



Saint Barnabas Medical Center

2019 Nursing Annual Report

Educate, Innovate, Inspire



Saint Barnabas Medical Center | **RWJBarnabas HEALTH**

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Saint Barnabas Medical Center 2019 Nursing Annual Report

TRANSFORMATIONAL LEADERSHIP

Chief Nursing Officer's Message	2
Nursing Leadership	3
Nursing Strategic Plan	4
Mission, Vision and Values Statements	5
Patient-Centered Care and Professional Practice Model	6
Nursing Shared Governance Councils	6

STRUCTURAL EMPOWERMENT

Specialty Certification and BSN Rates	7
Clinical Ladder	11
Teaching and Role Development: Nursing Pride and Promise	11
Teaching and Role Development: SBMC Professional RN Residency Program	12
SBMC's Commitment to Community Involvement	13
SBMC's Commitment to Recognition of Nursing	14

EXEMPLARY, PROFESSIONAL PRACTICE

Patient Experience	18
Nurse Sensitive Indicators	18
SBMC's Commitment to a Culture of Safety	20
CCHES High Reliability Safety Coaches	21

NEW KNOWLEDGE, INNOVATIONS & IMPROVEMENTS

Enhanced Recovery after Surgery (ERAS) - Cesarean Deliveries	22
Intensive Care Unit Journal Club	22
Research Studies, Podium and Poster Presentations and Publications	23



Chief Nursing Officer's Message

Dear Colleagues,

In 2019, I had the incredible honor and privilege of becoming Chief Nursing Officer for Saint Barnabas Medical Center and I could not be more proud of the extraordinary nursing team and patient care staff that I lead. It is with great pride that I share the 2019 Saint Barnabas Medical Center Nursing Annual Report.

As a Magnet® designated organization, our nursing team delivers the highest level of healthcare excellence. Our professional practice model is the foundation of our nursing care. In this report we will share examples of how shared decision making, evidence-based practice and research and collaborative partnerships have led to improved outcomes. We will also share examples of how we implemented Safety Coaches and recognition of 'Good Catches' as part of our journey towards becoming a high reliability organization.

As we look forward to the future, we will continue our commitment to excellence and inter-professional collaboration, while continuing to foster a caring environment. Our focus has been and will remain on delivering the safest quality care for our patients, their families, and each other. We remain steadfast in our commitment to advancing the profession of nursing through professional development, education, certification, research and innovation.

Sincerely,

A handwritten signature in black ink that reads "Maggie Lundberg". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

Maggie Lundberg, MSN, MPA, RN, CCRN

Chief Nursing Officer
Saint Barnabas Medical Center



Nursing Leadership Team 2019

Maggie Lundberg-Cook, MSN, MPA, RN, CCRN
Vice President and Chief Nursing Officer



Theresa Vaughan, MSN, MBA, RN
Vice President of Perioperative Services



Maria Brillhante MSN, APN, CMSRN
Administrative Director of Nursing, Patient Care Services



Lindsay Cianciotto MSN, RN, CNL
Administrative Director of Nursing, Finance



Sheila Collier MSN, RNC-MNN
Administrative Director of Nursing, Maternal Child Services



John Dillman BSN, RN
Administrative Director of Nursing, Operating Room



Naomi Fox MSN, RN, CCRN
Administrative Director of Nursing, Nursing Education and Research



Dawn Howard Mistry DNP, APN, APN-BC
Administrative Director of Nursing, Transitions of Care



Leo Lunney BSN, RN, RCIS
Administrative Director of Nursing, Cardiac Cath Lab



Carmelita Manning MSN, BS, RN-BC
Administrative Director of Nursing, Emergency Department



Lisa Quinn MSN, RN, CNOR
Administrative Director of Nursing, Operating Room



Kim Rosales MSN, RN, CMNL
Administrative Director of Nursing, Clinical Excellence and Innovations

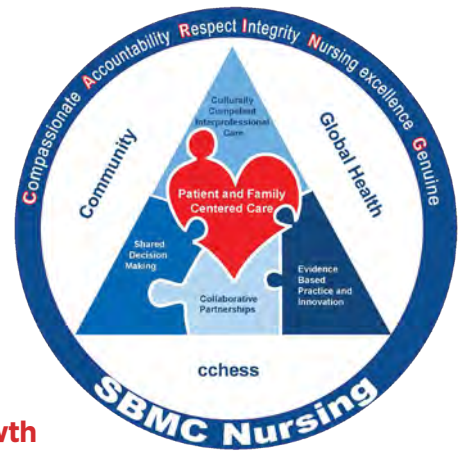


Lauren Story MSN, RN, CCRN
Administrative Director of Nursing, Critical Care and Cardiac Services



Ginger Weatherston BS, MAS
Administrative Director

Nursing Strategic Plan 2019–2020



Pillar: Service

Nursing Goals:

- Achieve the 80th percentile in HCAHPS Communication with Nurses
- Achieve the 80th percentile in HCAHPS Communication about Medicines
- Achieve the 50th percentile in HCAHPS Response of Hospital Staff
- Achieve the 75th percentile in HCAHPS Transitions of Care
- Achieve the 50th percentile in Press Ganey Overall and Personal Issues

Pillar: People

Nursing Goals:

- Reduce nursing turnover by 5%
- Increase the nursing engagement survey overall by 10%
- Increase local, state and national reward and recognition submissions to 10 annually
- Achieve BSN and above of 84%
- Achieve professional nurse certifications of 33%
- Maintain Unit Practice Council participation of 80% Units
- Achieve 80% staff nurse attendance at Quarterly CNO Town Halls

Pillar: Finance

Nursing Goals:

- Reduce staff overtime by 2%
- Maintain productivity between 99-101% annually
- Implement innovative cost-savings projects reducing expense by \$100,000 annually

Pillar: Growth

Nursing Goals:

- Increase the number of OB deliveries by 2%
- Maintain LWOBS <1% (ED)
- Increase service line growth in 3 specialties
- Increase the number of elective OR cases by 3%
- Achieve 90% on-time starts
- Achieve 30 minutes in room turn-around times for orthopedic and neurosurgical cases

