

**WHOLE BODY IODINE SCAN    THYROID SCAN WITH UPTAKE**  
**RADIOIODINE THERAPY & ABLATION**

**PATIENT PREPARATION**

- NPO at least 6 hours
- NO IV contrast within 4weeks (CT, Angio, Myelogram, IVP)
- NO recently administered radioactive materials
- NO thyroid or anti-thyroid medications, or medications containing iodine - see chart below
- For Whole Body Iodine Scan follow Low Iodine Diet for 10 days prior to appointment

<b>WITHDRAWAL TIMES FOR THYROID MEDICATIONS, MULTIVITAMINS, CONTRAST AND OTHER</b>	
<b>Type of Medication generic name (brand name)</b>	<b>Recommended Time of Withdrawal</b>
<b>ANTITHYROID MEDICATIONS</b> Propylthiouracil (PTU) Methimazole (Tapazole) Livothyroxine Carbimazole	5 days
<b>THYROID SUPPLEMENTAL HORMONE</b> Levothyroxine sodium (Synthroid, Levoxyl, Levothyroid, Unithroid, Levo-T) Armor thyroid Eltroxin Triiodothyronine Thyroxine Liothyronine sodium (Cytomel, Triostat)	2 weeks (14 days)
Expectorants (cough syrups)	2 weeks
Iodine containing multivitamins	7 days
Kelp (seaweed) Lugol's or potassium iodide solutions	3 weeks
Topical iodine (surgical skin prep)	2 weeks
Radiographic IV contrast (CT, IVP, Angio, Myelogram)	4 weeks
Amiodarone (anti-arrhythmic drug)	3 – 6 months