



Robert Wood Johnson  
University Hospital Somerset

# Annual Report 2018-2019

**Robert Wood Johnson  
University Hospital  
Somerset**

**RWJBarnabas  
HEALTH**

Let's be healthy together.

[rwjbh.org/somerset](http://rwjbh.org/somerset)



As the only hospital in Somerset County, we are committed to ensuring that all those who live and work here have access to the highest quality medical care throughout their lives. Over the past year, we've demonstrated that commitment through our continued investments in state-of-the-art facilities and the latest technologies and the expansion of our programs and services to meet our community's growing health care needs.

Our efforts have earned us national honors as a Top Small Teaching Hospital by the Leapfrog Group as well as earned us recognition as one of the top hospitals in New Jersey by *U.S. News & World Report*.

These achievements are testament to the dedication of our entire team, including board members, physicians, nurses and staff, whose caring and compassion truly set us apart.

I am proud to share our highlights from the past year and look forward to building on these successes to further advance health care in Central New Jersey in the years to come.

A handwritten signature in black ink, appearing to read "Anthony V. Cava".

**Anthony V. Cava, FACHE**  
*President and Chief Executive Officer*



## Overview

Founded in 1899, Robert Wood Johnson University Hospital Somerset, an RWJBarnabas Health facility, provides comprehensive emergency, medical/surgical and rehabilitative services to residents throughout Central New Jersey.

The hospital's cardiology program is one of the most experienced in the state, with one of the highest volumes of cardiac procedures among hospitals without cardiac surgery. The recently renovated Cardiology Pavilion features private rooms and state-of-the-art telemetry monitoring.

Its Steeplechase Cancer Center provides state-of-the-art outpatient cancer care services, including radiation oncology, 3-D mammography, infusion therapy, a lung cancer screening program, a smoking cessation program, nutritional counseling, complementary medicine services and a boutique. In partnership with Rutgers Cancer Institute of New Jersey, the center offers access to the latest treatment and clinical trials.

The hospital's new Same Day Surgery Center is located in renovated 11,000-square-foot space on the hospital's third floor. It offers convenient access from the elevator just off the hospital's main lobby as well as increased privacy and comfort for patients and their families.

RWJUH Somerset's Eating Disorders Program -one of only two inpatient programs in New Jersey - provides inpatient, outpatient and partial hospitalization services for the treatment of patients aged 14 and older.

The hospital's maternity unit features modern private rooms, a Level II Intermediate Care Nursery and 24/7 neonatology and anesthesiology services.



It is the first hospital in New Jersey to offer specialized primary care services for the LGBTQ+ community at its Babs Siperstein PROUD Center. The center is committed to providing a safe and supportive environment where LGBTQ+ patients can get the medical care they need at all stages of life, including hormone therapy and monitoring, health education and counseling.

New Indian and Chinese Medical Programs help members of the Indian and Chinese community with arrangements or round-trip transportation for medical appointments; finding medical specialists; filling out forms, interpretation and translation.

The newly renovated Radiology Department offers the most advanced imaging technologies, including PET/CT, Spect/CT and MRI technology with faster scan times and a wider opening to help reduce patient anxiety during the exam.

Outpatient services also include laboratory, wound care, diabetes management, nutritional counseling and physical, occupational and speech therapy. In addition, the hospital offers outpatient services at convenient locations throughout Central New Jersey, including physical therapy locations in Bedminster, Bridgewater, Flemington, Hillsborough and Princeton; an urgent care center in Hillsborough and a sleep center and laboratory services in Hillsborough.

A teaching hospital affiliated with Rutgers Robert Wood Johnson Medical School, the hospital maintains a family medicine residency program with 21 residents.