Pillar: Community

Nursing Goals:

- Publish three articles annually
- Nursing leadership/staff to present at two local or national conferences annually
- Increase nursing representation at local/global community sponsored by RWJBH events by 10%

Pillar: Quality

Nursing Goals:

- Achieve benchmark rates for the following clinical indicators:
 - HAPI2+: ≤ 3.24
 - CAUTI: ≤ 0.4
 - CLABSI: ≤ 0.2
 - Falls with Injury: ≤ 0.3
- Achieve 50% exclusive breastfeeding rate
- Achieve 150 minutes median time for ED treat and release patients
- Achieve 110 minutes median time for ED arrival to head to bed
- Reduce overall readmissions by 5% Implement an innovative nursing research study

Mission, Vision and Values Statements

Both the nursing-specific mission, vision and values statement and the Nursing Strategic Plan were developed in alignment with the goals and objectives of Saint Barnabas Medical Center and its mission of providing compassionate care, healthcare excellence, and superior service to our patients and their families.

Saint Barnabas Medical Center’s Mission, Vision and Values Statement

MISSION: Provide compassionate care, healthcare excellence, and superior service to our patients and their families.

VISION: Nationally recognized at the forefront of improving health and healthcare delivery.

VALUES: Ensure the safety of our patients, community and each other by consistently demonstrating our values of exceptional communication, outstanding teamwork, professional integrity, accountability, innovation and resilience as we strive towards becoming a high reliability organization.



Saint Barnabas Medical Center’s Nursing Mission, Vision and Values

MISSION: To promote the health and well-being in our community through compassionate nursing care and innovation.

VISION: We the nurses, as an integral member of the healthcare team, believe in the empowerment of self and others to maintain optimum health. We strive to achieve healthcare excellence by fostering collaborative relationships centering on the patient and family.

Our Nursing Values:

- C**ompassionate
- A**ccountability
- R**espect
- I**ntegrity
- N**ursing Excellence
- G**enuine

“CARING” AND “CCHES”:

Nursing values that help the organization achieve its mission, providing compassionate care, healthcare excellence and superior service. SBMC nurses provide compassionate care by being accountable, respectful and genuine.

Patient-Centered Care and Professional Practice Model



Pictured, from left, are the co-chairs of the Professional Nurse Practice Council at SBMC: Julianne Palardy, BSN, RN, CCRN; Melissa Del Mauro, BSN, RN, CEN; and Pamala Sodden, BSN, RN.

Professional Practice Model

SBMC's Professional Practice Model (PPM) is a reflection of how our nursing team practices. It depicts how they communicate, collaborate, and develop professionally to provide Nursing Excellence. Joanne Duffy is their Nursing Theorist. Patient - and family-centered care is in the center.

Shared Decision Making:

SBMC nurses make decisions utilizing shared governance that includes Unit Practice Councils and Nursing Excellence Boards.

Culturally Competent Inter-professional Care:

How SBMC nurses deliver care to their patients, including primary nursing, the language line, rapid cycle rounds and patient - and family-centered care.

Evidence Based Practice and Innovation:

SBMC nurses' professional growth, development and recognition, including career growth, degree advancement, certification achievement, and poster presentations.

Collaborative Partnerships:

SBMC nurses' relationships with interdisciplinary team members - physicians, social workers, therapists, dietitians, and pharmacists - including interdisciplinary rounds and organizational committees.



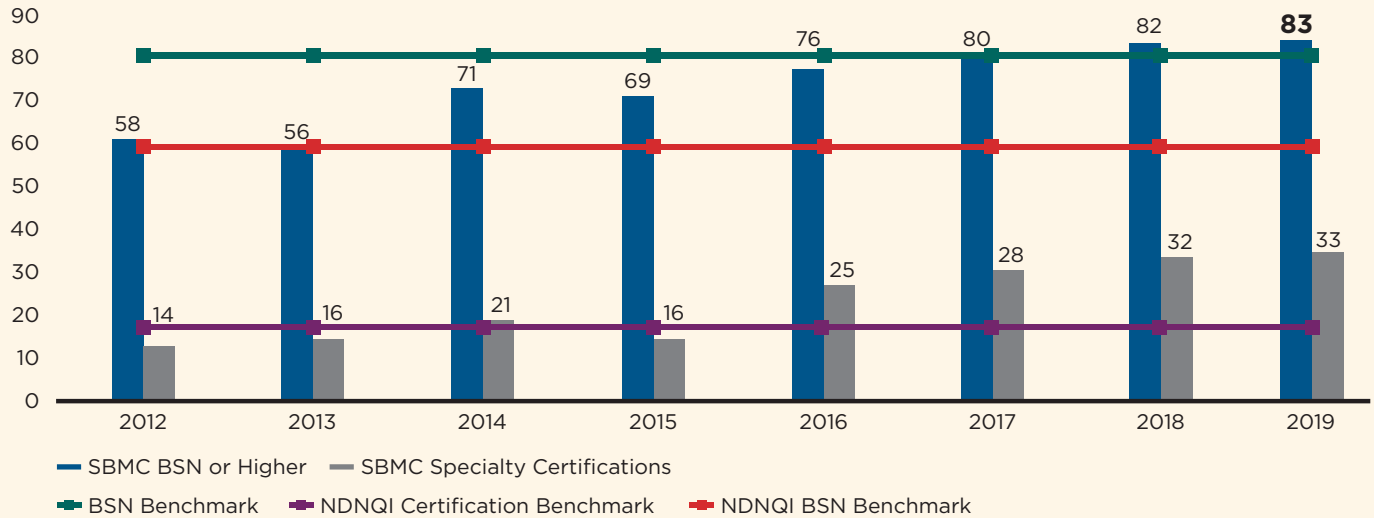
Nursing Shared Governance Councils

The SBMC Shared Governance Model is currently represented by six councils:

- Nurse Executive Cabinet (NEC) is comprised of the co-chairs from each of the five sub-councils. This is the governing body of Nursing Shared Governance.
- Professional Nurse Practice Council (PNPC) is comprised of appointed chair(s) from each of the individual Unit Practice Councils (UPC). UPCs are comprised of approximately 3-15 staff nurses, (including patient care coordinators and clinical care coordinators) from a particular unit.
- Inquiry Council (IC) is comprised of nursing education, the medical librarian and advanced practice and staff nurses.
- Advanced Practice Nurse Council (APN) is comprised of advanced practice nurses credentialed at SBMC.
- Professional Development Council (PD) is comprised of nursing education, nursing leadership, clinical coordinators and staff nurses.
- Clinical Director Council is comprised of clinical directors.

