

## RWJBarnabas Health: A Leader in Cardiac Care

New Jersey residents have convenient access to the sophisticated diagnostic, surgical and preventative cardiology services offered by RWJBarnabas Health through a network of local and statewide specialists who work together to bring outstanding, seamless heart care to our communities.

Whether you are in need of treatment for high blood pressure, state-of-the-art diagnostic imaging, heart surgery or a heart transplant, our team of award-winning heart care specialists are here, closer to home, helping to build healthier communities.

- One of the top ten heart transplant programs in the nation by volume, recently reaching a milestone 1,000<sup>th</sup> transplant at New Beth Israel Medical Center.
- New Jersey's largest pediatric cardiology and cardiac surgery program.
- Leading specialists in cardiology, vascular disease and cardiac surgery at the forefront of innovation in critical cardiac care and the treatment of coronary artery and valvular diseases, heart rhythm disturbances, vascular disorders and heart failure.
- State-of-the-art technologies and surgical procedures.
- A network of cardiac rehabilitation programs and hundreds of preventative and wellness programs designed to strengthen and protect healthy hearts.



To make an appointment with one of New Jersey's top cardiologist, visit [rwjbh.org/heart](http://rwjbh.org/heart).

**Jersey City  
Medical Center**

**RWJBarnabas  
HEALTH**

355 Grand Street  
Jersey City, NJ 07302  
[rwjbh.org/heart](http://rwjbh.org/heart)

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## Cardiac Care

Together, with RWJBarnabas Health, we've built New Jersey's most extensive heart care network.

**Jersey City  
Medical Center** | **RWJBarnabas  
HEALTH**



While you will receive a comprehensive Patient Guide upon admission to Jersey City Medical Center, we hope you find this quick reference welcome guide helpful as you prepare for your transfer and stay at the medical center.

## About Jersey City Medical Center

JCMC is one of four cardiac surgery centers that are part of RWJBarnabas Health. It is located at 355 Grand Street in Jersey City, New Jersey, near major highways with PATH, bus and light rail stops on campus. It is a modern, 316-bed top Leapfrog teaching hospital and has been awarded the Magnet Certification for Nursing Excellence for third consecutive time, making it the only medical center in Hudson, Essex or Union counties to achieve this honor.

- ▶ State-designated Regional Trauma Center
- ▶ Cares for more than 16,000 individuals each year and 90,000 people via its Emergency Department
- ▶ One of only 59 hospitals across the country to attain the highest grade level "A" safety score for thirteen reporting period since 2012
- ▶ State-designated stroke center
- ▶ Perinatal intensive care center
- ▶ Region level 3 neonatal intensive care unit for critically ill newborns
- ▶ Provider of Advanced Life Support for Hudson County, as well as 911 Medical Call Screening for Hudson County
- ▶ Operates one of the state's busiest EMS systems
- ▶ Behavioral health services, including 24/7 psychiatric emergency/crisis screening programs

## Cardiology, Cardiac Surgery and Vascular Care

### A Leader in Cardiac Care

As Hudson County's only full-service heart hospital, JCMC offers New Jersey residents convenient access to sophisticated diagnostic, surgical and preventative cardiology services, including advanced technologies, minimally invasive surgical techniques and access to the latest in cardiac research and clinical trials.

The hospital is home to leading specialists in cardiology, vascular disease and cardiac surgery who are at the forefront of innovation in critical cardiac care and the treatment of coronary artery and valvular diseases, heart rhythm disturbances, vascular disorders and heart failure.

### Cardiology and Interventional Cardiology

JCMC's outstanding cardiologists are also leading researchers who are influencing modern cardiovascular medicine. They include some of the nation's top specialists in cardiac imaging and interventional cardiology, offering patients access to the most advanced tools for diagnostic and therapeutic interventions.

### Cardiothoracic Surgery

JCMC's premier cardiac services provide immediate access to highly sophisticated heart surgery. Members of the surgical team are recognized as national leaders in the field of cardiothoracic surgery and are advancing the latest minimally-invasive technique to offer patients faster recovery times with fewer complications.

### Cardiac Imaging

In addition to providing the most advanced and thorough cardiac imaging services, state-of-the-art techniques support JCMC's cardiac surgeons in the planning of complex cardiothoracic procedures and are a resource in the management of complex cardiac disease. Performed and interpreted by a qualified and experienced team, sophisticated imaging offers highly detailed and specific information regarding the structure of your heart and its function.

### Screening and Prevention

From elementary school classrooms to senior centers, JCMC's team of physicians, nurses, emergency medical technicians and nutritionists are educating the community about how to keep their hearts strong and offering prevention and wellness programs designed to strengthen and protect healthy hearts.

