

I Use Pots and Pans Safely



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RWJBarnabas
HEALTH

Children's
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Hospital





I always tell an adult when I want to use the oven or stove.



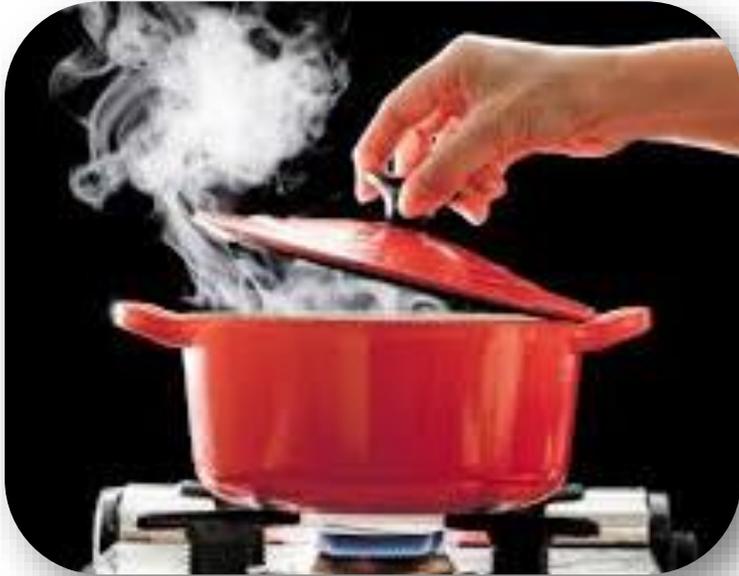
I make sure kitchen towels, paper towels, and paper are not near the stove or oven.



When cooking, I always use a pot holder when touching pots or pans. They may be hot and I can get burned.



When a pot or pan is on the stove, I always make sure the handle faces inward toward the center or back of the stove.



I keep my face away from pots and pans when I lift the lid.

I never put my face near pots and pans.



I never leave the area when anything is cooking on the stove or in the oven unless an adult gives me permission.



Let's get to know each other !

Find more great resources at
www.childrens-specialized.org

