

**Children's
Specialized
Hospital**



Family Centered Events, Information & Resources

Created for Families, by Families.



Our Toms River Outpatient Center is Now Open!



Welcome to our NEW Toms River Outpatient Center

Located at **1251 Highway 37 West Toms River, NJ 08755**

Therapy Services: Physical Therapy, Psychology, Occupational Therapy, Rehabilitation Technology and Speech & Language Therapy

Medical Services: Developmental & Behavioral Pediatrics and Psychiatry

Children's Specialized Hospital is the nation's leading provider of inpatient and outpatient care for children from birth to 21 years of age facing special health challenges — from chronic illnesses and complex physical disabilities like brain and spinal cord injuries, to developmental and behavioral issues like autism and mental health.

Children's Specialized Hospital Locations

New Jersey (Outpatient): Bayonne, Clifton, East Brunswick, Egg Harbor Township, Hamilton, New Brunswick, Newark, Somerset, Toms River, Union, West Orange

California (Outpatient): San Diego

New Jersey (Inpatient): New Brunswick

New Jersey (Long Term Care): Mountainside and Toms River

Call **1-888-CHILDREN** or visit **www.rwjbh.org/childrensspecialized** to learn more





Special Needs Primary Care

We understand the complexities of raising a child with special healthcare needs. Our Special Needs Primary Care is proud to provide children with special healthcare needs, and their siblings, outstanding family-centered healthcare.

As Your Medical Home, we will:

- Take care of your child when he or she is sick
- Help you plan your child's care and set goals for their care
- Discuss any testing or treatment that your child needs
- Coordinate care with you and other care providers
- Partner with you to help you live well and stay well

Two Locations in Hamilton, NJ and Union, NJ

[Click here to learn more.](#)



Check-in From Home Program

How to Check-in From Home on your smartphone or tablet:

Sign In

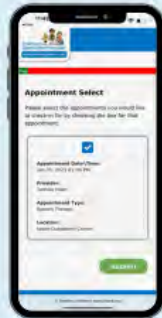
Enter child's first and last name, along with their date of birth.



1

Register

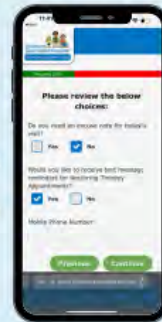
Select the appointment you would like to check in for.



2

Answer Prompts

Answer the two following questions and enter your mobile phone number.



3

Insurance

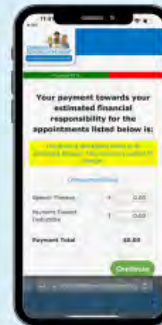
Confirm your insurance information is correct as you see on the screen.



4

Copayment

Review and pay your coinsurance/ copay.



5

Registration Complete

Upon arrival check in at the registration desk to be directed to the appointment.



6

Scan for
FAQs



Did you know that you can quickly check-in for your child's outpatient appointment from home?

Through our Check-in From Home Program, Children's Specialized Hospital offers patients/families a simple way to check-in and make payments from the comfort of your home



Does Your Child Struggle to Understand the Emotions of Others?



If your child:

- has sustained a traumatic brain injury (TBI) at least 1 year ago
- is between the ages of 9-17 years old
- is experiencing difficulties in understanding others emotions
- has no other neurological illness
- is able to speak and read English fluently
- is able to use a computer

They may be eligible to participate in a new study investigating whether an emotional processing program can improve the interpretation of others emotions in children and adolescents following traumatic brain injury (TBI).

Requirements:

- 45 minute screening evaluation for full study inclusion.
- 8 weeks total of participation broken down in the following:
- **Week 1:** 3-hour visit for paper-and-pencil tests and questionnaires.
- **Weeks 2-7:** 45-60 minute sessions twice per week for six weeks, during which your child has a 50/50 chance of either undergoing experimental treatment for processing emotions or participating in computer exercises.
- **Week 8:** 3-hour visit for paper-and-pencil tests and questionnaires.

This study can be completed entirely remote! Testing will take place using a HIPAA compliant online platform.

Participants who complete this study will receive \$300 for their time.

For more information, please contact:

Clarice Bourland

Kessler Foundation

973-323-3678, cbourland@kesslerfoundation.org



Need Medical Equipment or Have Some to Donate



Did you know...

The Medical Equipment Ministry collects and donates a variety of medical equipment at no cost to you!

How does it work?

The Ministry collects medical equipment donations and makes them available to those in need. The equipment is given out at no cost, for as long as it is needed. Simply return it or pay it forward and you are done.

What type of medical equipment is available?

Hospital beds, wheelchairs, scooters, motorized wheelchairs, crutches, canes, walkers, commodes, lifts, adult diapers, shower seats, bed rails, rolling tables, transport chairs, and more.

**For more information please contact
the Medical Equipment Ministry:**

ppch.org

908-396-6057

279 U.S. 202
Bedminster, NJ 07921



Children's Specialized Hospital does not endorse any commercial products or services.



Necesitas Equipo Medico O Tienes Algo Que Donar?

Sabias Que...

El Ministro de Equipos Medicos recoge y dona una variedad de Equipos Medicos sin costo para usted!

Como Funciona?

El ministro recauda donaciones de equipos medicos y las pone a disposicion de los necesitados. El equipo se entrega sin costo alguno, durante el tiempo que sea necesario. Simplemente devuelvelo o pagalo y listo.

Que Tipo de Equipo Medico esta Disponible?

Camas de hospital, sillas de ruedas, scooters, sillas de ruedas motorizadas, muletas, bastones, caminantes, equipo basico para ir al bano, ascensores, panales de adultos, sillas de ducha, barandillas de cama, mesas rodantes, sillas de transporte, y mas.

**Para mas Informacion Comuniquese con
Ministro de Equipo Medico:**

ppch.org

908-396-6057

279 U.S. 202

Bedminster, NJ 07921



El Hospital de Children's Specialized no respalda ningun producto o servicio comercial.



Research Studies

at Children's Specialized Hospital

The Research Center at Children's Specialized Hospital strives to advance pediatric rehabilitation by initiating and supporting evidence-based studies that explore innovative interventions, technologies and approaches to specialized care for children and adolescents.

View our current research studies in any of our five core areas by scanning the codes below with your mobile device or tablet.



Autism



Brain Injury



Chronic Health Conditions



Cognition



Mobility

Friday Night Fever!

WHAT: A social group for teens ages 13-21 years old

When: Friday nights

Register: [CSH.recdesk.com](https://csh.recdesk.com) or call 908-301-5548

Friday Night Fever is a membership-based social program for teens and young adults. This program provides monthly events virtually, on site and in the community to promote independence. Status of virtual/in-person events coincides with the CDC and CSH guidelines at the time of the events. All new applicants must trial to insure they're an appropriate fit.



Friday Night Fever!

A social group for teens ages 13-21 years old!

Friday Night Fever is a membership-based social program for teens and young adults. This program provides monthly events virtually, on site and in the community for members to hangout, try new activities, meet friends and navigate the community to promote independence. Status of virtual/in-person events coincides with CDC and CSH guidelines at the time of events. All New applicants must trial to insure they're an appropriate fit.

Participant Criteria:

- Demonstrate the ability / desire to initiate and respond to social interactions.
- Able to communicate with volunteers and peers via communication device or verbally.
- Able to follow group rules and directions in public settings independently or with reminders.
- Independent with ADL's



Register:

Teens and young adults who wish to participate in this group must meet the criteria and will be screened and selected prior to attendance.

2022 Fee: \$150 Annual Membership Fee (2022 fee has been adjusted to account for virtual programming.) *FNF accepts Benefit Fund applicants for this program as needed, please inquire.

Complete the Interested FNF Participant Application at:

csh.recdesk.com or call 908-301-5548



CSH Activity Connection (in English)



Scan this code with your smartphone or tablet to view program offerings, access calendars, and register for events.

Activity Connection

Activity Connection provides recreational, sports and social activities for children, teens and young adults with diverse abilities. Our programs create an ideal environment for participants to make new friends and enjoy new experiences. All programs are led by Children's Specialized Hospital's therapists, certified program instructors, coaches and trained volunteers who provide age-appropriate and safe activities in an inclusive and fun environment.

Register for programs today!

Register online:
csh.recdesk.com

Register over the phone:
908-301-5548

activityconnection@childrens-specialized.org

Program Opportunities:

In-person Recreation Programs

- Court Sports, Social Club, Individual Aquatics, Play Times and Teen Nights.

Virtual Recreation Programs

- Weekly Zumba and Yoga
- Monthly Musical Me!

Summer Camps

- Camp Pal's Paradise and Camp Chatterbox



CSH Activity Connection (in Spanish)



Escanee este código con su teléfono o tableta para ver las ofertas de programas.

Activity Connection



Activity Connection ofrece actividades recreativas, deportivas y sociales para niños, adolescentes y adultos jóvenes con diversas habilidades. Nuestros programas crean un ambiente ideal para que los participantes hagan nuevos amigos y disfruten de nuevas experiencias. Todos los programas están dirigidos por terapeutas recreacionales, personal de recreación comunitaria y voluntarios del Children's Specialized Hospital y instructores certificados del programa, que brindan actividades seguras y apropiadas para la edad en un ambiente inclusivo y divertido.

Registrar aquí:

csh.recdesk.com

908-301-5548

activityconnection@childrens-specialized.org

Opciones virtuales y presenciales!

En persona:

- Court Sports, Social Club, Individual Aquatics, Play Times y Teen Nights!

Híbrido y Virtuales:

- Híbrido Zumba y Yoga
- Virtuales mensuales Musical Me!

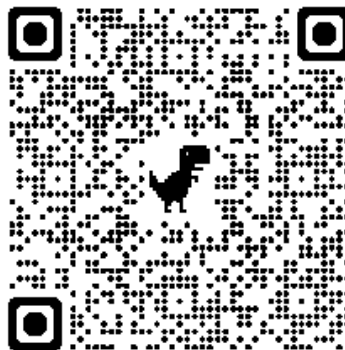
Campamento:

- Camp Pal's Paradise and Camp Chatterbox



New Support Corner for Parents

Children's Specialized Hospital's NEW Support Corner for Parents & Caregivers



The CSH Family Advisory Council has created an online support corner for parents and caregivers of children with special healthcare needs. This page provides access to blogs, resources, support groups and monthly events to ensure families have the support they need on their healthcare journey. Check out all the page has to offer below and visit rwjbh.org/cshsupportcorner to learn more.



Swimming on the Spectrum

by [Ocean County YMCA](#)

1 on 1 Swim Lesson

The Ocean County YMCA is proud to offer our Adaptive Swim Program-SWIMMING ON THE SPECTRUM. Classes are open to children and adults with intellectual and/or physical disabilities.

SWIMMING ON THE SPECTRUM is an ABA (Applied Behavior Analysis) inspired adaptive water safety/swim program for children and adults on the autism spectrum. The program offers an individualized curriculum, meeting each swimmer at their ability, as they work toward mastering water safety skills. Our Adaptive Swim Classes are designed to give each and every person the skill and knowledge to be safe in and around the water, but most importantly, to have fun and enjoy!

