

## **About Children's Specialized Hospital**

Children's Specialized Hospital, an RWJBarnabas Health facility, is the nation's leading provider of inpatient and outpatient care for children from birth to 21 years of age facing special health needs — from chronic illnesses and complex physical disabilities like brain and spinal cord injuries, to a full scope of developmental, behavioral, and mental health challenges. At many different New Jersey locations, our pediatric specialists partner with families to make our many innovative therapies and medical treatments personalized and effective so each child can reach their full potential.

Children's Specialized Hospital treats children and adolescents from birth to 21 years of age with a wide variety of medical, developmental, educational, and rehabilitative needs.

Children's Specialized Hospital offers outpatient rehabilitation technology clinics at the following sites:

#### **Toms River:**

1251 Route 37 West, Toms River, NJ 08755

## Mountainside:

150 New Providence Rd, Mountainside, NJ 07092

To speak directly with Rehab Tech or to schedule an appointment, call: (908) 389-5620

For more information on CSH programs and services, please visit **rwjbh.org/csh** or call **1-888-CHILDREN** (244-5373)





Children's Specialized Hospital



# Rehabilitation Technology

at Children's Specialized Hospital



## **Our Services**

The Rehabilitation Technology Program provides outpatient evaluations to assist families in choosing the most appropriate adaptive equipment to help their child reach their fullest potential. Children of all ages and abilities are served, including those with severe developmental delays, low cognitive levels, mild to severe physical limitations, and those dependent on ventilators.

## **Outpatient Rehabilitation Technology**

The Rehabilitation Technology Program uses a team approach to conduct a detailed evaluation of the patient with regards to seating, positioning, and mobility needs.

The team consists of the evaluating therapist, patient, family, and in-network Durable Medical Equipment (DME) Supplier. The specialists in the Rehabilitation Technology Department work with patients currently using or in need of specialized equipment to enhance their strengths and abilities.

By creating highly tailored specialized equipment, patients are able to participate to the best of their ability in family, school, community, employment, and recreation activities.

## Types of equipment that are recommended include, but are not limited to the following:

- Adaptive toileting and
  Power wheelchairs bath equipment
- Custom molded seating systems

Custom beds

- Gait Trainers

- Standers
- Supportive feeding chairs
- walkers
- Adaptive strollers
- Manual wheelchairs

The team also works closely with the family and their insurance to secure coverage of the cost of this high-tech, custom-made equipment.

## **The Evaluation Process**

The Rehabilitation Technology evaluation typically takes two visits.

## **Getting Started:**

- During the first visit, you and your child will meet with the therapist who will evaluate your child's physical status and discuss your child's positioning needs with you.
- The therapist will provide recommendations regarding the equipment options for your child.
- At the next appointment, you and your child will meet with the same therapist and a supplier of adaptive equipment. During this appointment, you will select the specific equipment that best meets your child's needs.
- Each appointment is approximately 60-90 minutes long. If more than one piece of equipment is recommended, multiple appointments may be needed to find the optimum solution.



#### The Next Steps:

- After the final evaluation appointment, the therapist will write a report detailing all the recommendations and medical information necessary.
- The report will be sent to your child's physician for a signature.
- Once signed, the report is then forwarded to the chosen DME supplier who will submit our report, along with the pricing, to your insurance company.
- Upon receipt, the insurance company will decide if they will approve the recommended equipment. Once approved, the equipment is ordered by the supplier.
- When the equipment arrives, another appointment will be scheduled at Children's Specialized to have the equipment properly fit to your child.
- Our team will train the family on proper use and maintenance, and will answer all of your questions.
- Follow up appointments are scheduled on an as needed basis.

## **How to Prepare for Your Visit**

\*Please note: a prescription must be received prior to being able to schedule an appointment.

#### For the appointment you will need:

- a valid photo ID
- A prescription faxed to (908) 301-5503 before the appointment for authorization
- A referral if required by our insurance
- Your insurance cards
- Any braces or equipment your child uses