## Visitation Guidelines

Please help us stop the spread of contagious respiratory illnesses.

## Please defer your visit to another day:

- 1. If you have a fever or have felt feverish in the last 24 hours or are experiencing COVID-19 or flu-like symptoms. Possible symptoms include, but are not limited to:
  - Fever or chills
  - Shortness of breath or difficulty breathing
  - Muscle or body aches
  - New loss of taste or smell
  - Congestion or runny nose
  - Diarrhea

- Cough
- Fatigue
- Headache
- Sore throat
- Nausea or vomiting
- 2. If you have been diagnosed with COVID-19 (or another contagious respiratory illness, such as influenza or RSV) within the last 10 days.
- **3.** If you have had close contact with someone with COVID-19 infection (or another contagious respiratory illness) in the last 10 days and cannot wear a mask even if you are asymptomatic.
- **4.** No visitors under 16 years-old **EXCEPT** sibling, grandchild, child of patient if essential to visit, and must wear mask during visit.

## When visiting our facility, all visitors are expected to adhere to the following safety recommendations:

- Wear an appropriate face mask at all times when in the presence of patients. We will offer you a new mask for source control or may ask you to replace your own mask with a hospital-supplied mask.
- Clean your hands before and after your visit.
- Maintain physical distance.

Thank you for your cooperation and your efforts to help keep our patients, staff and communities safe!