Ages Child to adult

Registration \$25 per scheduled lesson

Contact to Schedule Daniel Giacin, Autism Programming Director, 732-341-9622 ext. 2278
dgiacin@ocymca.org



NJDOE's Transition Toolkit



New Webinar Alert!

Special Education Webinar Series The Arc of New Jersey Family Institute Transition planning begins at age 14 when the student and their IEP team start to discuss long term goals of postsecondary education, employment, and daily-living skills.

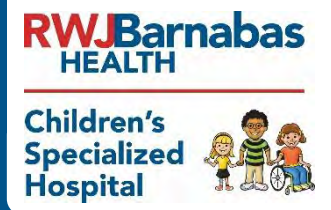
These services should always be a combination of in-class instruction and community-based experience aimed at helping a student achieve their long-term goals. This presentation will provide an overview of the resources available through the New Jersey Transition Toolkit located on the NJ Department of Education website. The Transition Toolkit can help parents and professionals understand their role in preparing children for life after high school and also contains information about state agencies that can assist in transition.

Register [Here](https://bit.ly/doetransitionwebinar): bit.ly/doetransitionwebinar



Tips for Families for Preschool Disabled

page 1 of 4



There are many benefits to getting a jump start on your child's development. We are fortunate to have in the State of NJ through our public school districts wonderful programs for children who need some extra help.

This is the perfect opportunity for you to participate in your child's education from the start. If you, your child's doctor, or therapist have concerns about your child's development, your child may receive a free evaluation in their local school district to determine if they are eligible for free special education services during the preschool years.

The Individuals with Disabilities Education Act (IDEA) –identifies which children are eligible to receive Preschool Special Education services.

There are two sets of criteria:

1) Age Requirements:

To receive Preschool Special Education services, your child must be at least three years old.

Preschool Special Education services may continue until your child enters or is eligible to enter kindergarten.

2) Requirements Related to Disability: In addition to the age limits, to receive Preschool Special Education services, your child must (1) have a disability; AND (2) need special education and related services because of the disability. (N.J.A.C. 6A:14-1.1 General Requirements)



Tips for Families for Preschool Disabled

page 2 of 4

Steps to Follow:

Contact your local school district to find out the name and address of the Director of Special Services or the Supervisor of Special Services.

Write a short letter expressing your concerns for your child. (Sample template on back)

Mail, email, or personally deliver the letter to your school district. Keep a record of the person and date of when the letter was received.

If you do not hear from the district within the 20 calendar days call the Special Education Department and the local district and ask for the status of your request. *School Districts have 20 calendar days (N.J.A.C:-2.3 Parental, Notice, Participation and Meetings) from the time of receiving the letter to get back to you.

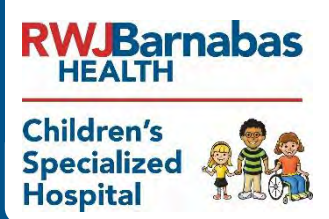
Positive Tips for Partnering with your School District:

- Share your child's story.
- Be your child's cheerleader and celebrate the successes
- Good Communication is key.
- Enjoy your child and celebrate their achievement in transitioning to pre-school.



Tips for Families for Preschool Disabled

page 3 of 4 - in Spanish



Consejos para las familias de personas con discapacidades en edad preescolar

Son muchos los beneficios de comenzar a tratar el desarrollo de su hijo/a. En el Estado de Nueva Jersey tenemos la suerte de contar con maravillosos programas para los niños que necesitan ayuda extra, a través de nuestros distritos de escuelas públicas. Es la oportunidad perfecta para participar de la educación de su hijo/a desde el comienzo.

Si usted, el médico de su hijo/a o el terapeuta tienen dudas sobre su desarrollo, puede realizar una evaluación gratuita en su distrito escolar local para determinar si puede recibir servicios gratuitos de educación especial durante los años de preescolar.

La Ley de Educación para Personas con Discapacidades (IDEA) identifica qué niños son elegibles para recibir servicios de educación preescolar especial.

Hay dos grupos de criterios:

- Requisitos de edad: Para recibir servicios de Educación especial preescolar, el niño debe tener por lo menos 3 años de edad. Los servicios de educación preescolar especial pueden continuar hasta que el niño comience o sea elegible para comenzar el jardín de infantes.
- Requisitos relativos a la discapacidad: Además de los requisitos de edad, para recibir servicios de educación preescolar especial, el niño debe (1) tener una discapacidad; Y (2) requerir educación especial y servicios relacionados debido a dicha discapacidad. (Código Administrativo de Nueva Jersey [N.J.A.C., por sus siglas en inglés] Sección 6A:14-1.1, Requisitos Generales)



Tips for Families for Preschool Disabled

page 4 of 4 - in Spanish

Pasos a seguir:

Comuníquese con su distrito escolar local para averiguar el nombre y la dirección del director o supervisor de servicios especiales.

Escriba una breve carta en la que describa las preocupaciones que tiene sobre su hijo/a. (Modelo en el reverso)

Puede enviar la carta al distrito escolar por correo, e-mail o entregarla personalmente. Registre quién recibe la carta y en qué fecha.

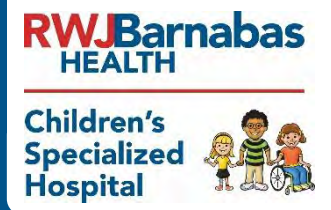
Si no tiene respuesta del distrito dentro de los 20 días corridos, llame al Departamento de Educación Especial y al distrito local y pregunte por el estado de su solicitud. *Los distritos escolares tienen 20 días corridos (N.J.A.C: 2.3 Padres, notificaciones, participación y reuniones) a partir del momento en que reciben la carta para ponerse en contacto con usted.

Sugerencias positivas para colaborar con su distrito escolar:

- Comparta la historia de su hijo/a.
- Aliente a su hijo/a y celebre sus éxitos.
- La buena comunicación es clave.
- Disfrute de su hijo/a y celebre el logro de pasar a preescolar.



Research Opportunity for Kids & Teens at Kessler Foundation



Scientists are researching whether an emotional processing program can improve the interpretation of others' emotions in children and adolescents following TBI.

Who is Eligible

- Adolescents who are 9-17 years of age
- Has sustained a Traumatic Brain Injury at least 1 year ago

Where

- This is a completely virtual study taking place using a HIPAA compliant online platform such as zoom health

Compensation

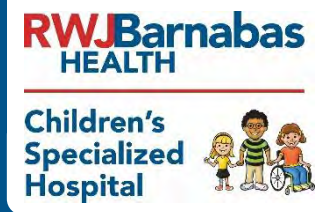
You will be compensated \$300 in total for completing this study. \$100 will be compensated after completion of baseline testing and \$200 will be compensated for completion of follow up testing after the 12-week intervention.

If you have any questions or you think an adolescent may be a good candidate for this study, email jleddy@kesslerfoundation.org or call 973-324-8429.

[Click Here to Learn More](#)



Project SEARCH Applications Now Available



Mission to Transition - Project SEARCH Applications Now Available

Project SEARCH is a one-year, intensive employment skills training program based inside Overlook Medical Center in Summit, NJ. Students spend an entire school year on-site at the hospital rotating through three different internship experiences. They also receive 90 minutes of classroom-based instruction per day on topics related to employability and independent living. Students are strongly encouraged to take public transportation to and from Overlook, and the program offers comprehensive travel training the summer before the program begins in collaboration with the NJ Travel Independence Program at Rutgers.

Project SEARCH is accepting applications on a rolling basis. We will schedule interviews with students and their families after all application materials are received.

To learn more about SEARCH visit:
<https://projectsearch.us/transition-to-work/>

For questions, please reach out to Josh Bornstein at jbornstein@ucesc.org





Open Play at LifeTown in Livingston NJ

FAMILY FUN
at LifeTown

OPEN PLAY

AGES 1-15

\$10
per participant

Parents/Guardians must remain with their children at all times.

Does NOT include LifeTown Shoppes

Sundays
10:00am-12:00pm

- Art room
- Gym
- Playground
- Sand room
- Sensory room
- Movie 11:00-11:25am

Pre-registration is required at
www.LifeTown.com/familyfun

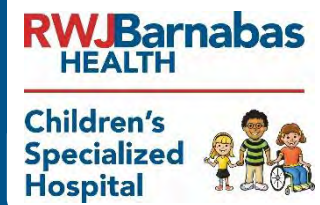


Sundays, 10:00am-12:00pm
Mondays, 10:00am-12:00pm
Tuesdays, 2:30-4:30pm
Thursdays, 2:30-4:30pm

TO REGISTER



Virtual - Together in Song



Do you love to sing? Find the music in you! Together in Song is an all-inclusive community choir designed for individuals with or without disabilities. Sessions will take place online every Sunday at 2 PM. To register, get the song list and Zoom link, please email Together.in.song.CC@gmail.com

This event is sponsored by the Camden County Board of Commissioners for individuals with disABILITIES and special needs. If you are interested in participating in any of these activities or know someone who might be, please contact Karen Weidner at karen.weidner@camdencounty.com or by phone at 856-216-2127.

VIRTUAL MEETING

Please visit the website for recurring dates

<https://www.camdencounty.com/events/>



Research Study – for children 6-9.5 years old, diagnosed with autism spectrum disorder.

Your child may qualify for a research study on behavioral therapies for children with Autism!

Eligible participants receive Autism diagnostic testing and assessments of functional skills and sensory behaviors

Participants may be randomly selected to receive 30 one-hour sessions of Sensory Integration therapy or Applied Behavior Analysis. The goal of both therapies is to see improvements in a child's functional skills and a reduction of maladaptive behaviors.

Sensory Integration Therapy (SIT) works to improve sensory-motor factors that affect a child's functional skills. Children do sensory-motor play-based activities and apply skills to functional tasks.

Applied Behavior Analysis (ABA) works to identify skills that impact a child's every day functioning. The interventionist breaks down each skill into teachable steps, to facilitate learning. Participants will be compensated \$250 throughout the course of the study and will receive a summary.



Contact for information:

Joanne Hunt 908-588-9738

jhunt@childrens-specialized.org

Location: Children's Specialized Hospital 94
Stevens Road Toms River, New Jersey 08755



End of Summer BBQ Bash

POAC and the Sons of the American Legion and the Legion Family of Ocean County Present our End of Summer BBQ Bash! Join us for a day of fun including free BBQ, inflatable rides, entertainment and, games for the whole family. This is a free event for individuals with autism and their families.

Date: September 9, 2023

Time: 11:00am - 2:00pm

Adamston Rd, Brick, NJ

VFW Post 8867, **Where:** 373

[To Register](#)

POAC events are safe, welcoming environments where our children can be themselves in a non-judgmental setting. Please note that NJAW (New Jersey Autism Warriors) events require that you join the NJAW Facebook group (open only to parents/guardians of children and adults with autism).

You must register to attend all events.



