

Tips for Successful Discharge from Outpatient Therapy

- You are an important member of your child's therapy team. Your participation in therapy from evaluation through treatment is welcomed and valued.
- Ongoing communication between you and your child's therapist is the key to success.
- Focus on your child's progress toward goals.
- Carry over at home is so important to your child's success. Please work with your child's therapist to incorporate carry over at home and in the community. As discharge approaches, begin to think about everyday activities, recreation opportunities, clubs, etc. that your child may be able to participate in to continue to practice the goals achieved, and skills learned during therapy.
- Celebrate discharge. Each episode of therapy will help your child grow and develop. Getting back to an everyday schedule to use the new functional skills learned is a successful accomplishment.
- Continue to be an active partner in your child's health care. Partner with doctors, therapists, school personnel, community leaders; it's important and will help your child achieve success.
- If your child needs therapy to reach new goals in the future, please contact our Scheduling Department at 1-888-CHILDREN and follow the prompts.

Please note that if a family returns after discharge from an episode of care, a new prescription would be necessary to schedule an evaluation.