SBMC's Commitment to Professional Development

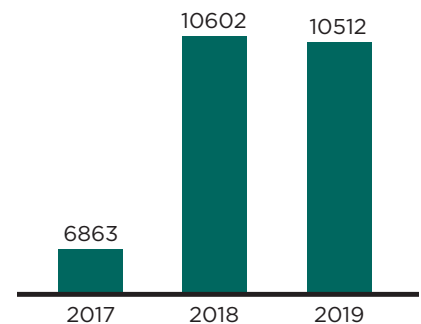
RN's with BSN or Higher and Specialty Certifications



Specialty Certification Onsite Courses

To support the continuing education of staff, SBMC's Nursing Education and Research Department held several onsite certification courses throughout 2019. As a result, 33% of the nursing team, listed on pages 8 through 10, achieved or maintained board certification during 2019 in their nursing specialty. It is part of the Nursing Education and Research Department's dedication to fostering a teaching environment that spans beyond the nursing orientation to meet the current needs of the entire nursing staff. By doing so, they help enhance the quality of care provided and contribute towards better patient outcomes. In addition, the Nursing Education and Research Department dramatically increased opportunities for nurses to receive contact hours. These changes were based on feedback provided by the nursing team, requesting different modalities to allow them to participate in professional development activities. Examples include online Net Learning courses, Nursing Reference Center access (offering more than 2,500 free contact hours), Unit-Practice Council Journal Club meetings, in-services, and conferences.

Nursing Contact Hours



2019 Certified Nurses

INTENSIVE CARE UNIT (ICU)

ELENA ARIAS
 MARYANNE BULETZA
 BRIANNA CARLOTTI
 MICHAEL DANILA
 MARIA GALERA
 JOSEPH GIACCIO
 KERRI HAY
 BRIAN JERNICK
 GRETHEL JOHN
 JENNIFER KING
 KENNETH LAO
 RIZALINE C LENDIO
 PAUL LUNA
 MEGAN MANISCALCO
 LINDA M PRICE
 PER ROSENKVIST
 HILLARY SALMON
 TARA SEIRAFI
 SARAH SIMON
 KEVIN TAN
 GIANNA TASSONE

CORONARY CARE UNIT (CCU)

EMMA ANONUEVO
 TARA DE LEON,
 KELLY DELACRUZ
 MARY LUCY DETIZIO
 VICTORIA MATYOLA
 JANET MEYER
 KEDWINA REMY
 CHRISTOPHER TIAMSON
 AISHA TRINIDAD

CARDIOTHORACIC ICU (CTICU)

KATHRINE ANTHONY-KALLAKAVUMKAL
 ANTOINETTE CADACIO
 IRENE C DAILISAY-MACAVINTA
 ROWENA DURAND
 JANE GENSAYA
 JANETH HUGHES-SCHMIDT
 THERESA HUNTER
 SUSAN JACOBS
 YULIYA KUCHER
 NICOLE LAYNG
 AGNES MATHEW
 JONATHAN MISDEA
 JULIANNE PALARDY
 ANA RODRIGUES
 JULIET SALAS
 MARISTEL TENORIO

BURN INTENSIVE CARE UNIT (BICU)

PAULA CRISTINA ALEM
 ERIN CRANN KLECKA
 KRISTINE ECKERT
 LISA KILLIAN
 MICHELLE WAGNER
 DONISHA WYNTER

EMERGENCY DEPARTMENT

MARTINE ARANA
 ARLENE ARNOLD
 ALEXIS BARKER
 AMANDA BOUTIN
 ALICE CAGGIANO
 DANIELLE CONSTANDIS
 ANN DE JESUS
 MELISSA DELMAURO
 SUSAN DIBENEDETTO

DANAECKHOFF
 MARY JANE HARTWICK
 JANICE IGLESIAS
 KRISTINA JOHNSON
 KAREN MCCLELLAN
 NORA PANNUTO
 KARYN QUINN
 ROSALIN THOTTUMARI
 LINLINGAY TOLENTINO
 NICOLE TOMASELLO

CARDIAC SERVICES

DARRELL ALINEA-GARCIA
 SILVIA CALDERON CADENA
 RUI CHAO CHENG
 MICHELE GIBSON
 JENNY T GUEVARRA
 CLAUDIA IRMIERE
 DARRIA LLOYD
 IRENE PADRE
 SAMI RARAZZAQ
 ROSEMARIE VASQUEZ

SURGERY CENTER

ANITA ARANJUEZ
 JULIA FITZPATRICK
 ANNA KRUPA
 HEATHER E PATTEN
 GERTRUDA RAMOS
 SYLVIA YLAGAN-PERLAS

POST ANESETHIA CARE UNIT (PACU)

DANIELLE ARMUTH
 PHYLLIS I BOHACZUK
 KIMBERLY BUECHEL
 JACQUELLEN CICCHETTO
 KRISTIN COLON
 KEVIN DALY
 DEBORAH D'ANGELO
 JESSICA GRAESSLE
 MARCELLA MARINAS
 JENNIFER MULLER
 KARINA ORPILLA
 MARIA REFINSKI
 JOHANNA ROYANDOYAN
 GIFTY SELBY
 PAVEL SIUTSOU
 VICTORIA TAN
 CECILIA TECSON-GANDHI
 SHIELA TOWNSEND

OPERATING ROOM

AAMINA ALI
 CHRISTINE ANDERSON
 AMY BRYE
 KRISTLE CASTRO
 LISA CHAIA
 NANCY CUOZZO
 JOSEFINA ELSAYED
 HELEN GAUGHAN
 EBENTZ HYPPOLITE
 TALEEN JAMGOTCHIAN
 SABRINA JORDAN
 DANA KRUEGER
 MARCIAN LAQUI
 SUSAN LOMBARDO
 HEATHER MAGUIRE LEAHY
 ALEXA MILLER
 DANA PENA
 JACLYN PERRINE



CTICU Team celebrating Certified Nurses' Day!

