

# Chronic Illness Management Program



Our **Chronic Illness Management Program** (CIMP) is designed for children, up to age 21, with chronic, life-altering conditions that affect their daily lives.

## Our Individualized Approach

The Chronic Illness Management Program is typically a four week program that follows a multidisciplinary model and behavioral approach to care that addresses the physical, emotional, and psychosocial needs of each patient.

The goal for each child is always to improve self-management of the disease.

## The Behavioral Approach Includes:

- Direct instruction to develop new skills/knowledge
- Experiential learning
- Generalization of skills across activities/settings
- Medication education
- Reinforcement of positive behaviors
- Shaping of appropriate behavior
- Structured nutritional counseling and instruction
- Supportive psychological counseling
- Use of visual tools



At the conclusion of an inpatient stay, our expectation is that each patient is significantly more independent at managing their medical condition.

The goal of the program is to ensure a healthy transition back into the community. This means we help patients work with their outpatient medical treatment team, school, and community-based agencies to ensure success once they return home.

## Treating children with chronic medical conditions, such as:

- Diabetes
- Sickle Cell
- Cystic Fibrosis
- Heart disease
- Chronic respiratory disease
- Metabolic disorders
- Post-organ transplant
- Other chronic medical illnesses consider on an individual basis

This program is also intended for children who require strict adherence to prescribed treatment regimens, such as those who have undergone organ transplantation.

## The Treatment Environment Includes:

- Family education and counseling
- Intensive and varied daily exercise
- Multiple daily therapies/activities
- Outings to promote community reintegration
- Psychological and educational testing, as indicated, to identify learning issues
- Shopping/cooking experiences to promote good nutrition



Learn more and request an appointment.

