

WHY DO A PUB CRAWL WHEN YOU CAN DO THE...

M O V E F O R L I F E



In partnership with:

Monmouth
Medical Center

RWJBarnabas
HEALTH

1. CHOOSE YOUR STUDIOS.
2. SET YOUR SCHEDULE.
3. CHALLENGE YOURSELF.

Saturday, February 3, 2018

- Sample 3 Fitness Classes in 1 Day
- Starts at 1:00 PM (each class is 30-35 minutes)
- Post Crawl Happy Hour 4-6 pm at Renaissance
The Studio 8 East Front Street Red Bank, NJ

\$50 fee includes Fit Crawl Pass & Post Crawl Happy Hour
Please join us for healthy refreshments, light snacks and gift bag.

Register at WEforumGroup.org

PARTICIPATING STUDIOS:



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WEforum Conference coming November 2018

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