PREETHI PUSHPARATHINAM
 LAURA RODRIGUEZ
 PAMELA SCHWARTZ
 CARMEN SICILIANO
 LEA VISITACION
 GESILDA WASSERMAN

GI/ENDOSCOPY

WAICHUN CHAK
 ASHLEY GRIECO
 JOANNE MCAULEY
 ROSE PAGAN
 GABRIELLE TOUSSAINT-BLANC

CTOR

LORNA CANO
 INJA YEO

FLOAT POOL

CHRISINA DAVIS
 SUSAN GOVLICK
 NADEKA SHANIQUE HAWTHORNE NADREKA
 MONIQUE HAWTHORNE
 SHIRLEY SANTOS
 JULIANNE SPIZZOUCCO
 MARILYN TARRANT

2100

MARIA CHENG
 OLGA PIERSON
 DEBORAH PRIESTMAN
 JULIE SALAZAR
 KIMBERLY SNITCKIN

4WEST

BEVERLY ANTOINE-WILLIAMS
 ASHLEY CARREIRO
 WANDA Y CHATMAN
 ROSALINDA COMENDADOR ESPINA
 ALYSSA FANIA
 ERIN FINK
 FLUTRA GAXHA
 CHRISTINE HUG
 DEANNA LAROSA
 JESSICA MANALO
 AMY MIRANDA
 MICHAELA OLIVEIRA
 ERIN POULSEN
 MARIILYN VERDI
 ASHLEY WALES

4100

NGOZI FADEHAN

2WEST ONCOLOGY

KATHLEEN ARCIDIACONO
 ANGELILNE CHARLES
 MICHELE DOLISCA
 MARSH HOROWITZ
 ANA MENDOZA
 JANET MUTINDA KITETA

5700

JESSICA CALLEJO
ZANETA DZIEDZIC
CHARLES GOOD
MARIE LOUIS

1WEST

JULIE ANDREWS
NICOLE BAKER
GIFT HORN
JOCELYN PALOMA
JEANETTE RAVELO

2200

KATHLEEN DEVLIN
RISA KATZ

PEDIATRICS

KRISTEN DUNN
LYNMARIE GEARHART
DEBORAH ANN KELLEHER
PATRICIA RELVAS

2300

IMMACULATA NOSIKE
IMELDA PEREZ-BULOS
MISHA SHARMA
LAETITIA STPREUX
RIZALINA TAN-DIZON

2400

KRISTEN CARROTT
LOIS CORCORAN
ASHLEY FISCHER
KRYSTEN GEDMAN
JULIANNE GOLIA
JENNIFER NITZSCHE
ERIN PARVIN
KRISTINE STRELEC
KRISTIN VISENTIN
NATALIYA VULCHAK

FAMILY CENTERED CARE

NOELLE ALALAY
KRYSTA ALIBERTI
ALMA ASTORGA
CATHERINE BAILEY
SHINY BINU
MELISSA CAMPBELL
ANABELA DASILVA
CAROL DI POPOLO
SUSAN DIROCCO
ANN DOHM
ROSALIND EYERMAN
BETH GALLIC
ALISON GILMARTIN
LUDIVINA GO
ALISA GREGORY
VIRGINIA HUFFMAN
KAITLIN HURLBERT
SANDY HUSSAIN
GRACE KAO
KAROLINA KROL
SHYNI KURIAN
KIMBERLY LAI
TRACEY MARTINO
INGRID PATELLA
LAURIE PIERRE
YIFANG PU
BETHANY QUEIRUGA

BARBARA REISINGER
MAUREEN RUSSO
JANEY SAMUEL
SHANY SHAJI
MARTA STOLARZ
JENNIFER VANGLAHN
LISA WERDANN

LABOR AND DELIVERY

KELLI ALLEN
EMILY ALLIG
KRISTINA BARKEY
ROSALYN BIGORNIA
BARBARA BOCHEN
LISA BROSKO
CANDICE BUNO-SOT
STACIE CARR-DREHER
ZHENG CHUNPING
JULIA CZAJKOWSKI
KELLY CALLEROS
KATHLEEN GILRAIN
ANNA ZIELINSKI
COLBY WATSON
ADRIANNA DELPAZZO
CHERRYLL DIONES KUDYBA
NDIDIAMAKA EZUMA
LATOYA PEARSON
GALINA GENDELMAN
HEATHER GRUNDY
ERIN GUZMAN
LYNICE HOLMES
AMBER MARCANTONIO
LANI DUMBUDUM
ADRIENNE OLSON
PATRICIA PEIRANO
MARY PELLECCCHIA
AMANDA MARIE ROGERS
STEPHANIE ROSANT
DONNA SCHAARSCHMIDT
LOIS SHEPTUCK
JENNIFER TERRONE
LUZ PATRICIA TORRES
PATRICIA TURNER
KIM WEINSTEIN
YUELI ZHOU

3200

BINDU JOSEPH
LINDA RUSSO

NEONATAL ICU (NICU)

EDNA ARTICONA
JAMIE BEINS
KIMBERLY BRENNAN
JANET CAMASTA
MAUREEN CARRANZA
MINI CHACKO
VERONICA CRAWFORD
ALYSSA DEVISSER
MARTHA DOMINIQUE
MAUREEN DUNN
MARIA VICTORIA ESPIRITU
JYOTHI FURTADO
CINDY GARCIA
CRESENCIA LARDIZABAL
SANDRA LOPEZ
MARIA LOZANO
JUDITH MACK

