtures can also include other synthetic opioids, such as nitazenes or xylazine, a veterinary sedative, which can increase the harms associated with fentanyl.

These types of medications would be obtained illegally, not mixed into medications that you would purchase directly from a pharmacy.

If you are using substances and want help stopping, please contact our Peer Recovery Program at 848-303-0008 for recovery support services. If you or someone you know is in crisis, please call 911.

#### Statistics

#### 70%

According to the DEA's 2024 National Drug Threat Assessment Report, fentanyl and other synthetic opioids are responsible for approximately 70% of lives lost in 2022.

#### 279%

According to the CDC, drug overdose death rates involving fentanyl increased by 279% from 5.7 per 100,000 in 2016 to 21.6 per 100,000 in 2021.

#### 150 people

Every day, over 150 people die from overdoses involving synthetic opioids like fentanyl.

Fentanyl impacts everyone. Deaths are spiking across the country, impacting both rural and urban areas.

#### Carry Naloxone and Know How to Use It

Naloxone (Narcan) is a medication that can reverse the effects of an opioid overdose. Naloxone can be given safely to people of all ages, NJ residents 14 years or older can get naloxone for free from participating pharmacies.



#### Get naloxone for free!

Find out more about NJ's Naloxone365 Program by scanning the QR code or visiting nj.gov/humanservices/stopoverdoses/

Always call 911 before administering naloxone.

#### August 21

#### National Fentanyl Prevention and Awareness Day

National Fentanyl Prevention and Awareness Day was established to remember individuals lost to illicit fentanyl poisoning. On this day, fentanyl awareness organizations and affected families share their lived experiences to warn and inform the public about fentanyl overdose risks.



Institute for Prevention and Recovery

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## What is Fentanyl?

Fentanyl is a synthetic opioid that is approximately 50 times more potent than morphine.







### The Dangers of Fentanyl

Drugs may contain deadly levels of fentanyl, and you wouldn't be able to see it, taste it, or smell it. It is nearly impossible to tell if drugs have been mixed with fentanyl unless you test your drugs with fentanyl test strips.





Fentanyl is a powerful synthetic opioid that can be used for surgery or to treat severe pain. The majority of fentanyl-related harms and overdoses are linked to illegally made fentanyl.

#### **DEA: Fentanyl Awareness**

The Drug Enforcement Administration joins the many voices dedicated to educating the public on the serious dangers of fentanyl poisoning from fake pills and other illicit drugs.

#### Facing Fentanyl: Confronting the Deadliest Drug Crisis in American History

A national movement against the most lethal threat our country has ever faced.

#### **Talking with Teens About Fentanyl**

An effective conversation with youth about fentanyl will focus on listening and facts, not judgment. We know that youth want the adults in their lives to trust them with information and support them in making decisions.



#### **Looking for Previous Awareness Campaign Materials?**

Check out our DART Resources portal page for past awareness campaigns, onepagers, fact cards, and more! | rwjbh.org/dartresources



### Find these Awareness Campaign images (and more) on our Facebook! DART Prevention Coalition of Ocean County | facebook.com/DARTCoalition

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