Epic Gymnastics Gym Party

Join us for lots of jumping, bouncing, and tumbling for children and young adults (of all ages) with autism at Epic Gymnastics. This facility has trampolines, foam pit, inflatable obstacle course and more! Siblings included. Drinks and snacks will be provided. Free for current POAC members, \$20 per family for non members. Current members can call or email POAC at info@poac.net for the promo code to bypass the fee.

Date: 9-10-23, 10-19-23, 11-19-23, 12-10-23, and 1-7-2024

Time: 11:00am - 1:00pm

Where: Epic Gymnastics 2351 NJ Highway 34 Manasquan, NJ

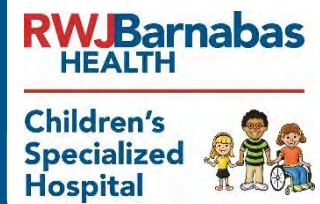
POAC events are safe, welcoming environments where our children can be themselves in a non-judgmental setting. Please note that NJAW (New Jersey Autism Warriors) events require that you join the NJAW Facebook group (open only to parents/guardians of children and adults with autism).

You must register to attend all events.

[Click for all dates and to register](#)



Parent Support Group



Calling all parents of children (of any age) with autism. Join POAC for a monthly support group meeting to meet other parents and share the challenges and joys of raising our special children and young adults. Dinner will be served. Parents of children with ASD only please.

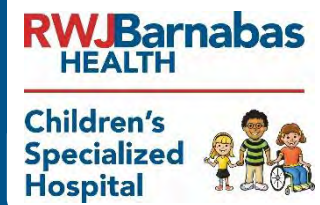
Date & Time: 9-11-23 7:00pm - 9:00pm LT's Pizzeria 399 Dover Rd, Toms River, NJ

Date & Time: 10-9-23 7:00pm - 9:00pm LT's Pizzeria 399 Dover Rd, Toms River, NJ

[To Register](#)



POAC's 3rd Annual Our Lady of Mount Carmel Autism Fair



POAC's Third Annual Our Lady of Mount Carmel Autism Fair

Join us for this Free Family Carnival for children and adults with autism and their families. We will have free rides, free games, free BBQ, and entertainment.

Date: 9-16-23

Time: 11:00am - 2:00pm

Where: Mount Carmel Caterers Event Hall, 56 River Road, Berkeley Heights, NJ

Register Sponsor



[To Register](#)



Calling all Young Adults with TS



Today's Challenge, Tomorrow's Strength: A Support Group for Parents of Children with Tourette & Tic Disorders

The monthly NJCTS support group is an avenue for parents who are new to a tic disorder diagnosis to seek support and guidance from parents who have more experience, as well as an opportunity for parents with more familiarity in coping with a diagnosis to also learn and seek guidance.

The group will be facilitated by Dr. Jeremy Lichtman, an expert in the treatment of TS and tic disorders who is there to answer questions and provide guidance wherever you may be in your journey.

September 13, 2023 8:00 pm

[Online](#)



Calling all Young Adults with TS

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



COMMUNITY CONNECTIONS

FOR YOUNG ADULTS WITH TS



September 18, 2023 7:00pm

Calling all young adults with TS, age 18-35. Join us as we come together to build our community and connect with others navigating both the TS journey and adulthood - including college, work, relationships and family. Here you can comfortably discuss your experiences, share advice, and build a network with those who understand your unique challenges.

[Register Here](#)



Nation's First Center of Excellence
for Tourette Syndrome



Tourette Talk: School Accommodations

Tourette Talk: Navigating School Accommodations and 504 Plans for Children with Tourette's and Other Tic Disorders

Join us for an informative Tourette Talk tailored for parents and educators. Presented by Dr. Jiang, a school psychologist and former special education teacher, this session offers insights into effective collaboration with schools to support children with Tourette's and related tic disorders. Delve into common 504 plan accommodations, discover strategies for school partnerships, and learn from real-life case examples to ensure an inclusive and successful educational experience for every student.

Speaker: Dr. Hui S. Jiang earned her Doctor of Psychology (Psy.D.) degree in School Psychology from Rutgers University and Master's degrees in Early Childhood, Special Education, and Bilingual Education from Columbia University. She is a dedicated school psychologist with expertise in learning difficulties, behavior challenges, developmental disabilities, giftedness, and special education. She founded the 3E Center to provide critical support for families with exceptional children from diverse cultural backgrounds.

September 21, 2023 7:00 pm Online

[To Register](#)



*Nation's First Center of Excellence
for Tourette Syndrome*



NJCTS Family Fun Day



NJCTS
FAMILY
FUN DAY

Saturday, October 7, 2023
2:30 to 5:30 p.m.



OASIS
FAMILY FARMS
3 Circle Drive
Robbinsville, NJ 08691

- Party area for NJCTS families
- Refreshments/snacks
- FunZone play area for kids
- Not So Spooky Family Trail
- Wagon rides
- Pumpkin patch (*pumpkins are an additional cost*)
- A chance to meet others in the TS Community!

\$10
a person
Under 5 free

Register at www.njcts.org/RSVP

When: October 7, 2023
Time: 2:30 pm
Where: Oasis Family Farm

[To Register](#)



Nation's First Center of Excellence
for Tourette Syndrome



Sexual Health Equity for People with I/DD



Sexual Health Equity for People with I/DD

Did you know many people with disabilities do not receive access to sexual health education? This can be a difficult topic for some to navigate, but thankfully Oregon Health & Science University has put together a wonderful guide and resource portal on this topic, including how to help people with I/DD learn who they are, what their rights are, how to express themselves, and how to build healthy relationships.



[Check it out](#)



Adaptive Swim



NEW! We now have Angelfish trained swim instructors at the JCC! These instructors specialize in teaching swimmers with motor or sensory delays!

This one-on-one 30-minute aquatics class, taught by our Angelfish trained swim instructors, is ideal for children with special needs. Lessons are adapted to each child's specific strengths and needs. Our aquatics staff can help even the most hesitant child enjoy the water!

Single 30-minute lesson

Price: \$60, Member Price: \$45

Four 30-minute lessons

Price: \$240, Member Price: \$180

PLEASE NOTE: An intake form is required. To begin the intake process, please contact Jade Evans, Aquatics Director, at jevans@jccnj.org or x259.

Lessons must be paid for by the first day of class. Private lessons must be completed over a **6-week period**. In the event of cancellation, please notify the instructor or Aquatics Director at least **4 hours prior to the start of the lesson**. **If 4 hours notice is not given, you will be charged the cost of that lesson. No credit given for uncompleted lessons.**



[Click For More Information](#)



Buddy Baseball



<https://www.buddyball.net/>
[Check it out](#)



Buddy Ball

Special Needs Athletic League

PROGRESSIVE DIRECTIONS, INC.

What Is Buddy Ball?

Buddy Ball is a year-round, non-profit, special needs athletic league. We strive to provide non-competitive sports and special events to individuals who have physical, intellectual and/or developmental disabilities to give them an opportunity to play sports, regardless of their disabilities. There is a long list of sports that are part of the Buddy Ball program including bowling, street hockey, basketball, bowling, soccer, baseball and flag football. The nature of these activities teaches teamwork, promotes self-esteem, turn-taking, physical fitness, and social skills. The league also strengthens support networks for our athletes and their families.

The program serves adults and children ages 3 and up in Montgomery County and surrounding areas. There's no charge for participating in any of the sports or activities.

Featured sports are Basketball, Baseball, Bowling, Street Hockey and Swimming. Additional special events are the Buddy Ball Prom, Easter Egg Hunt, and a Christmas Parade.



We want to hear from Individuals with I/DD and their family members!



Participate in a Focus Group to share your perspectives on:

The ways in which people with I/DD from underserved communities and their families access information about services and supports.

Your feedback will help to inform the New Jersey Council on Developmental Disabilities about the ways in which information about supports and services can be most effectively shared in underserved communities.

To register, fill out the
[Pre-participation survey here](#)

Stipends will be provided to those who are selected to participate in the focus groups.





Infant Research Study at Rutgers

Institute for the Study of Child Development Where Science and Baby Minds Meet

The Institute for the Study of Child Development at the Rutgers Robert Wood Johnson Medical School invites you and your infant (4 – 24 months of age) to participate in a free research study on how infants learn about their world through vision and hearing and interaction, and how this might identify at-risk infants.

You together with your baby will watch a few short videos of moving objects and talking faces, and also spend some time interacting with each other face-to-face.

We make appointments to fit your schedule
Appointments last approximately 45 minutes
Please contact Stacey at (732) 235-7700 Or
napolisl@rwjms.rutgers.edu



Nurtured Heart Approach

Nutriendo el Corazón

Nurtured Heart Approach Nutriendo el Corazón

September 5 from 6:30 to 7:30pm

This bilingual group is a space for parents and guardians to connect and address their concerns, questions, and feelings about raising a child with special needs, such as, behavioral, emotional, and mental health challenges.

Este bilingüe grupo de apoyo es con la finalidad de proveer un espacio donde los padres se puedan conectar y puedan abordar sus preocupaciones, preguntas y sentimientos que sentimos cuando estamos criando un hijo(a) con necesidades especiales. Especialmente, desafíos conductuales, emocionales y de salud mental.

FSOEC works closely with community partners to identify and link individuals and their families to appropriate community resources. We provide a supportive environment where parents help parents learn new strategies to effect positive change in their families and create long lasting relationships.

FSOEC trabaja en estrecha colaboración con personas de nuestra comunidad para identificar y vincular a los padres ese led y sus familias con los recursos apropiados en sus comunidades. Durante este grupo de apoyo, usted encontrara un ambiente de apoyo, donde los padres ayudan a los padres y juntos aprenden nuevas estrategias para lograr un cambio ese le en sus familias y crear relaciones duraderas.

Join Us Every Month on the First Tuesday!

¡Únase a nosotros cada ese / primer martes!

Meeting ID: 859 6566 0230 Passcode: 895694

[Nurtured Heart Approach Nutriendo el Corazon](#)





Bayville Elks Fun Event

FREE

**BAYVILLE ELKS LODGE 2394
SPECIAL CHILDREN'S COMMITTEE
PRESENTS**

SPECIAL NEEDS

*Cornhole
open play*

**OPEN TO
ALL**

**SO
FUN**

**SATURDAYS BEGINNING
SEPTEMBER 9TH, 2023
10:30AM**

**A FUN OPPORTUNITY FOR THOSE IN THE
SPECIAL NEEDS COMMUNITY TO COME
OUT, HAVE FUN, AND MAKE FRIENDS**

**247 US HIGHWAY 9,
BAYVILLE, NJ 08721**

NO NEED TO REGISTER
JUST SHOW UP , CHECK OUR FACEBOOK
PAGE FOR ANY SCHEDULE CHANGES

ACTIVITIES:
CORNHOLE (FREE PLAY)
MUSIC
FOOD WILL BE SERVED AFTER
HOT DOGS/HAMBURGERS ETC
(FREE)



Autism Beach Bash

The Annual Autism Beach Bash remains the largest gathering in NJ of individuals with autism and their families. Families also attended from surrounding states such as New York, Pennsylvania, Maryland and Virginia.

