



# Peer Recovery Program (PRP)

## Substance Use Support for New and Expecting Mothers in Middlesex County.

Women are at the highest risk of substance use disorder during their reproductive years. If you are pregnant or recently had a baby and are using substances, know that you are not alone. We're here to help.

The RWJBarnabas Health Institute for Prevention and Recovery's Peer Recovery Program (PRP) provides in-person and virtual recovery support services to help new and expecting mothers during this important time. We can help connect you to our Peer Recovery Specialists who provide you with one-on-one support and access to recovery support services and treatment for you and your baby.

**Recovery is possible. Don't do it alone.**



You and your loved ones are welcome to join our virtual *All Recovery Meetings*. Meetings take place five days a week and honor all pathways to recovery. Visit [rwjbh.org/allrecovery](https://rwjbh.org/allrecovery) for more information on meeting times and links to join.

To learn more, contact us today at  
[prpcommunitysupport@rwjbh.org](mailto:prpcommunitysupport@rwjbh.org) or  
**848-303-0008**

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**HEALTH**

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Prevention  
and Recovery**

Let's be healthy together.