

Tips for a Successful Therapy Session

Our pediatric therapists partner with families to make our many innovative therapies personalized and effective so children can achieve more of their goals.

- If your personal information changes (address, home/cell phone, insurance, etc.) please notify the scheduling department at **1-888-children (244-5373) option 2**.
- Take notes during therapy sessions and/or ask for daily notes through the Medical Records Department.
- Plan with your therapist how you will participate in your child's treatment sessions.
- Discuss with your therapist your child's goals for sessions and for home; develop activities that can be practiced outside of traditional therapy at home and in the community.
- Communicate with your therapist regarding treatment, progress, and goals.
- Consistent attendance is crucial to progress; if you know about a future scheduling conflict, please give your therapist ample notice. Discuss the best way to reach your therapist should a last minute cancellation occur.
- Keep therapists informed of doctor's appointments, changes to situations outside of therapy, and any questions or concerns you might have.

