

Psychosocial Support Cancer Services

Frederick B. Cohen, M.D. Comprehensive Cancer & Blood Disorders Center

Cancer Support Group

The Frederick B. Cohen M.D. Comprehensive Cancer & Blood Disorder Center will be offering a virtual cancer support group once a month. Participants can join either online or by telephone. All cancer types are welcomed.

For more information or to register please call either Leon Lejda (973) 926-7565 or Rachael Shuster (973) 926-7976

2023 Cancer Support Group dates are as follows:

January 19	July 20
February 16	August 17
March 16	September 21
April 20	October 19
May 18	November 16
June 15	December 21



Nutrition 101 Class

Open to patients, their family and friends, as well as community members who are interested in learning about nutrition as it pertains with cancer, cancer treatment, or after completing cancer treatment. Classes take place the third Wednesday of each month from 11:30am - 12:30pm. In order to participate email our registered dietitian at Brandi.Sze@rwjbh.org

January 18 March 15 May 17 July 19 September 20 November 15

Nutrition Counseling

One on one nutrition counseling is offered to individuals diagnosed with cancer. Discuss the vital role of nutrition and its effect on wellness and survivorship. Learn healthy eating options and weight management techniques. Please call **973-926-4607** to schedule an individual appointment with a registered dietitian.



**Newark Beth Israel
Medical Center**

**RWJBarnabas
HEALTH**

RUTGERS
Cancer Institute
of New Jersey
RUTGERS HEALTH

201 Lyons Avenue, Newark, New Jersey 07112
973-926-7230 (Main Number) 973-926-7565 (Social Worker)
rwjbh.org/newarkbeth

Rutgers Cancer Institute of New Jersey is the state's only NCI-designated Comprehensive Cancer Center. Together RWJBarnabas Health and Rutgers Cancer Institute offer the most advanced cancer treatment options close to home.