**RWJ** UNIVERSITY HOSPITAL SOMERSET



**RWJ** UNIVERSITY HOSPITAL  
SOMERSET

ONE WAY

**RWJ**

## Vital Statistics



341  
Beds



2,281  
Employees



822  
Physicians



605  
Nurses



21  
Residents



761  
Volunteers



13,465  
Admissions  
(excludes newborns)



825  
Births



52,182  
ER visits



178,031  
Outpatient visits



6,111  
Surgeries  
(includes same-day surgeries)



## Honors & Awards

- Honored by the Leapfrog Group as a **Top Small Teaching Hospital** - one of only 53 in the nation
- Earned an **“A” Hospital Safety Score** from the Leapfrog Group nine times
- Ranked **one of New Jersey’s top hospitals** by *U.S. News & World Report* (#9 in New Jersey; #22 in the New York Metro area) and recognized as **“High Performing” in Orthopedics**
- Received Healthgrades Patient Safety Excellence Award, ranking among the **top 5% in the nation for patient safety**
- Nationally recognized as a **Magnet® hospital for nursing excellence** by the American Nurses Credentialing Center
- Designated as a **“Leader in LGBTQ Healthcare Equality”** by the Human Rights Campaign
- Received **“Most Wired” designation** by the College of Healthcare Information Management Executives (CHIME)
- Earned the Joint Commission’s Gold Seal of Approval for **total knee and hip replacement surgery** and its **acute myocardial infarction (heart attack) program**
- Designated as a **Primary Stroke Center** by the Joint Commission and the New Jersey Department of Health and Senior Services
- Recognized as a **Center of Excellence in Metabolic and Bariatric Surgery™** by the Surgical Review Corporation
- Honored with the **American Heart Association American Stroke Association’s Get with the Guidelines®-Stroke GOLD PLUS Achievement Award**
- Recognized as a **NICHE (Nurses Improving Care for Healthsystem Elders) hospital**
- The Sanofi US Breast Care Program has achieved full accreditation by the National Accreditation Program for Breast Centers and has been named a **Breast Imaging Center of Excellence** by the American College of Radiology



## Clinical Services

Babs Siperstein  
PROUD Center,  
specialized primary  
care services for the  
LGBTQ+ community

Bariatric Surgery

Behavioral Health

Cancer

Cardiology

Chinese Medical  
Program

Critical Care

Diabetes Prevention  
and Management

Eating Disorders

Emergency Medicine

Endoscopy

Indian Medical  
Program

Laboratory Services,  
including Blood  
Donor Program

Maternity

Neuroscience

Orthopedics

Radiology

Rehabilitation Services  
(Physical Therapy,  
Occupational Therapy,  
Speech and Hearing,  
Cardiac Rehab)

Respiratory

Sleep Medicine

Sports Medicine

Surgery

Vascular Lab

Wound Care





## Community Benefits

The hospital provides nearly \$1 million in free community services and education annually, including more than 600 health education events and 175 health screenings. Other community benefit activities offered include free annual cardiac athletic screenings for young athletes in the community, food donations, with 140 turkeys provided in 2018 to area food pantries for Thanksgiving, and a number of charitable “drives” including an employee Toy Drive that culminated in a holiday party attended by nearly 125 children in the community, a diaper drive, warm blanket drive and back-to-school drive.



## Social Impact and Community Investment Initiatives

As part of RWJBarnabas Health’s Social Impact and Community Investment (SICI) practice, Robert Wood Johnson University Hospital Somerset launched a Healing Homes initiative in 2018. Healing Homes offers housing for 18-24 months for an individual or individual family in Somerset County who has a chronic or acute health condition that causes financial hardship and leaves them unable to afford housing and/or the basic cost of living.





## Patient Safety

Robert Wood Johnson University Hospital Somerset earned national recognition in 2018 as a Top Small Teaching Hospital by the Leapfrog Group – one of the most competitive honors American hospitals can receive. Among thousands of teaching hospitals in the country, RWJUH Somerset was one of only 53 hospitals nationwide to receive this distinction.

The Leapfrog Group, a leading national hospital watchdog organization, gave Robert Wood Johnson University Hospital Somerset its highest grade – an “A” – eight times.

We’ve also been honored with Healthgrades Patient Safety Excellence Award™, ranking among the top 5% in the nation for patient safety. Only 13 hospitals in New Jersey achieved this recognition.