KATHLEEN MCKAY
MICHELE PIECH
JICA POPOW
TAMARA MARIE PORADA
SAMANTHA REUTER
LAURA ROMEO
PAGE SILBAUGH
EVELYN SISON
EILEEN STEFFEN
PAMELA STONE
CAROL STYPULKOSKI
DIANE SUDOL
JOSEPH TENORIO
SHARNA TIMONERA
GINELLE VEENHUIZEN
MELANNY VELASCO
KAREN VERBEKE

PEDIATRIC ICU (PICU)

ERICA ADDESA
RUBY BRILLANTES-BRATHWAITE
MARISSA COLAGROSSO
LAUREN FARRAND
PAIGE MERCEDES OBELE
KEVIN REYLADO
CHARLOTTE SMITH

OB SUPPORT

TERESA LASTELLA
SUZANNE O'NEILL
SARAH REIBER
MARIA RODGERS
SUSAN YOSKOWITZ

NURSING ADMINISTRATION

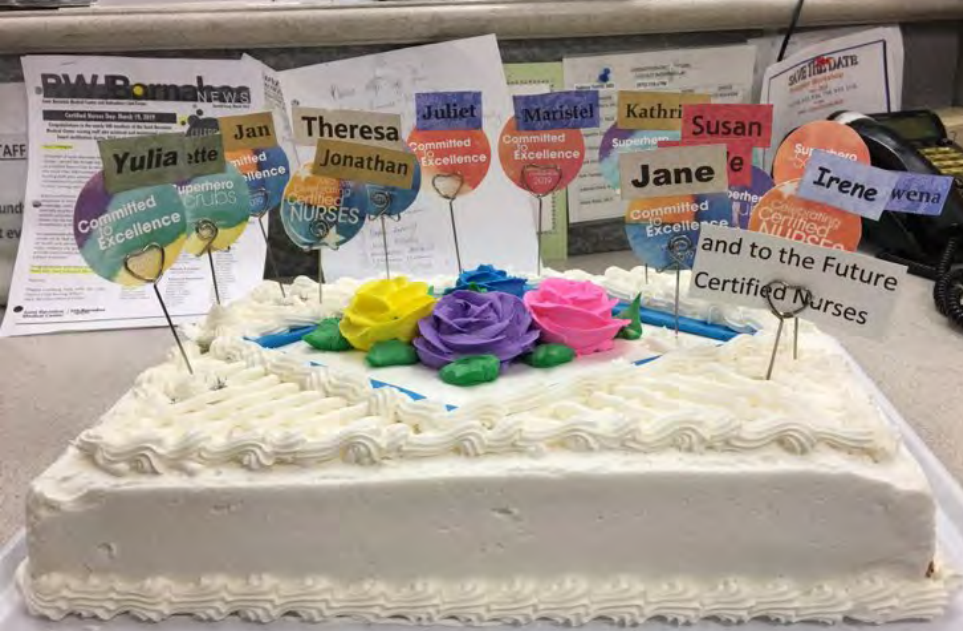
MARIA BRILHANTE
STEPHANIE CAIELLA
LINDSAY CIANCOTTO
SHEILA COLLIER
NAOMI FOX
VONETTA FREEMAN
LISA GENOVA
BINDU GEORGE
DAWN HOWARD
LAUREN KUSHI
RACHEL LOFARO
MARGARET LUNDBERG
CARMELITA MANNING
LISA QUINN
KIMBERLY ROSALES
KATHLEEN RUEHL
LAUREN STORY
MARIA KARISSA TUASON

RAPID RESPONSE

EDUARD AGAPAY
LAURA FREIRE
MICHELLE RICE

CARDIAC CATH LAB

CHRISTINE CASAZZA
LINDA CHAN
DOUGLAS DOERFLEIN
VIVIAN HERRERA
INSOOK KIM
JOLLY M KURUVILLA
EDITH LOPEZ-GENUARIO
NANCY MASTERSON
KIMBERLY REDA
KIMBERLY THURSTON



CTICU's Certified Nurses' Day celebration.

IV THERAPY

NOELA DEBUQUE
MARY JEAN RAMIREZ

CANCER/INFUSION CENTER

JESSIE BORER
LAUREN CARNEVALE
WAYNE CHOWANIEC
MARGARET CORREALE
MOIRA DAVIS
LAUREN DICOSIMO
KATHERINE DORIA
MINDY FOLEY
LUCY HALM
LYNN HAYTAIAN
NICOLE LYNN KLEES
KAREN LINDEN
PATRICIA LIPARI
SILBIA MARIANO
COLLEEN PERSONETTE
KATHLEEN PHILLIPS
CATHERINE PONTERIO
MILENE RAMIREZ
SUZANNE RUSSO
MARIA ELENA SERON
CATHERINE SERRANO
ANA SJOBERG

RADIOLOGY

MARIA GOMEZ

RADIATION ONCOLOGY

DAWN HEINTZ

CASE MANAGEMENT/SOCIAL WORK

CELESTE BROWN
THERESA A COHEN
JANICE IMBRIANO
ARLENE STEWART
BOCKMI JUNG
BRIDGET KEYES
BELINDA KREVER
SANDRA SCHWANBORG
MINJUE XU

INFECTION CONTROL

RENITA LARANG

WOUND CARE CENTER

LISA ARRINGTON SILLIMAN
STEPHANIE CAVALLARO
KRISTIN GELLNER
DIANNE HORTON
SANDRA JOHANSEN
STACY KRAKOWER
TERESA MALIT FREDA
CAROL THOMPSON-OLIVA
ELIZABETH VOCATURO-CHELCHOWKSI
SHEILA WOOD

