

# Post-COVID Recovery Program

## Personalized Recovery with Rehab Experts



The RWJ Rehab Post-COVID-19 Recovery Program uses the latest research to help you recuperate from COVID-19. This three-phase program is customized to your abilities to help you reach your goals. Our rehab experts are there to support and guide you at every stage of your recovery.

Choose from telehealth and in-person treatments for physical therapy, occupational therapy and speech therapy. Our team will not only evaluate your COVID-recovery, but they will also screen for other needs with which our hospital and health system can provide support.

### Is the Post-COVID-19 Recovery Program Right for You?

Since you began your COVID-19 recovery, have you experienced any of these symptoms? If so, call **877-342-2795** to schedule a consultation with our post-COVID-19 rehab experts.

- Shortness of breath
- Muscle wasting
- Weakness
- Fatigue
- Inability to exercise or be active
- Inability to perform daily activities (such as bathing or dressing)
- Off balance/dizziness
- Brain fog
- Difficulty concentrating or focusing
- Memory problems
- Difficulty sleeping

### Locations

<b>Columbus</b>	1 Sheffield Drive	<b>Howell</b>	201 Candlewood Commons
<b>Ewing</b>	1440 Lower Ferry Road	<b>Lawrenceville</b>	4125 Quakerbridge Road 123 Franklin Corner Road
<b>Hamilton</b>	3100 Quakerbridge Road 1675 Whitehorse Mercerville Road	<b>Windsor</b>	572 Route 130