



Comprehensive Concussion Care

When a child experiences a concussion, Children's Specialized Hospital provides an individualized treatment plan for **post-concussion rehabilitation** to help the child safely and efficiently return to learning and physical activities.

To promote efficient recovery, the child will work with various disciplines, including:

- ☒ Occupational Therapy
- ☒ Speech & Language Therapy
- ☒ Physical Therapy
- ☒ Psychology *(when available)*
- ☒ Neuropsychology *(when available)*

When to Seek Post-Concussion Rehabilitation

If a child is experiencing any of these symptoms following a concussion:

- Headache
- Balance Problems
- Dizziness
- Blurred Vision/Visual Concerns
- Sensitivity to Light/Noise
- Neck Pain
- Nausea or Vomiting
- More Emotional
- More Irritable
- Sadness
- Nervous or anxious
- Difficulty Concentrating
- Difficulty Remembering
- Feeling Slowed Down
- Feeling like "in a fog"
- Sleeping less than usual
- Sleeping more than usual
- Trouble falling asleep



[Click here](#) or scan the QR code to request an appointment