2023 Autism Beach Bash

SAVE THE DATE: September 10, 2023



Autism Beach BASH



Let's Talk: Parent Support Group



Let's Talk: Parent Support Group

September 12 from 6:30 to 7:30pm

This support group is for parents and caregivers of children with special needs, such as behavioral, emotional, and mental health challenges. We provide a supportive environment where parents help parents learn new strategies to effect positive change in their families and create long-lasting relationships.

Join Us Every Month on the Second Tuesday!

[Let's Talk: Parent Support Group](#)

Meeting ID 896 3103 4219 Passcode: 183661





All About the Spectrum

All About the Spectrum

September 21 from 6:30 to 8:00pm

This support group is for parents and caregivers of children 2 to 8 years old who are on the autism spectrum. We offer workshops, recreational activities, emotional support, and guest speakers. As parents, we understand raising a child with autism has challenges. So, this group is an inclusive, safe space for parents to connect with other parents that are going through the same things. When you participate, you become a member of a community with shared resources. This support group occurs at FSOEC, 60 Evergreen Place, Suite 900, East Orange, NJ.

[All About the Spectrum](#)

Join Us Every Month on the Third Thursday!





Autism Speaks You're Invited!



Join us for an **Autism Friendly Inclusion - Leading the Way Series** to find out how all autistic people, regardless of their abilities, can participate in a full range of community activities.

PART 1: ADVOCATING FOR INCLUSION

Thursday, September 21, 2023

12:00 pm- 1:00 pm ET

Learn how to advocate for inclusion and pave the way for others. Find ways to locate inclusive organizations in your community. Discover free resources, tools, and support available through Autism Speaks.

[RSVP today!](#)

PART 2: FINDING INCLUSIVE PROGRAMS IN YOUR COMMUNITY

Thursday, September 28, 2023

12:00 pm- 1:00 pm ET

Hear from youth organizations, community groups, and faith communities who provide inclusive programs in your community. **[RSVP today!](#)**

Registration is required. Once registered, we will provide you with a Zoom link to attend the session(s) you have selected.

[Contact us](#) with any questions or to request an accommodation.



Join us for lots of fun at Diamond Gymnastics!



Diamond's facility is the largest of its type in the area. It has been designed to accommodate girls and boys of all ages in the sport of gymnastics and gymnastics related activities (i.e. cheerleading / tumbling). The gym features a full complement of Olympic quality equipment including:

- 40' by 40' spring floor
- 2 in-ground trampolines
- 40' long tumble track trampoline
- In-ground foam pit with 25' high cargo net and rope swing
- Girls vaulting table, uneven bars and balance beam
- Boys parallel bars, still rings and pommel horse

Designed for safety and Fun!

This POAC event is for individuals with autism and their siblings. It's free for current POAC members and \$20 per family for non members.

Date & Time	Location
09-23-23 1:00pm - 2:00pm	Diamond Gymnastics, 149 Ridgedale Ave East Hanover, NJ 07936
10-15-23 1:00pm - 2:00pm	Diamond Gymnastics, 149 Ridgedale Ave East Hanover, NJ 07936
11-18-23 1:00pm - 2:00pm	Diamond Gymnastics, 149 Ridgedale Ave East Hanover, NJ 07936
12-17-23 1:00pm - 2:00pm	Diamond Gymnastics, 149 Ridgedale Ave East Hanover, NJ 07936

[For more information and to register](#)



POAC
Autism Services



Wellness Family Festival



Wellness Family Festival

Save The Date

September 23, 2023
10:00 AM - 2:00 PM
Set-up starts at 9:00 AM

Same Format as Last Year

- Organizations
- Children's corner
- Light snacks
- Participant scavenger hunt
- Prizes
- Etc...

What's New?

We will combining our mental wellness event with the annual health fair hosted by the WM Lion's Club. They will be offering free health screenings and information.

Organized by The Highlands Family Success Center, The West Milford Health Advisory Board, and The West Milford Municipal Alliance.

This event is
free to all!

RSVP:
Dorrie Torp
Tawrp@yahoo.com
Heather Saraceni
Heathers@highlandsfsc.org

 Macopin Middle School
70 Highlander Drive
West Milford, NJ 07480
(same location as last year)



When Parents Collect Social Security: How Parents' Social Security Benefits Impact Adult Children with IDD



When Parents Collect Social Security: How Parents' Social Security Benefits Impact Adult Children with IDD

Wednesday, September 27, 2023

6:00 pm 7:00 pm

When Parents Collect Social Security: How Parents' Social Security Benefits Impact Adult Children with IDD

Many parents are thinking about collecting their Social Security retirement benefits and wondering how this will impact their adult child with and intellectual and developmental disability (IDD).

Questions and concerns often arise when parents are planning to collect their own Social Security and they have a son/daughter with disabilities who receives SSI and Medicaid.

This presentation will explain:

Changes in Social Security benefits that occur for a son/daughter with IDD when a parent retires and collects their own Social Security, or if a parent becomes disabled or passes away.

How to get Medicaid from New Jersey after the Medicaid that accompanied SSI is scheduled to end.

What happens if their child with IDD receives Social Security benefits before the age of 18, due to the retirement, disability, or death of a parent.

CONTACT INFO

Lisa Ford

lford@arcnj.org

[732.828.2022](tel:732.828.2022)

[To Register](#)



Children's Health Resource Fair

RWJ Barnabas
HEALTH

Children's
Specialized
Hospital



PRESENTED BY:
CUMBERLAND COUNTY
CHILDREN'S INTER-AGENCY
COORDINATING COUNCIL (CIACC)

Children's Health Resource Fair

Come join us for a showcase of resources for children (birth - 21)
with emotional and behavioral needs, with intellectual or
developmental disabilities, and/or with substance use issues in
Cumberland County.

SEPTEMBER 27, 2023

3 PM - 6 PM

ROWAN COLLEGE OF SOUTH JERSEY

CUMBERLAND CAMPUS - GYMNASIUM

3322 COLLEGE DRIVE, VINELAND NJ 08360

FAMILIES, SCHOOL PERSONNEL, DCP&P, AND
SOCIAL WORKERS ENCOURAGED TO ATTEND!

FOR MORE INFORMATION, CONTACT:
BETH THOMAS (856) 327-7602 x 7133

Better Together Dads Support Group



Better Together Dads Support Group

September 28 from 6:30 to 8:00pm

Fathers play a large role in their children's development. Our goal is to educate, equip and empower parents to become effective advocates for their children and to develop the parenting, coping and resilience skills needed to have a happy, healthy, and successful family. This Support Group for Dads is a safe place for connection with other passionate dads, to learn innovative approaches to parenting; while building on their strengths; and supporting them, as necessary.

Join Us Every Month on the Fourth Thursday!

[Better Together Dads Support Group](#)
Meeting ID 839 1723 9351



2023 Camden Resource Fair



- **2023 Annual Camden County Mental Health Resource Fair**
- **SAVE THE DATE: Thursday, September 28th 2023**
11-3pm at the Voorhees Town Center
- Calling all local agencies and resources! No Cost marketing opportunity to showcase who you are and what services you offer the Camden County Community. Vendors must register - Registration is open! Bring your own table and marketing materials.

[Click this link to get details on the event](#)



2023 BUDS Buddy Walk



2023 BUDS Buddy Walk

Sunday, October 1, 2023

10am-1pm

Washington Lake Park, NJ

Online registration is available up to and including the day of the walk. Enjoy a day of fun with friends and family! Carnival games, rides, inflatables and characters return this year.

[Buddy Walk Registration](#)

Bringing Up Down Syndrome

504 Centennial Blvd. #1444

Voorhees, NJ 08043

phone: 856-985-5885

information@bringingupdownsyndrome.org



Navegando el Viaje

Navigating the Journey

Evento por internet: Orientación en el camino

Diálogo de los padres. Vamos a tener una charla con otros padres

Martes 3 de Octubre de 2023, de 6:30 p.m. a 8:00 p.m., hora de verano del este

Hablemos: Charla de empoderamiento para cuidadores y defensores de personas con necesidades especiales de atención de la salud

Este evento será presentado por medio de Zoom. Usted recibirá un recordatorio y los detalles necesarios para conectarse al encuentro virtual en un correo electrónico 2 días antes de que la sesión comience. Gracias.

¿Preguntas? Comuníquese con Sandra llamando al 908-301-5944 o enviando un correo electrónico a sjohnson@childrens-specialized.org

[Register Now](#)



Papermill Playhouse Autism-Friendly Theater

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



Autism-Friendly performances are theater experiences in which the environment and typical “rules of attendance” have been relaxed to accommodate individuals with Autism and other developmental disabilities and the families and professional who support them. Learn more about our Autism-friendly accommodations below.

Autism-Friendly performances are designed and intended for families with children who have Autism or other developmental disabilities. This program is designed and planned in cooperation with Paper Mill Autism Advisory Team. At these performances the theater environment will be altered, providing a comfortable and judgment-free space that is welcoming for these families.

Autism-Friendly Mainstage Productions



Frosty

Wednesday December 13, 2023 at 10:00 AM



Fiddler on the Roof

Saturday January 6, 2024 at 1:30 PM



Seussical

Sunday June 16, 2024 at 10:00 AM

[For more information](#)

PAPER MILL PLAYHOUSE
RECIPIENT OF THE 2016 REGIONAL THEATRE TONY AWARD®





Upcoming Events

SPAN offers a variety of learning opportunities for families and the professionals who work with them. Check out our [Event Calendar here](#) for details and registration links

Upcoming Events include:

- [Education and Health Care Rights in the Juvenile Justice System](#)
- [Empowering Women Resilience Information Session](#)
- [Starting and Running an Effective SEPAG](#)
- [Virtual Town Hall - COVID-19 Vaccine Information for Families](#)
- [Reunión Comunitaria Virtual Vacunas COVID-19](#)
- [Basic Rights in Special Education](#)

[More events](#)



Teleplay Provides Live, Interactive Play for Children Affected by Rare Diseases



Project Sunshine's Rare Teleplay is a monthly virtual opportunity for children who have any rare disease and their siblings to enjoy Zoom activities and games. There is no talking about their condition or their sibling's condition. It's just about having fun and meeting other people who are living a life that's a little like theirs.



[Check out the Telehealth Game Library here](#)

Volunteers from California Polytechnic University entertain children from ages 5 to 18 for an hour each month. Parents don't need to be there but they can be if they want to be. This is all about the kids. It is free and it is fun.