Our low infection rates are among the quality indicators that factor into our outstanding patient safety ratings. These rates include catheter-associated urinary tract infections, central line-associated blood stream infections, methicillin resistant staphylococcus aureus (MRSA), C. difficile infections and surgical site infections.

In 2018, RWJBarnabas Health launched a “Safety Together” initiative to become a High Reliability Organization (HRO). Robert Wood Johnson University Hospital Somerset held training sessions for all staff and physicians, teaching tools to use to help prevent medical errors and keep patients safe. Representatives from all hospital departments attend a safety huddle each day to address safety issues.



## Leadership Team

### Executive Team

**Anthony V. Cava, MS, RPh, FACHE**  
President and Chief Executive Officer

**Deirdre Blaus**  
Assistant Vice President, Cancer Services

**Patrick Delaney, MBA**  
Vice President, Operations

**John DiLeo**  
Vice President, Finance

**Michael DuBois**  
Assistant Vice President, Business Development

**Lysa Israel**  
Vice President, Development,  
Somerset Health Care Foundation

**Anastasia Jacobs**  
Vice President, Human Resources and  
Chief Human Resources Officer

**Salvatore Moffa, MD, MBA**  
Vice President, Medical Affairs and  
Chief Medical Officer

**Michael Valendo, MSN, RN, NE-BC, CEN**  
Vice President, Nursing and Chief Nursing Officer

### Medical Staff Leadership

**Abraham Simon, DO**  
President

**Robert Segal, MD**  
Vice President

**Laura Bond, MD**  
Secretary/Treasurer

**Medical Executive Committee:** Daniel Abraham, MD;  
Margaret Andrin, MD; Thomas Chiodo, DDS;  
Margaret Guyton, MD; Surya Irakam, MD;  
Eric Lazar, MD; Marc Milano, MD; Michael Picone, MD;  
Brian Stanford, MD; and William Sugarmann, MD

**Members at Large:** Alan Gingold, DO; Arsalan Malik, MD;  
Bijal Desai, MD; and Richard Corson, MD

### Advisory Board

Jo-Ann Mendles, Chair  
Thomas P. Schaible, Vice Chair  
James Heston  
Paul Hubert  
Lisa Kothari  
Ronald Nahass, MD  
Jim Naples  
Jamie Rick  
Robert Segal, MD  
Erika Senska  
Abraham Simon, DO  
Paul V. Stahlin  
William Sugarmann, MD  
Roger Yang, MD

## About RWJBarnabas Health

RWJBarnabas Health is the largest health care system in New Jersey with a service area that covers nine counties and five million residents. The system is also the state's largest private employer – and has a medical staff that represents 40 percent of New Jersey's practicing physicians. RWJBarnabas Health and Rutgers, the State University of New Jersey, recently announced the official launch of a public-private partnership to jointly operate a world-class academic health system.

RWJBarnabas Health is comprised of 11 acute care hospitals (including five teaching hospitals and an academic medical center), three children's hospitals, a nationally renowned pediatric rehabilitation hospital and its network of outpatient centers, a free-standing behavioral health center and the state's largest behavioral health network, a satellite emergency department, trauma centers, ambulatory care centers, comprehensive hospice and home care programs, medical groups with primary and specialty care physician practices, a clinically integrated network, an accountable care organization, and multiple-site radiology and pharmacy services.

RWJBarnabas Health is the official health care provider of the New Jersey Devils, Rutgers University Athletics, Seton Hall University Athletics, Princeton University Athletics and the Somerset Patriots.

### RWJBarnabas Health Vital Statistics



5,066  
Beds



33,000  
Employees



9,000  
Physicians



5,500  
Volunteers



201,514  
Admissions



24,000  
Births




753,316  
ER visits



93,933  
Surgeries



2 million  
Outpatient visits



110 Rehill Avenue  
Somerville, NJ 08876

**Robert Wood Johnson  
University Hospital  
Somerset**

---

**RWJ**Barnabas  
HEALTH

[rwjbh.org/somerset](http://rwjbh.org/somerset)