HEMODIALYSIS

VICTOR CASABUENA
JOANNA CHIN
CIELITO VILLANUEVA

NURSING EDUCATION

NIDAL ABDALLAH
LYDITA ATANACIO
LESLIE FERNANDEZ
NAOMI FOX
NATASHA LOPEZ
LUCY MWANGI
STEPHANIE RICHTER
LUCIA RUSSINI GERARDO-FLORESCA
JANE SALZONE-JOHNSON
HARRIET SARKODIE
JEAN TUTSCHEK
MARIA VECCHIET
MARY VELARDI-STOFFEL

PEDIATRICS SUBSPECIALTY PRACTICE

LISA BRZEZINSKI
DEBRA M CUMMINGS

QUALITY & STANDARDS

MARY COLLAZO
SEAN COX
ELIZABETH GILLIGAN
KELLY HLAVIN
PAUL KOPH
ELAINE LAMB

EEG

MARCELLA GARNER

STROKE

KAREN KIEFER
ANGELA MC CALL BROWN
JAVICIA PETERSON-COLE

TRANSPLANT

TATIANA ALVAREZ
GWEN AQUINO
MONICA BOWLING
DANA DAVILA
GRACE DIFABIO
COLEENS SUSAN DOWLING
KATHLEEN FOLEY
RAQUEL GONCALVES
JENNIFER HINKIS-SIEGEL
JOSEPHINE MARAMBA
ANA MERCED-CASTRO
NANCY ALEXANDRA MINUTILLO
LUZ MOLINA
ALLISON MOORMAN
MARIE MORGIEVICH
HOMERO PANIAGUA
BELKIS RAMIREZ
BRIDGET SCHIRALDO
ELEANOR SIMCHERA
KATHERINE SZUCS
CASEY WARREN

LOGISTICS

BRYAN BOCCO
IRINE DELAUNEY
DIANE SCHICKRAM-SMITH
EILEEN MARGARET SINGER

THORACIC SURGERY

JAIMIE BELL

SPINE INSTITUTE

GINA MORRIS

IMAGING-ACC

COLEEN GURKAS

PALLIATIVE CARE

JULYA REMPEL

DIVERSITY AND INCLUSION

LESLIE WRIGHT-BROWN

GERIATRICS

CHERYL GAUFF
FLORENCE SMITH

MATERIALS MANAGEMENT

LIZ STEINWANDTNER

MULTIPLE SCLEROSIS COMPREHENSIVE CARE CENTER-ACC

MARY YARUSSI



Clinical Ladder

In an effort to provide a systematic structure for recognizing excellence in clinical nursing and to encourage commitment to nursing professionalism, SBMC set a goal to achieve Magnet Recognition® by the American Nurses Credentialing Center (ANCC). The vision was communicated by the Chief Nursing Officer in November 2015, with the beginning concept of a shared governance structure.

The Magnet Program Director (MPD), Kim Rosales, MSN, RN, CNML, is the facilitator to the Clinical Ladder Team. The Clinical Ladder Team is comprised of clinical nurses from different areas within the organization, representing both inpatient and outpatient areas. These members function as peer reviewers for submitted applications, reviewing on a quarterly basis to help guide and mentor nurses to be successful in the program. The MPD and nurse members ensure the program continues to encourage commitment to organizational goals and highlight nursing's contributions and achievements to SBMC.

Nurse engagement in the organization can be measured with an overall decrease in annual turnover rate from 11.7% in 2015 to 7.52% year end 2017. Frameworks developed by the ANCC for the Magnet Recognition Program have demonstrated to provide a more engaged nursing workforce through the Clinical Ladder Program. This is evidenced by increased involvement of nurses participating on organizational committee/councils, increased number of nurses with BSN or higher and professional nursing certification. SBMC continues to support the structures and processes of the Magnet Recognition Program in order to advance the professional development of its nurses.

Year	RNs in Clinical Ladder (%)	Number of RNs On Organizational Committees*
2015	0	50
2016	10.8	150
2017	21.2	250
2018	22.0	250
2019	26.0	250

**Approximate*

Teaching and Role Development: 2019 Nursing Pride and Promise Class

Congratulations to the most recent graduates of the Pride and Promise Leadership Development program. The program is designed to prepare participants for higher level responsibility and to enhance their work in their current positions. Since the program's inception in October 2015, 70% of the participants have been promoted into a leadership role; two from the 2019 class have been advanced to a leadership role.

Congratulations to the Class of 2019.

- Frankki DeGirolamo, RN, Burn Intensive Care Unit
- Sandra Elliott, BSN, RN, GI Endo
- Susan Jacob, BSN, RN-BC, CCRN, Cardio-thoracic Intensive Care Unit
- Minerva Layug-Gomez, MSN, RN, Neonatal Intensive Care Unit
- Suela Lita, RN, 2200
- Darin Page, BSN, RN, 4100
- Stephanie Trstensky, BSN, RN, Cancer Center
- Kristen Visentin, BSN, RN, PCCN, 2400

2019 Pride and Promise Projects

- Effects of an Advanced Skin Protectant on Patients with Hospital-Acquired Clostridium Difficile
By: Kristin Visentin, BSN, RN, PCCN, and Suela Lita, RN
- Escape Room Skills Test for RN Residency Program
By: Darin Page, RN, Sandra Elliott BSN, RN, and Stephanie Trstensky, BSN, RN
- Electronic Application Use and Mindfulness in Nurses
By: Minerva Layug-Gomez, MSN, RN, and Susan Jacob, BSN, RN-BC, CCRN





Pictured at the group's evidence-based project proposal presentation are, from left,; Lauren Bayda, Pediatrics; Laura Strandberg, 5700; Jenna Ng-Lee, 2300; Amirah Peoples, ED; Creyana Knox, Telemetry Float; Erika Buenano, Telemetry Float; and Michael Howard, 5700.

Teaching and Role Development: SBMC Professional RN Residency Program

As a high reliability organization, SBMC is dedicated to the development of our nursing staff and our commitment to foster a safe work environment where transitions to practice are achieved. The SBMC Professional RN Residency Program is a year-long program that provides support, enrichment and narrows the gap between academic education and the practice setting for new graduate nurses.

