



Sensational Summer Salads

July 19 • 6 p.m.



Aliz Alaman, RDN, CDE

RWJ Rahway Fitness & Wellness Center
2120 Lamberts Mill Road, Scotch Plains

Featuring Registered Dietitian and
Diabetes Educator Aliz Alaman, RDN, CDE.

Register by calling **732-499-6193**. Seating limited.
Masks required

Robert Wood Johnson | **RWJ Barnabas**
University Hospital **HEALTH**
Rahway

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