

Presented by The Training Institute

Talk Saves Lives: **An Introduction to Suicide Prevention**



**American
Foundation
for Suicide
Prevention**

Talk Saves Lives: An Introduction to Suicide Prevention is the American Foundation for Suicide Prevention's (AFSP) flagship suicide prevention education program. The RWJBarnabas Health Institute for Prevention and Recovery offers this program to provide participants with an understanding of suicide as a leading cause of death, including the most up-to-date research on prevention and what can be done in communities to save lives.

At the end of this 1-hour training, participants will be able to:

- Describe the impact of suicide
- Identify contributors to suicide and protective factors
- Understand how suicide may impact certain communities differently
- Describe how to recognize suicide warning signs
- Provide examples of how to start a conversation about suicide with someone you are concerned about
- List ways to seek and offer support and crisis resources for yourself or others

To schedule a training, email IFPRTrainingInstitute@rwjbh.org.

rwjbh.org/preventionandrecovery

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