The program consists of knowledge, skills and clinical nursing orientation followed by monthly classes designed with simulation-based learning experiences, hands-on activities, team building activities, socialization, networking, case studies, shadowing experiences and mentorship. The measurable goals of the program are to enhance and provide nursing professional development, assess and increase RN job satisfaction, build practice-based knowledge, skills and attitudes that are in alignment with SBMC's mission, vision and values and to decrease RN turnover.

In 2019, 50 Professional RN Residents hired in the following units graduated from the program: 1West, 2200, 2300, 2400, 2West Oncology, 4West, 4100, 5200, 5300/5700, float pool, ED, NICU, Pediatrics, PICU and FCC. Some graduates have become high performers on their units working in the roles of charge nurse, preceptor, and safety coach as well as planning to apply for a leadership position in the future. Other graduates have successfully transferred into specialty units.

SBMC's Department of Nursing Education and Research is currently on the journey for American Nurses Credentialing Center (ANCC) Practice Transition Accreditation Program (PTAP) accreditation.





SBMC's Commitment to the Community

Milk Depot Opening

In August 2019, SBMC partnered with Mother's Milk Bank of North East (MMBNE) to open NJ's first MMBNE milk depot. Mothers in the community who are producing more milk than they need are now able to donate milk so that other babies can reap the health benefits. SBMC also expanded the use of donor milk to include newborns in the well-baby nursery.

Fourth Annual Baby Fair

On September 28, 2019, SBMC held its Fourth Annual Baby Fair. This free, educational event was attended by more than 400 community members, including expectant and prospective parents and grandparents. Staff from Family Center Care, Women's Health Education, Labor and Delivery, Pediatrics, and Nursing Leadership were on hand to discuss the childbirth experience, maternity choices and many other topics important to this population.



19th Annual Miracle Walk Benefits the Neonatal Intensive Care Unit (NICU)



Nurses from across SBMC volunteered at the 19th Annual Miracle Walk to benefit the SBMC NICU on October 13, 2019. The event was a big success with lots of smiles, face painted walkers enjoying the donated food, music and festivities. To date, Miracle Walk has raised more than \$6 million, allowing the hospital to acquire the most technologically advanced items and equipment available to support this highly specialized field – ensuring that 1,000 premature and ill newborns each year receive state-of-the-art care.

The Valerie Fund Walk

On June 8, 2019, Saint Barnabas Medical Center participated in The Valerie Fund Walk and JAG-ONE Physical Therapy 5K Run in Verona Park to support children with cancer and blood disorders. Over 45 nurse volunteers from Saint Barnabas assisted with the day's events. Saint Barnabas was recognized as a major sponsor at the event.



Greater Northern NJ Heart Walk

On October 20, 2019, at the South Mountain Recreation Complex, Saint Barnabas Medical Center participated in the Greater Northern NJ Heart Walk to help raise awareness and funds for cardiovascular and stroke research. Over 25 SBMC nurse volunteers participated in the day's activities.



Vaccinations for Mothers and Children

In an effort to address our Community Health needs, SBMC offered free pediatric flu clinics, providing vaccines for mothers and children in West Orange, NJ. Over the course of two free flu clinics offered at Edison Middle School in West Orange, NJ, 83 mothers and children were vaccinated by 10 nurse volunteers.

SBMC's Commitment to Recognition of Nursing



Top photo: Labor and Delivery

Lower left photo: 1West Surgical Stepdown Lower right photo: Perinatal Bereavement Committee

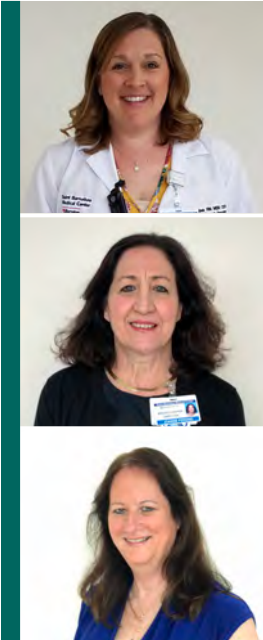
Nursing Excellence Awards 2019

On Wednesday, May 8, 2019, as part of Nurses Week, SBMC held its annual Excellence in Nursing Awards.

DAISY Team Award

The DAISY Foundation recognizes that while an idea to achieve better patient and family outcomes may start with one individual, it often takes an entire team to implement it successfully. This award honors collaboration and teamwork of a group of two or more people, led by a nurse, who identify and meet the needs of the patients and their families by going above and beyond the traditional role of nursing.

Nursing Excellence Awards 2019



DAISY Nurse Leader Award

The DAISY Nurse Leader Award recognizes nurse leaders who provide a safe, compassionate environment for the staff and role-model exemplary caring behaviors while working under tremendous pressure in a complex healthcare setting. These leaders inspire and motivate their staff with a shared vision and enthusiasm to achieve better outcomes for themselves and for their patients.

Denise Kubek, MSN, RN, OCN,
Assistant Director of Clinical Services, The Cancer Center

Joanne Persing, BSN, RN,
Assistant Director, Breast and Osteoporosis Centers,
Barnabas Health Ambulatory Care Center

Bonnie Sacks, BSN, RN, MAS,
Clinical Director, Pediatrics

35th Annual Marcia Reinfeld Samuels and Morton Abraham Samuels Nursing Excellence Award in honor of N. Peter Zauber, MD

Ruby Brillantes-Brathwaite, BSN, RN,
4300/Pediatrics

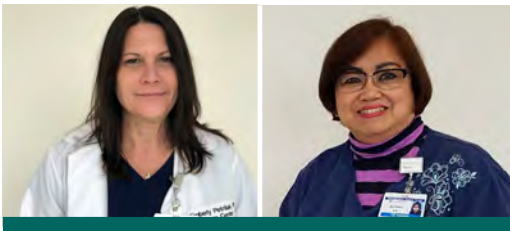
Amanda Calvache, RN,
Emergency Department

