

Chronic Pain & Functional Neurologic Disorders Center of Excellence



The Chronic Pain & Functional Neurologic Disorders Center of Excellence at Children's Specialized Hospital (CSH) promotes the wellness of adolescents and young adults with chronic pain and functional symptoms by teaching strategies to manage those symptoms and encourage functional activity. The Center of Excellence (COE) is typically for children and adolescents who have significant difficulties with daily function. The goal of the COE is to improve participation in daily activities, increase school attendance, and decrease use of assistive devices.

Our Individualized Approach

This evidence-based program may include outpatient or inpatient services with the focus on regaining function. Each patient is evaluated to determine their individualized care plan.

Treatment may include:

- School re-entry support
- Patient education
- psychology
- Social work
- Physical therapy
- Recreation therapy
- Occupational therapy
- Child life therapy
- Aquatic therapy
- Parent education



We treat conditions such as, but not limited to:

- Amplified Musculoskeletal Pain Syndrome (AMPS)
- Chronic Abdominal Pain
- Chronic Migraine Headaches
- Chronic Regional Pain Syndrome (CRPS)
- Fibromyalgia
- Postural Orthostatic Tachycardia Syndrome (POTS)
- Functional Neurologic Disorder (FND)
- Functional seizures

The focus of therapies are to manage pain through:

- Promoting independence in mobility, self-care, endurance and strengthening activities
- Symptom management through academic participation, recreation, and peer interaction
- Diagnosis specific education about effective coping strategies
- Exposure to environmental challenges
- Developing and managing a daily routine

Learn more by
[clicking here](#)
or scanning

