



Being pregnant is amazing — and at times, amazingly stressful.

We get it. Pregnancy can leave you with a lot of questions. This is especially true with the unprecedented challenges brought on by the COVID-19 pandemic. Led by maternal health experts our online community is a supportive and inclusive space to meet other pregnant women, ask questions and form meaningful connections.

**Join us on Thursdays
from 12 to 1 pm.**

**RWJBarnabas
HEALTH**

Let's be healthy together.