



**FREE**

This program series is coordinated by JCMC Patient Navigation Department.

# Kids Summer of Wellness

July 20, 2019 | August 17, 2019 | September 21, 2019

12:00 pm to 2:00 pm

Enjoy a healthy summer and join us for kid-friendly activities filled with fun, fitness, and learning.

**July 20:**

**Learn about Seasonal Allergies and Kids Bingo**

Jersey City Medical Center  
355 Grand Street, Conference Room 5  
Jersey City, NJ 07302

**August 17:**

**Zumba Get up and Move and Health Fair**

Jersey City Medical Center at Greenville  
1825 Kennedy Boulevard  
Jersey City, NJ 07305  
*(\*during JCMC-Greenville Backpack of Health Wellness event)*

**September 21:**

**Safety Precautions and Allergy and Asthma**

Jersey City Medical Center  
355 Grand Street, Conference Room 5  
Jersey City, NJ 07302

*Recommended for ages 5-17*

To register, please call **888-724-7123**.

[rwjbh.org/jcmc](http://rwjbh.org/jcmc)

**Jersey City  
Medical Center**

**RWJBarnabas  
HEALTH**