Rare Teleplay meets via Zoom on the third Friday of each month at 7:30 PM Eastern

[Download the Rare Teleplay event here from our website to join next month!](#)



CHUCK E. CHEESE Sensitive Sundays

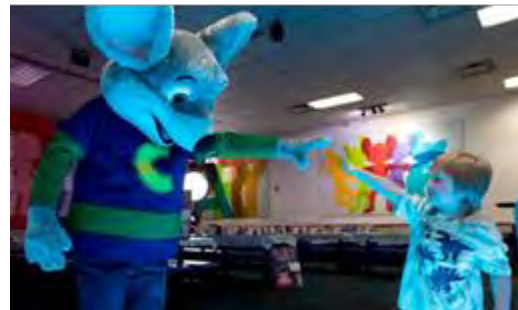
RWJBarnabas
HEALTH

Children's
Specialized
Hospital



[Kids Corner](#)

Chuck E. Cheese offers Sensory Sensitive Sundays. Participating locations open two hours early on the first Sunday of the month to provide a quieter environment with dimmed lighting and knowledgeable staff to make the experience more comfortable and enjoyable for kids with sensory needs.



[Learn More Here](#)



Have YOU Registered Yet?



3RD ANNUAL NJ YOUTH TRANSITION CONFERENCE

Topics:

What you need to know
regarding *all things* transition.

This conference was created
for youth 14-21+ who
experience I/DD, their families,
and the professionals who
serve them.

October 16th-21st, 2023

**100%
ONLINE** countless
workshops
and resources

Register now!

www.njyouthtransition.life

KEYNOTE SPEAKERS

**MONDAY, OCTOBER 16TH, 2023
9 AM - 10 AM**



Paul Aronsohn

New Jersey's Statewide
Ombudsman For Individuals
With Intellectual or
Developmental Disabilities
and Their Families

**TUESDAY, OCTOBER 17TH, 2023
9 AM - 10 AM**



LeDerick Horne

Co-Founder of Black I/DD
Consortium and author, poet,
advocate for people with
disabilities

**WEDNESDAY, OCTOBER 18TH, 2023
9 AM - 10 AM**



Mollie Greene

Assistant Commissioner for
the Children's System of Care
(CSCC) in the Department of
Children and Families (DCF)

**WEDNESDAY, OCTOBER 18TH, 2023
9 AM - 10 AM**



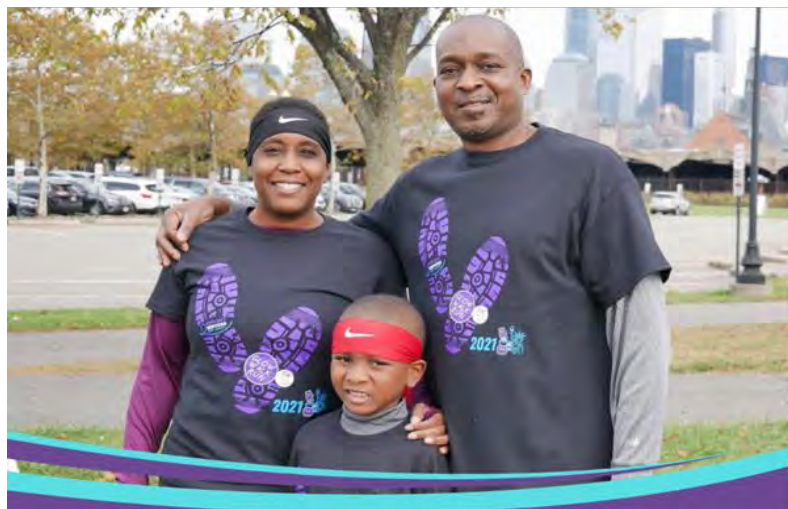
Jonathan Seifried

Assistant Commissioner of
the Division of Developmental
Disabilities (DDD)

[Register Here](http://www.njyouthtransition.life)



Ready Set Walk!



JOHNSON PARK | OCTOBER 22
PISCATAWAY, NEW JERSEY

Epilepsy Services of New Jersey (ESNJ) is excited to announce our 10th Annual Walk For The One at Johnson Park in Piscataway, NJ on October 22, 2023.

Epilepsy Services In New Jersey's Walk for the One is your chance to show New Jersey that together, we support those living with epilepsy. If you're living with epilepsy or you love someone living with epilepsy, you'll likely do just about anything to make life easier.

Now you can be a part of this significant epilepsy event in New Jersey. Your participation will enable more programs, and more advocacy, in support of the thousands of New Jersey residents living with epilepsy. By joining the ESNJ Walk for the One, you'll be part of the positive impact we will make for the epilepsy community now, and for years to come.

Not to worry we will still be having our annual costume contest!!!!
Would not be an ESNJ walk without it !

Click the link below to register and start forming your teams!

[Walk for the One Registration](#)



18+ Adults with TS Meet Up



Are you Registered for the Annual Self Direction Conference?

This year's lineup of presentations includes, but isn't limited to:

- Home Designs and Modifications
- Agency With Choice Best Practices
- Systems of Support
- Assistive Technology for Complex Needs
- Supports Brokerage Lessons
- Supporting Families

Mark your calendars to
save the dates today!
November 2nd - 4th, 2023

Values
into action



[Pre-Register for SDC](#)



Weekly Zoom Series Activities



WEEKLY ZOOM SERIES Wednesdays & Fridays

The New Jersey Self-Advocacy Project team is excited to introduce our new interactive series of Zoom events! These are live, interactive events to promote good health.

We will be holding events on Zoom every Wednesday at 11AM and Friday at 1PM on a variety of topics relating to healthy living, and some events will feature guest speakers who will lend their expertise.

Live viewers will be able to share comments, ask questions, and participate in real time. Please share your video and follow along to make this a true interactive experience!

These events are intended for adults with intellectual and developmental disabilities. The NJ Self-Advocacy Project reserves the right to take and use photographs, video, and electronic images of attendees at its agency-sponsored events for promotional and educational purposes. *By registering, you consent to having your photo taken for promotional purposes.*

[Each Zoom event will be a unique, online experience you don't to miss out on, so register now!](#)



NJ Dept. of Education: Providing Additional Services to Students with Disabilities Beyond Age 21



NJ Department of Education: Providing Additional Services to Students with Disabilities Beyond Age 21

The New Jersey Department of Education provided guidance to school districts, students, and parents/guardians of students with disabilities regarding the implementation of P.L.2021, c.109, which allows schools to provide additional or compensatory special education and related services to eligible students with disabilities beyond the age of 21.

The guidance includes information for school districts/LEAs about:

- The role of the IEP team in determining the need for additional services
- Sharing information with families about this legislation
- Dispute resolution

Reimbursements to school districts for providing additional services beyond age 21

[Review the Guidance here](#)

[View additional Guidance regarding extending the period of time to file a due process hearing request](#)

[Contact the SPAN Warmline](#)

via email for assistance related to these guidance documents or call 800-654-SPAN (7726)





The Seizure ID Program

Epilepsy Alliance America will be providing more than 2,000 Seizure ID products to people with epilepsy who need them through this one-of-a-kind campaign in the epilepsy community.

The Seizure ID Program is made possible through a partnership with Greenwich Biosciences, now part of Jazz Pharmaceuticals

[Click here to learn more!](#)



Learn about our Group Programs!

Say & Play (Ages 1 to 6+ years)

SPOT On (Ages 7 to 12 years)

Teen Series (Ages 13+ years)

IT Works: Prevocational and Independent Living Skills Training Program



Services are provided at:
Intensive Therapeutics, Inc.
31 Fairfield Avenue
West Caldwell, NJ 07006



Financial Aid for Students with Intellectual Disability

Resources

Financial Aid for Students with Intellectual Disability*

There are college programs for students with intellectual disabilities that are not giving out a standard college degree. These are called Comprehensive Transition and Postsecondary programs, or CTP programs. This Issue Brief is part of the 'Plain Language Series' from [ThinkCollege.](#)

It includes:

- Definition of federal financial aid
- Types of federal financial aid
- How to get financial aid

[Plain Language Series: Federal Financial Aid \(Link\)](#)

[New Jersey Inclusive Higher Education Collaborative \(Link\)](#)



Mane Stream : Unbridled Possibilities for Children and Adults with Special Needs



OUR MISSION

is to improve the quality of life for individuals with physical, developmental, emotional, and medical challenges through a diverse program of equine assisted activities, therapy services, and educational initiatives.

Programs

- [WHAT WE OFFER](#)
- [THERAPY SERVICES](#)
- [ADAPTIVE RIDING](#)
- [OPERATION: TAKE THE REINS](#)
- [HORSES FOR HEALING](#)
- [SUMMER CAMP](#)
- [FIELD TRIPS](#)

[Click here for more information](#)



MANE STREAM
unbridled possibilities
For Children and Adults
with Special Needs





Special Strides Horse Therapy

Our Mission

Special Strides is a non-profit organization devoted to improving the lives of individuals with special needs. With a unique combination of therapy, horses, and the natural environment, individuals achieve goals appropriate for therapy, recreation, and education. Special Strides provides all individuals an opportunity to “Improve their lives... one stride at a time” regardless of financial status.

Our Vision

Harvesting Hope...Breaking Boundaries...Realizing Potential

Our Values

Respect...Learning...Inclusion...Empathy...Possibility...Positivity...Teamwork

The values of diversity, inclusion, and equity are central to our mission.

<http://specialstrides.com/>



Social Club for Jersey City Students



Mayor Steven M. Fulop and
The Jersey City Department of Recreation & Youth Development

Come join the FUN with our **Special Needs Program**

THE SOCIAL CLUB

Every Tuesday • 5:30pm-7pm

The Social Club is a social skills & therapeutic recreation program once a week having fun with friends. Enjoy various trips, music, games, cooking, themed activities, physical activities, holiday parties and other special guests.

Maureen Collier Senior Center
335 Bergen Avenue
Jersey City, NJ 07304

**Open to ALL
ages 5 to 24**

Parent/guardian must be present at all times.
An adaptive recreation program for those with a
developmental disability.

REGISTER ONLINE: JCREC.RECDESK.COM



#HealthierJC

201-547-5760
email rmagee@jcnj.org

NOT A SCHOOL DISTRICT SPONSORED PROGRAM

Virtual Programs DSACNJ.ORG



WEDNESDAY PROGRAMS

Academics (3) 4:15-4:45 pm

Volunteer Instructor: Taylor

Areas of focus: weather, geography, grammar and punctuation, fractions, decimals, percentages
(Virtual)

Arts & Crafts + Guided Drawing 5:00- 5:30pm

Volunteer Instructor: Taylor
(Virtual)

Academics 4/Life Skills 5:45-6:15

Volunteer Instructor: Abby

Areas of focus: time management, creating schedules, money management, value of money, leaving a tip at a restaurant, other life skills for teenagers/adults
(Virtual)

REGISTER @ DSACNJ.ORG/EVENTS



Education and Health Care Rights in the Child Protection System



Learn about parent rights related to education and health care in Child Protection Services System

About this event

Is a child with a disability who you care about involved in the Child Protection system?

Are you concerned about educational rights for a child with a disability who is engaged in the Child Protection System?

Join a WORKSHOP to learn about the Child Protection System, parent rights related to special education and health care resources!

After the workshop, families will be invited to schedule an individual 30 minute appointment to review their child's IEP and/or health-related issues or concerns.