### Diseases and conditions treated by Jersey City Medical Center's cardiac team, include:

- Aneurysms: abdominal, aortic, thoracic and peripheral
- Angina
- Aortic dissection
- Aortic stenosis
- Atherosclerosis and arteriosclerosis
- Atrial fibrillation
- Atrial flutter
- Atrial regurgitation
- Cardiac tamponade
- Cardiac tumors
- Cardiomyopathy
- Carotid artery disease
- Coronary artery disease
- Deep vein thrombosis
- Edema
- Endocarditis
- Fainting/syncope
- Heart arrhythmias
- Heart attack/myocardial infarction
- Heart failure
- Heart valve disease
- High blood cholesterol
- High blood pressure
- Lymphedema
- Myocarditis
- Pericardial effusion
- Pericarditis
- Peripheral artery disease
- Pregnancy and heart disease
- Pulmonary hypertension
- Renal artery stenosis
- Rheumatic fever
- Spontaneous coronary artery dissection
- Stroke
- Sudden cardiac arrest
- Thoracic outlet syndrome

### Procedures and treatment options offered at Jersey City Medical Center:

- **Cardiac Catheterization**
  - Angioplasty and stent replacement
  - Branch stent grafts
  - Endovascular repair
  - Chronic total occlusion
  - Dialysis access
- **EP**
  - Ablation
  - Pacemaker implantation
    - Leadless pacemaker (Micra)
  - Implantable Cardioverter Defibrillator (ICD)
  - Cardioversion
- **Cardiac Surgery**
  - Aneurysm repair
  - Aortic root repair and replacement
  - All valve repair and replacement
  - Coronary artery bypass grafting
  - Mini-maze
  - Septal myectomy
- **Vascular**
  - Endarterectomy
  - Peripheral bypass surgery
  - Thrombectomy/embolectomy
  - Varicose vein treatment

## Visitor Information

### Visiting Guidelines

JCMC welcomes visitors and regards them as an important part of your care team. Visitors should enter the hospital through the Main Lobby entrance, which is located at the circular driveway. (After regular hours, visitors should use the Emergency Department entrance.)

All visitors must obtain a picture pass provided by the Hospitality Desk and must present a driver's license, valid state or county photo ID. (Foreigners may use their valid passports, driver's licenses or green cards). JCMC cannot deny visits based upon race, color, national origin, religion, sexual orientation, gender, gender identity/expression or disability, and patients have the right to choose who may or may not visit them.

Jersey City Medical Center offers an open visitation policy. However, to provide our staff with the space it needs to provide the best patient care, we have the right to limit the number of visitors in your room at one time. Children who are free of infectious illness also may be permitted. Please check with the nurse on the unit.

### Parking

Parking facilities are available for the convenience of your visitors. Handicapped parking facilities are also available. JCMC also offers valet parking for visitors during weekday visiting hours. Please pull into the circle. Please note: Parking is not permitted on Jersey Avenue until after 3 pm, Monday through Friday.

### Dining

#### *Cafeteria:*

Located on the first floor off the Main Lobby. Open Monday to Friday, from 7:30 am to 7 pm; Saturday, Sunday and holidays, from 8 am to 6 pm.

#### *Starbucks Kiosk:*

Located in the Main Lobby; offers coffee, newspapers, tea, pastries, soup, sandwiches, fruit salad and other items.

#### *Vending Machines:*

Snacks are available in vending machines located in the Emergency Department waiting room and in the cafeteria. Healthy choice vending is also available on select patient units.

## Local Accommodations

There are several hotels conveniently located near Jersey City Medical Center, including but not limited to:

- *Residence Inn by Marriott Jersey City:* (201) 222-5500
- *Double Tree by Hilton Hotel and Suites Jersey City:* (201) 499-2400
- *Courtyard by Marriott Jersey City Newport:* (201) 626-6600
- *Hyatt Regency Jersey City on Hudson:* (201) 469-1234
- *Candlewood Suites Jersey City:* (201) 659-2500
- *Hyatt House Jersey City:* (201) 395-0500

## Important Phone Numbers

- Main Hospital Number:* (201) 915-2000
- Cardiac Testing:* (201) 915-2448
- Heart Institute:* (201) 915-2525
- Patient Advocate:* (201) 915-204
- Patient Hospitality:* (201) 915-2507 or 2508
- Security:* (201) 915-2045

## WIFI

Jersey City Medical Center provides **free** WIFI access.

*Username:* bhguest

*Password:* bhwifi

