









# Vaccines and boosters: our best defense against COVID-19

COVID-19 booster shots increase protection and are recommended for everyone ages 12 and older. Register for a booster appointment today at [RWJBH.org/covid19vaccine](https://www.rwjbh.org/covid19vaccine)

<p><b>Teens and Adolescents</b></p>  <p><b>12 to 17 years old</b></p>		 <p>At least 5 months after your second vaccination.</p>
<p><b>Adults</b></p>  <p><b>18 years or older</b></p>		 <p>At least 5 months after your second vaccination.</p>
	 	

Adults 18 years or older may choose which vaccine they receive as a booster dose using a “mix and match” approach approved by the CDC.

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## COVID-19 vaccines are working.

All of the COVID-19 vaccines and boosters available in the U.S. are effective in reducing risk of infection, serious illness, and death. Booster shots provide extra protection.



*\*The remaining individuals have an unknown vaccination status or are only partially vaccinated*

Appointments are available at RWJBarnabas Health facilities across New Jersey.

Make your appointment online today at [RWJBH.org/covid19vaccine](https://www.rwjbh.org/covid19vaccine)

System employees should make an appointment through Health Connect: <https://hcweb.rwjbh.org/CVSS>