Presented by: Monique Dujue Wilson

More Information: Contact for more information

jbrinkley@spanadvocacy.org

Multiple Dates Available

[Click for Dates to Register](#)



Join Club Dreams Virtual Yoga



DSACNJ
CLUB DREAMS



Club DREAMS

THURSDAY PROGRAMS

Please join
us for

Virtual Yoga
4:45pm-5:15pm



Register at dsacnj.org/events

[TO REGISTER](#)

Breaking down barriers for people with Down syndrome



Support Group for Caregivers

Support Group

For parents and caregivers of children with Special Needs

Join us virtually every other Thursday
from 6PM to 7PM.

Supporting You on Your Parenting Journey

FACT and CAU are hosting
a biweekly parent support group to help you feel supported
and lifted as a parent. This effort is supported by
Union County Children's Interagency Coordinating Council
(CIACC)

Scan the QR Code to register for the meeting



or click this link to register directly:
<https://bit.ly/33Kf8g3>

For more information contact:
Felicia Frazier

Director of Community Engagement & Resource Development
Families & Communities Together
Feliciaf@factnj.org

or

Walter Kalman
Associate Executive Director
Community Access Unlimited
wkalman@caunj.org

"Ask for help not because you're weak, but because you want to remain strong."
- Les Brown



Union
ResourceNet
Resources for Children and Families in Union County, NJ

UNION COUNTY INTERAGENCY COORDINATING COUNCIL



FACT
FAMILIES & COMMUNITIES TOGETHER

FAMILY SUPPORT GROUP



Find your community of support

Join CAU and FACT for our support group for parents and adult siblings of children and adults with disabilities! Look for our email reminders to learn whether we are having a presentation that week.

Meetings with presentations will include information about services, DDD, important timelines and more. You will have the opportunity to ask questions and gain knowledge to assist you in advocating for your child's needs.

Discussion-based meetings will focus on your needs as a parent/caregiver, including topics of health and wellness, mental well-being, coping skills and more.

You may choose to attend our discussion-based meetings, meetings with presentations, or both! Talk and connect with families who share similar experiences. Join us to share ideas and opportunities, find peer support and get answers to questions about services.

THURSDAY BIWEEKLY MEETINGS

6:00 PM

ZOOM

Community Access Unlimited | caunj.org

Our next meeting is Thursday at 6 pm. Join and connect with us!

[Register for Family Support Group](#)

[Visit our website to learn more about CAU services](#)

Community Access Unlimited | 80 West Grand St., Elizabeth, NJ 07202



Traumatic Brain Injury Board Members

Traumatic Brain Injury Survivor Board at the New Jersey Division of Disability Services

We are looking for a survivor of traumatic brain injury between the ages of 17 and 21 to serve as a member on the newly established survivor board. Please refer to the role and expectations outlined below to see if you or someone you know would be a good fit.

Role and expectations:

- Serve as a member on the NJ TBI Survivor Board and, along with the TBI Advisory Council, advise the NJ TBI Fund on pertinent issues and concerns.
- Contribute to discussions and activities in subcommittees based on experience and expertise. Subcommittees include:
 - Data Analysis and Evaluation
 - Consumer and Family Needs
 - Racial Equity
 - Resource Infrastructure and Service Providers Capacity.
- Assist in development of advocacy and prevention material and programs for TBI survivors in New Jersey.
- Convey the priorities and recommendations of the TBI Advisory Board to other relevant state or private boards, commissions, committees, or workgroups on which members participate.
- Update the TBI Advisory Board on the work of other relevant boards, commissions, workgroups, and committees.
- Contribute to discussions and implemented plans to coordinate services for individuals with traumatic brain injury.
- **If interested, please contact Sakina Ladha at: sakina.ladha@dhs.nj.gov**



Two federal programs for low income individuals: Lifeline and Affordable Connectivity



The Lifeline program and the Affordable Connectivity Program help make phone and internet service more affordable for low-income individuals. Eligible individuals also qualify for a free smartphone through the Lifeline program. If you participate in certain assistance programs like Medicaid, NJ SNAP or SSI, you automatically qualify for both federal programs. For additional information, please see this link:

<https://nj.gov/humanservices/home/digitalaccessforall.shtml>



Looking for safe, at-home activities to keep you and your family busy?

Our virtual program library is a free hub of on-demand activities that can be done from home by people with disabilities, their families, and service providers.

The library is expanding all the time and has activities in a wide variety of areas, such as arts, life skills, health and wellness, virtual clubs, and more.

Browse listings to find activities like:

- Participating in dance, yoga, and other movement activities
- Learning about internet safety
- Virtually touring places like Disney World and museums
- Making your own Jeopardy templates

Finding self-advocacy support

[Browse Programs](#)



Kessler Foundation Performing a Walking Study to Train the Hip and Knee



Eligibility

Children and young adults who may be eligible for the study:

- are between 7 to 21 years old
- are diagnosed with brain injury including but not limited to Cerebral Palsy, Stroke, Traumatic Brain Injury (TBI)
- have a walking pattern where the knee is straight when the foot is off the ground
- are able to walk on a treadmill without assistive devices

Study Requirements

Children and young adults in the study will:

- wear lightweight sensors on the waist, leg and shoe to measure movement
- walk on a treadmill while watching a display that shows the walking pattern
- try to change the walking pattern to score points

This study has two 1-hour (60 minute) treadmill walking appointments at either of the below locations:

Kessler Foundation

1199 Pleasant Valley Way
West Orange, NJ 07052

Children's Specialized Hospital

150 New Providence Road
Mountainside, NJ 07092

Participants who complete this study will receive \$50 for their time.

For more information, please contact:

Xuan Liu, Ph.D.
Principal Investigator
Kessler Foundation
973-324-3561, xliu@kesslerfoundation.org



KIDZ KORNER AFTER SCHOOL PROGRAM



KIDZ KORNER

KIDZ KORNER IS AN AFTER SCHOOL PROGRAM DESIGNED TO PROVIDE CHILDREN WITH AUTISM & OTHER DEVELOPMENTAL DISABILITIES WITH RECREATIONAL, SOCIALIZATION AND LEISURE OPPORTUNITIES IN LINE WITH THEIR DAILY ROUTINES AND AREAS OF INTEREST.

Hours and Ages depend on each location
Ratio: 4:1

Existing Locations:
Toms River Intermediate East (Toms River)
Toms River High School East (Toms River)
Clara B Worth Elementary (Bayville)
Frog Pond Elementary (Little Egg Harbor)
Joseph T. Donahue Elementary (Barnegat)
Pinelands Regional High School (Little Egg Harbor)

For more information and to sign-up,
please contact Mike Davidson, Kidz Korner Supervisor
at:
E: mdavidson@familyresourcenetwork.org
P: 609-331-1938

WWW.FAMILYRESOURCENETWORK.ORG

- KIDZ KORNER AFTER SCHOOL PROGRAM
- For more information:
- WWW.FAMILYRESOURCENETWORK.ORG
- MDAVIDSON@FAMILYRESOURCENETWORK.ORG
- or call 609-331-1938



Gas Voucher Transportation Assistance

Medicaid Program (Non-Emergency Transportation: N.E.T.): N.E.T. is a free program that offers gas money or transportation to Medicaid recipients. It pays for the expenses of taking a child to Medicaid covered doctor visits. This program provides reimbursement for travel to any non-emergent appointments, basically anything but an ambulance visit to the emergency room. Contact the Medicaid office (**number on the back of your Medicaid card**) to find out if you qualify. This is a reimbursement program. That means you must attend your appointments first, before you are paid. After you have applied for the services and are approved, you will receive a debit card in the mail. The funds will be electronically deposited to your card. You should plan on paying for your own transportation for up to three months. After that, you will have money on your debit card. Steps to take for the program:

- Call the phone number on the back of your Medicaid Card
- Select the appropriate option to connect
- Tell the service representative that you want to apply for the N.E.T. program
- Have available: your Medicaid card, your doctor's name, the date of your next appointment, and the doctor's telephone number

Other Resources:

-Salvation Army- Free gas vouchers, free gas cards for low income individuals and more general transportation help are offered at most Salvation Army locations. However, only a small number of individuals who apply for these resources will be accepted. Funding is extremely limited, and varies based on the cost of gasoline. The most common reasons for releasing funds are for help reaching school, doctor's appointment, job training, or an interview. Contact the Salvation Army or go into a local location to apply.

-Saint Vincent de Paul- Society of St. Vincent de Paul is one of the largest charity organizations. Contact the nearest Catholic Church in your town or county and inquire if they have a Society of St. Vincent de Paul Conference near you, people of all backgrounds and religions can get help. As funding and resources allow, if someone needs a bus token or free gasoline to get to a job interview or appointment, then St. Vincent may be able to provide this. Funding is very limited so only certain centers or churches will be able to offer gas.

-Local charities and religious organizations may provide financial assistance for gas or transportation.



On Track Resources



On Track Resources

We provide child study team services (case management, full child study team evaluations) to the Lakewood, NJ non public school system. We services 70+ schools through our contract with the Lakewood BOE.

Our Mission

To provide each child with a comprehensive evaluation in order to determine the best approach catered to each specific child.

[CLICK FOR MORE INFORMATION](#)



Understanding HIPPA

Understanding HIPPA: What Parents Need to Know About Privacy and Their Adult Child's Health Information

As your child grows into adulthood, both your rights and the rights of your child under HIPAA change.

[This document](#) answers frequently asked questions (FAQs) about when parents can access their adult child's protected health information.

Readers are encouraged to view this resource on-line as it includes links to additional detailed information.

Funded by Substance Abuse and Mental Health Services Administration



Department of Human Services - Education & Training College Accessibility Series



Colleges and universities offer a wide range of services to ensure support to students with disabilities while providing certain basic disability access. However, the responsibility ultimately falls on the student to request the disability-related accommodations required. See the informative guides below developed by BestColleges.com to assist you in planning your post-secondary education.

[Overview of College Resources for Students with Disabilities](#)

[Financial Aid & Scholarships for Students with Disabilities](#)

[How to Access College Disability Services and Accommodations](#)

Please direct any questions regarding specific training/educational programs to the hosting agency.

College Guides for Students with Disabilities

[Physical Disabilities](#)

[Learning Disabilities](#)

[Visual Impairments](#)

[Deaf and Hard of Hearing](#)

[Psychiatric Disabilities](#)

Department of Human Services Education & Training Page

<https://www.state.nj.us/humanservices/dds/hottopics/education/>



Art Therapy Group for Neuro divergent Young

Supportive & kind community
Coping skills, relaxation, enjoyable activity
Social support & peer connection
Skill building
Creative problem solving
Self-expression & self compassion
Wellness, positivity & quality of life enhancement

Embodied Art Therapy & Yoga, LLC
Cathy Rosa, MS, ATR-BC, RYT-200 Clinton NJ (732) 439-3385
WWW.ArtTherapyAndYoga.Com



Nourish Your Mind With Our Brand New Mid-Day Webinar Series

The Family Resource Network is inviting you to nourish your mind with the Brunch for the Brain webinar series!

Focusing on mental health for the person with the disability and/or their caregiver.

The year-long webinar series take place on the third Wednesday of every month at 12 PM (EST).

All webinars are being offered free of charge.

[Click for more information](#)



FACEBOOK SUPPORT GROUPS

Facebook Support Groups



Facebook groups bring together individuals who share a common interest. When you join a group that's made up of people who share the same need, you'll have multiple opportunities to receive and offer support to individuals with IDD and their families.

[CLICK HERE FOR A LISTING OF FACEBOOK GROUPS](#)



The Arc of New Jersey Family Institute



From the Community Health Law Project

NJ Human Services Announces Partnership with Community Health Law Project to Increase Access to Legal Services for Deaf and Hard of Hearing Individuals with Lower Incomes

Human Services Acting Commissioner Sarah Adelman announced on July 26th that the Department has partnered with the Community Health Law Project to increase access to legal services for deaf and hard of hearing individuals with lower incomes.

The partnership is a collaboration between Human Services' Division of the Deaf and Hard of Hearing ([DDHH](#)) and Division of Mental Health and Addiction Services ([DMHAS](#)).

Through the partnership, eligible deaf and hard of hearing individuals can receive legal assistance and supports with matters related to their public assistance, health insurance, social security benefits, landlord-tenant disputes, foreclosure defense, family law issues, consumer protection and debt collection and more. In addition, CHLP is able to meet communication access needs including ASL interpreting and captioning.

[More Info](#)



Planning For Adult Life – Guardianship Matters

Why Guardianship Matters to You

In New Jersey, the age of majority is 18. This means that by this time an individual is presumed capable of making decisions as well as taking legal responsibility for those decisions. This law does not change if a child has a developmental disability. Parents do not automatically remain their child's natural guardian. For some adults who are incapable of making decisions, guardianship may be an avenue for parents, family members, or caregiver to ensure/determine their best interest. Obtaining guardianship is an extensive process and should not be taken lightly. Guardianship entails making decisions about where a person lives, what care and supervision is required, how to interact with the medical community and if the person is deemed incapable of making decisions, they will lose rights to vote, to drive, and to marry. Only a judge can decide a person's abilities and incapacitates and considers the person's needs before appointing a guardian. An assessment is done on the individual to measure their capacity for self-determination or skills in making decisions for themselves.



There are varying degrees of guardianship:

Full Guardianship

States that the individual cannot make decision on their own behalf. This allows for the Guardian to make all legal, financial, personal, and medical decisions for the individual.

Limited Guardianship

States that the individual may need some help in certain areas. This allows for the Guardian to help only in the areas determined by the court.

Conservator

States that the individual is not incapable of making decisions however, requires assistance in financial responsibilities. If an individual is capable of understanding what they are signing, there are options of assistance that does not require a judge.

Surrogate a substitute or person to carry out a certain duty or role instead of the individual.

Representative Payee

Allows for an individual or organization to be appointed to manage the Social Security and SSI for someone who cannot manage his or her money. A payee must use the benefits to pay for the current and foreseeable needs of the beneficiary and properly save any benefits not needed to meet current needs. Helpful Link: www.ssa.gov/pubs/EN-05-10076.pdf

Dual Power of Attorney

Allows for an individual to choose a surrogate to make financial and legal decisions as well as access the persons records.

Medical Power of Attorney

Allows for an individual to choose a surrogate to make medical decisions and to access records.

Advanced Directive/ Living Will

This allows for the individual to choose a surrogate to make decisions on what medical/mental health treatments a person would accept or refuse if or when unable to communicate their choice.

Helpful Links:

www.Ganji.org

www.PlanNJ.org



SPAN's Virtual Learning Opportunities and

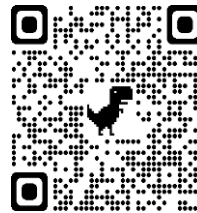


Browse our newly updated resource collections for articles, briefs, fact sheets, checklists, short videos, webinars, and training materials.



[Inclusion Resource Collection](#)

Here you will find resources on the benefits of inclusion for students with and without disabilities, inclusion in education, strategies and tips for families, and inclusion webinars.



[Literacy Resource Collection](#)

Here you will find materials on supporting literacy achievement in the classroom, activities to promote literacy at home and in your school/district, as well as literacy webinars.



[NJTSS Resource Collection](#)

Here you will find basic information on multi-tiered systems of support, NJTSS framework and its components, practical strategies and tips for families and parents, as well as NJTSS webinars.



SELF-DIRECTED SERVICES IN NJ AND THE ROLE OF THE SUPPORTS BROKER



We are proud to share that The Collaborative for Citizen Directed Supports assisted in developing this new resource from The Boggs's Center on Developmental Disabilities for Self-Directed Services and Supports Brokerage!

Understanding Self-Directed Services in New Jersey and the Role of the Supports Broker serves as a guide for people with disabilities, families, Support Coordinators, and Supports Brokerage providers interested in learning more about Self-Direction in New Jersey and the role of the Supports Broker in supported self-direction. Available in English and Spanish.

[Access New Resource](#)



Curious About VIANJ?



values into action

Supporting People with Disabilities and Their Families Since 2007

Curious About VIANJ?

Learn all about us by scanning our new QR code with your smart phone!



Autistic Volunteers are needed for a research Study



**Do you want help
managing depression?**

**Autistic volunteers are
needed for a research study!**

Researchers at Rutgers University are recruiting autistic adults for a research study to evaluate the efficacy of a 12-week mental health treatment designed to help with symptoms of depression

You may be eligible if you...

- Are at least 18 years of age
- Have a previous diagnosis of autism spectrum disorder
- Can understand English
- Have someone who will participate with you (e.g., parent, sibling, friend)

If you are eligible, you will be asked to complete:

- 12 therapy sessions (option online or in-person)
- Questionnaires and 4 assessment visits

If you participate, you will be compensated: Up to \$150 for completion of assessment visits



*If you are interested, please complete
the screening form at:*

redcap.link/depressiontreatment

If you have questions, email us at:
LifeSPANLab@gsapp.rutgers.edu

Date: 06/30/2021
Version: 1.0

Clinical Investigator: Vanessa Bal, PhD
604 Allison Road, Piscataway, NJ 08854

Title of Study: Adaptation of a Behavioral Activation
Treatment to Treat Depression in Autistic Adults

[Click to complete the screening form](https://redcap.link/depressiontreatment)



Your child may qualify for a research study on behavioral therapies for children with Autism



IRB NUMBER: 2014-3795
IRB APPROVAL DATE: 05/27/2020

Is your child diagnosed with an Autism Spectrum Disorder?



Is your child between the ages of 6 and 9.5 years old?

Your child may qualify for a research study on behavioral therapies for children with Autism!

- Eligible participants receive **Autism diagnostic testing** and assessments of **functional skills and sensory behaviors**
- Participants may be randomly selected to receive **30 one-hour sessions** of Sensory Integration therapy or Applied Behavior Analysis. The **goal of both therapies** is to see **improvements in a child's functional skills** and a **reduction of maladaptive behaviors**.
 - ◊ **Sensory Integration Therapy (SIT)** works to improve sensory-motor factors that affect a child's functional skills. Children do sensory-motor play-based activities and apply skills to functional tasks.
 - ◊ **Applied Behavior Analysis (ABA)** works to identify skills that impact a child's every day functioning. The interventionist breaks down each skill into teachable steps, to facilitate learning.
- Participants will be **compensated \$250** throughout the course of the study and will receive a summary **report** of evaluations and a list of **referred practitioners** of ABA and SIT

Follow the QR code to view
study website and access
our secure online screener



Contact for information:

Lauren Laffoon
732-240-8621

LLaffoon@childrens-specialized.org

Location:

Children's Specialized Hospital
94 Stevens Road
Toms River, New Jersey 08755

This study is funded by the National Institute of Child Health and Human Development



Updated Guide to Selecting a Support Coordination



From The Boggs Center on Developmental Disabilities

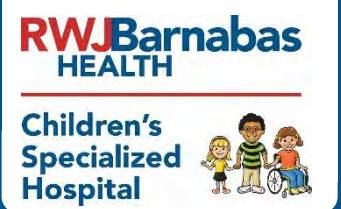
Updated Guide to Selecting a Support Coordination Agency Now Available

The Boggs Center has updated *Selecting a Support Coordination Agency: Making Choices, Becoming Empowered*, a guide for people with disabilities to use with the support of family, friends, and others close to them when choosing the agency they receive support coordination services from.

[Download Resource](#)



We're Recruiting!



Children's Specialized Hospital's **Research Center** strives to advance pediatric rehabilitation by initiating and supporting evidence-based studies that explore innovative interventions, technologies and approaches to specialized care for children and adolescents. See below for details on one of our current studies.

Study: Characterizing Action-Control in Healthy Children

This research study aims to understand how healthy children control their behavior and choose their actions. It involves completing paper-and-pencil measures, computer-based games, and brain magnetic resonance imaging (MRI). No contrast/dyes or injections will be used in the study. Results from this branch of the study will be compared to patterns of learning in children with ADHD to characterize any learning deficits in this population.

Who's Eligible?

- Healthy children with no prior medical diagnoses.
- Children between the ages of 6 and 10.
- Must be able to speak English well.
- Ability to play a computer- based game.
- Capable of undergoing an MRI scan (there will be a training session to make sure the child is able to undergo the actual MRI scan).

Participation in this study will include 2-3 visits to the following **Kessler Foundation** locations:

- 120 Eagle Rock Ave, Suite 100, East Hanover, NJ 07936
- 1199 Pleasant Valley Way, West Orange, NJ 07052

For more information, please contact:

Dr. Joman Y. Natsheh
Principal Investigator
973-391-7858, jnatsheh@kesslerfoundation.org

Michael Dacanay
Research Assistant
973-324-8453, mdacanay@kesslerfoundation.org

Participants will be compensated for their time and children who complete the MRI scan are eligible to receive a copy of the images and a certificate of completion.

[About Our Research Center](#)



Types of Medicaid Eligibility in NJ



TYPES OF MEDICAID ELIGIBILITY IN NJ

AGED, BLIND, OR DISABLED (ABD)

Supplemental Security Income (SSI) Medicaid

Provided automatically when a person with IDD is approved for SSI benefits. Apply for SSI at age 18 or above through your local SSA Office here: bit.ly/ssaoffices

Medicaid Only

For individuals with IDD who do not receive monthly SSI, but meet SSI income and resource limits. bit.ly/medicaidonly

NJ Workability

Offers healthcare to individuals with IDD ages 16-64 who are employed and whose income would disqualify them from other forms of Medicaid. bit.ly/njworkability

HOW TO GET IT

Apply for SSI at age 18
bit.ly/Apply4SSI
ABD Medicaid Application
bit.ly/ABDapplication

WHAT'S COVERED?

Doctor visits, prescriptions, x-rays, dental, lab testing, eyeglasses, mental health, hospitalization, specialist visits, hearing aids, Personal Care Assistant (PCA), Personal Preference Program (PPP)

For specific questions about Medicaid or the application process, contact Beverly Roberts at broberts@arcnj.org or 732-246-2567.

Disabled Adult Child (DAC)

For persons whose SSI ended because they received benefits from a parent who retired, became disabled, or died. Request for information (RFI) is for people who have DDD. bit.ly/dacmedicaid

New Jersey Care... Special Medicaid Program

For individuals with IDD with income below \$1,074/month. Contact your County Board of Social Services: bit.ly/njcbss

Long Term Services and Supports

Applies to younger individuals who need significant support, such as private-duty nursing, etc. bit.ly/longtermsupport

QUICK FACT

Medicaid is an entitlement-based program. Anyone who is determined eligible by the Medicaid Office has the right to receive Medicaid and its related services. Eligibility is not guaranteed.

NJ FAMILYCARE

- Also called Medicaid Expansion.
- Eligibility is based on income, not on the individual having a disability.
- The maximum monthly income limit increases each year.
- The maximum gross income for a single adult in 2021 is \$1,074/month.
- The individual cannot be listed as a dependent on their parent's tax return.
- The individual cannot receive Medicare.
- ABD is a better route if eligible.

HOW TO GET IT

Applicants must have financial eligibility.
NJ FamilyCare Quickstart
bit.ly/njfamilycare

QUICK FACT

Adults must have legal resident status for 5 years to be eligible. Children and pregnant women with legal resident status are eligible, regardless of length of residency.

WHAT'S COVERED?

Doctor visits, prescriptions, x-rays, dental, lab testing, eyeglasses, hospitalization, mental health, preventative screenings, regular checkups



Support Groups

Click below for more information on any of the following support groups available to families.

- [New Dad Support Groups](#)
- [Moms Connection](#)
- [Weekly Parents Group](#)
Parenting Through the Pandemic;
Creating Work/Life Balance at Home
Through the Pandemic



Vaccinate to Keep Kids Healthy!



RUTGERS

Robert Wood Johnson
Medical School

THE BOGGS CENTER ON DEVELOPMENTAL DISABILITIES

New Jersey's University Center for Excellence in Developmental Disabilities Education, Research, and Service
New Jersey's Leadership Education in Neurodevelopmental and Related Disabilities Program

Vaccinate to Keep Kids Healthy!

Preventing disease is always better than treating it. Vaccines protect against diseases that once caused serious illness, disability, and death, including COVID-19. By using small amounts of antigens, or germs that cause the immune system to react, vaccines help your child's body recognize and learn to fight off serious and potentially deadly diseases. Following the **recommended immunization schedule** helps ensure that your child is protected from 14 diseases before the age of 2, such as:

- Polio
- Measles
- Whooping Cough
- Flu
- Mumps
- Chicken Pox

Did You Know?

Children with disabilities are at higher risk for vaccine-preventable illnesses. They may also have more significant illness, prolonged hospitalization, and greater risk of mortality. The American Academy of Pediatrics (AAP) suggests children with disabilities follow the CDC's immunization recommendations to promote optimal health.

Vaccine Facts

The CDC estimated that vaccination of children born between 1994 and 2018 prevented:

- 419 million illnesses
- 26.8 million hospitalizations
- 936,000 deaths

Questions or Concerns?

Vaccines are safe and effective. They are rigorously tested by research from top doctors, public health professionals, and scientists. Serious side effects are very rare. Your child's health care provider can answer any questions and share up-to-date information about all vaccines recommended to keep your child healthy, including COVID-19 vaccines and boosters.

Learn More about Vaccines for Your Child from the CDC:

<https://www.cdc.gov/vaccines/parents/index.html>

¡Vacunas para mantener a los niños sanos!



¡Vacunas Para mantener a los niños sanos!

Es mejor prevenir una enfermedad que tener que tratarla. Las vacunas protegen contra afecciones que, alguna vez, causaron enfermedades graves, discapacidad y muerte, incluida la COVID-19. Mediante el uso de pequeñas cantidades de antígenos o gérmenes que hacen que el sistema inmunitario reaccione, las vacunas ayudan a que el cuerpo de su hijo reconozca y aprenda a combatir enfermedades graves y potencialmente mortales. Seguir el **calendario de vacunación recomendado** ayuda a garantizar que su hijo esté protegido contra 14 enfermedades antes de cumplir los 2 años, incluidas las siguientes:

- Polio
- Measles
- Whooping Cough
- Flu
- Mumps
- Chicken Pox

¿Sabía que...?

Los niños con discapacidades tienen un mayor riesgo de contraer enfermedades que se pueden prevenir con vacunas. Además, pueden tener una enfermedad más importante, una hospitalización prolongada y un mayor riesgo de mortalidad. La American Academy of Pediatrics sugiere que los niños con discapacidades sigan las recomendaciones de vacunación de los Centers for Disease Control and Prevention a fin de promover una salud óptima.

Datos sobre las vacunas

Los CDC estimaron que las vacunas de los niños nacidos entre 1994 y 2018 evitaron:

- 419 millones de enfermedades
- 26.8 millones de hospitalizaciones
- 936,000 muertes

¿Tiene Preguntas o inquietudes?

Las vacunas son seguras y efectivas. Están rigurosamente probadas por investigaciones de los mejores médicos, profesionales de la salud pública y científicos. Los efectos secundarios graves son muy poco frecuentes. El proveedor de atención médica de su hijo puede responder cualquier pregunta y compartir información actualizada sobre todas las vacunas recomendadas para mantener a su hijo saludable, incluidas las vacunas y los refuerzos contra la COVID-19.

Obtenga más información de los CDC sobre las vacunas para su hijo:
<https://www.cdc.gov/vaccines/parents/index.html>

Referencias:

- Making the Vaccine Decision: Addressing Common Concerns (CDC): <https://www.cdc.gov/vaccines/parents/why-vaccinate/vaccine-decision.html>
- Reasons to Follow CDC's Recommended Immunization Schedule (CDC): <https://www.cdc.gov/vaccines/parents/schedule/reasons-follow-schedule.html>
- Diseases You Shouldn't Forget About (Thanks to Vaccines) (CDC): <https://www.cdc.gov/vaccines/parents/diseases-thanks-to-vaccines.html>
- Vaccines for Children: Protecting America's Children Every Day (CDC): <https://www.cdc.gov/vaccines/programs/for-protecting-children.html>
- Bray, A.W., B. Peck, L.L. (2022, June 23). Vaccination Strategies to Keep Children with Special Needs Healthy: Clinical Advisor. <https://www.clinicaladvisor.com/print/article/6842922/>
- Vaccinating Kids with Special Needs (Henry Ford Health): <https://www.henryford.com/blog/2019/01/vaccinating-kids-with-special-needs/>

La preparación de este recurso fue financiada por el subvención #19001U00036-05-00 del U.S. Department of Health & Human Services, Administration for Community Living, Administration on Disabilities.
Elaborado en Septiembre de 2022 por The Boggs Center on Developmental Disabilities, Rutgers Robert Wood Johnson Medical School.
385 Georgia Street, New Brunswick, NJ 08901 | boggscenter@rutgersup.edu | 732-235-9300

ESNJ Prescription Assistance Fund



The goal of ESNJ is to support you on your epilepsy journey by ensuring that you have continued access to treatment and care.

Through our Medication Assistance Program we have funds available for people with epilepsy who are temporarily unable to afford the purchase of their anti epileptic medication.

This fund is available one time, once a year.
There is a limit to the amount allowed.

For more information, email
info@epilepsynj.org.



Register Ready



**Register today—
be ready for tomorrow!**

**Help emergency responders plan for
and support your family members
who have disabilities or
access and functional needs
in the event of a disaster**

If you or a family member has a physical, developmental, cognitive or behavioral impairment, language barrier, or transportation challenge that may make it difficult to safely shelter in place or evacuate in a disaster, please register.

Register at:

www.registerready.nj.gov

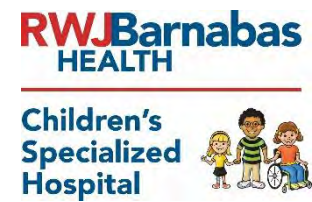
or call **211** within NJ or **877-652-1148** toll free

- Free
- Voluntary
- Secure and confidential
- Protective of your privacy

Update your information at least annually. In a life threatening situation, don't wait for help — call 9 1 1



Brain Injury Alliance NJ Virtual Support Group



As you know, BIANJ has been hosting virtual support groups, during the day and evenings to help you stay connected. Effective July 1st, BIANJ's support groups will follow this schedule:

Caregiver Support Groups:

Every other Wednesday at 11:00 AM
Second Tuesday of every month at 6:30 PM*

Survivor Support Groups:

Every other Wednesday at 11:00 AM
Third Thursday of every month at 6:30 PM*

Virtual Happy Hours for Survivors and Caregivers:

Last Wednesday of every month at 5:30 PM

**please note the evening groups will now be offered once per month*

[Register Now](#)





Patient & Family Portal

In our Portal, you can...

- Get secure access to refill prescriptions and review medications any time
- View upcoming appointments and review past medical and therapy needs
- View, print, and share patient records at a moment's notice
- Have 24/7 access so you can pay bills when it's most convenient for you

Not signed up yet?

Email PortalHelpDesk@childrens-specialized.org to receive your access code.

Already signed up?

Access the portal at my.childrens-specialized.org



Providing Respite: Supporting People & Families Across the Lifespan



In partnership with the NJ Lifespan Respite Program, The Boggs Center on Developmental Disabilities at Rutgers University has published [Providing Respite: Supporting People and Families Across the Lifespan](#).

This booklet offers an overview of respite and highlights the positive impact that respite makes in the lives of people with disabilities, seniors, and their families.

[To access, click here.](#)



The Center on Nutrition & Disability



If you have been impacted by the pandemic and are in need of food, the Center on Nutrition and Disability is here to connect you to your local food resources.

www.nokidhungry.org

Or, text **FOOD to 304-304** and you will receive a message with local sites to receive free summer meals. No paperwork to fill out. No income requirements.





Helpful Links & Resources

National Information Center for Children and Youth with Disabilities

<https://www.parentcenterhub.org/nichcy-gone/>

National Organization for Rare Disorders

www.rarediseases.org

New Jersey Department of Human Services

www.state.nj.us/humanservices

New Jersey Developmental Disabilities Council

www.njcdd.org

New Jersey Protection and Advocacy

www.drnj.org

Catastrophic Illness in Children Relief Fund (CICRF)

<https://www.state.nj.us/humanservices/cicrf/home/>



Values in Action New Jersey



Our Values

Accountable to **YOU** and Yours
Dedicated to **YOU** and Your Ambitions
Empowering **YOU** to Live Your Life
Kind to **YOU** Without Exception
Open Minded to **YOU**
Respecting **YOU** and Your Choices
Transforming Services with **YOU**

**Our Values Into Action NJ Team is at your service
and always dedicated to your support!**

**Values into Action NJ provides Support Coordination in service
for people with disabilities aged 21+ and their families,
across the state of New Jersey.**

**Using a person-directed, family-centered approach, we structure our
services to assist individuals through the process of self-direction and
empower them to remain in charge of their plans (and their lives).**

www.ValuesIntoActionNJ.org