Cindy Garcia, RN,
Neonatal Intensive Care Unit

Moira Davis, BSN, RN, OCN,
The Cancer Center

Janet Mutinda-Kiteta, RN,
2West Oncology

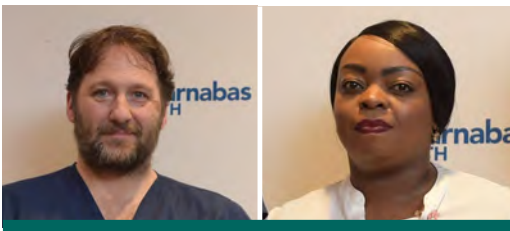
Hillary Salmon, MSN, RN, CCRN, CRRN, SCR.N,
Intensive Care Unit



The Kathleen "Katy" Hanf Making a Difference Award

Kimberly Petrilak, RN, The Cancer Center

Fe Torres, BSN, RN, 2300/Cardiac Telemetry



Jane Benjamin Memorial Scholarship/Award

Nir Ben-David, RN, 2West Oncology

Janet Mutinda-Kiteta, RN, OCN, 2West Oncology



Joi Mann Mentorship Award

Karen McClellan, RN, Emergency Department

The Lizbeth and David Straus Caring Hands Award

Bryan Gandhi, Technician, Emergency Department
David Klimczak, Technician, Emergency Department
Murat John Tabakci, Technician, EKG
Marie Theodore, Nursing Assistant, Float



George H. Steisel Pulmonary Fund Award

Christine Diaz, RN, 5200/Pulmonary



Girard J. Spiegel and Dr. Herbert E. Spiegel Memorial Scholarship

Genevieve Chaleff, BSN, RN, 5200/Pulmonary



The Janice M. Gamper, RN Nursing Scholarship

Marie C. Louis, RN, 5700/Renal Transplant
Lauren Maramba-Lumaj, Medical Assistant,
OB/GYN and Pediatric Clinics
Mary Richardson, Clinical Assistant, Emergency Room
Stacy Sanchez, Nursing Assistant, 5200/Pulmonary
Jennifer Tortorello, RN, Labor and Delivery



Susan Governale Emergency Department Nurse of the Year

Amanda Boutin, BSN, RN, CEN, Emergency Department





DAISY Awards 2019

For the third year, SBMC presented the DAISY Award to those nurses whose clinical skills and compassionate care exemplify the kind of nurses that SBMC's patients, their families, and staff recognize as outstanding role models. Thanks to the continued support of Janice M. Gamper, SBMC was able to present the award to the following deserving members of its nursing team:

Emma Anonuevo CCU	Alexa Gammo 4West
Joanne Anscher Labor and Delivery	Krysten Gedman 2400
Martine Arana Emergency Department	Michelle Hemberger Neonatal Intensive Care Unit
Jovita Bautista-Hofilena Hemodialysis	Sandy Hussain Family Centered Care
Lovely Beaucluche Cancer Center	Miryam Jimenez 2100-Burn Step Down
Melissa Campbell Family Centered Care	Melinda Keirn Infusion Center
Evelyn Campbell Radiation Oncology	Purvy Patel Surgery Center
Laurie Carrion Neonatal Intensive Care Unit	Carlita Spike Float Pool
Marianne Colucci High Risk Antepartum	Mary Szatkowski Burn Intensive Care Unit
Anabela DaSilva Family Centered Care	Tiela Van 4100
Edna Dela Cruz 1West	Daisy Vilchez Surgery Center
Doug Doerflien Cardiac Cath Lab	Joanna Wilson Family Centered Care

Exemplary Professional Practice

Patient Experience

Inpatient

Hospital Consumer Assessment of Healthcare Providers and Systems National Percentile Rank

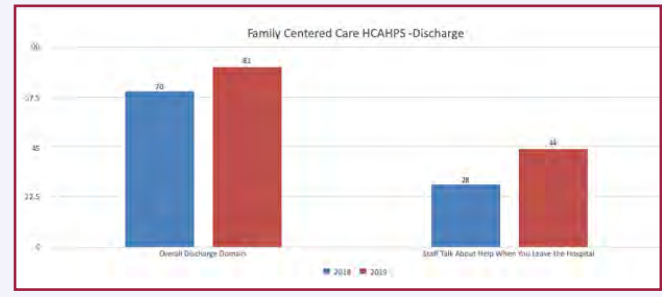
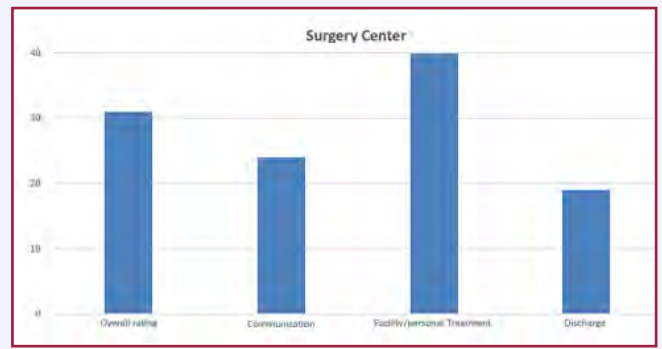
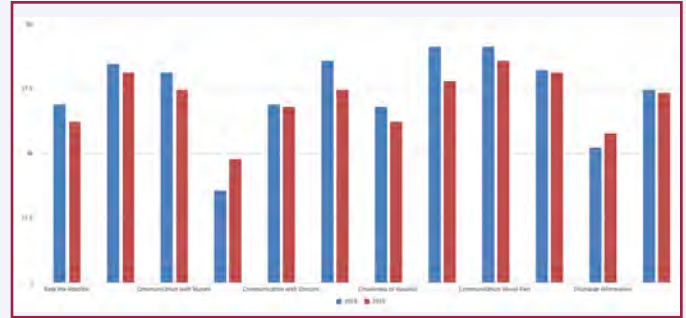
Ambulatory Surgery

Outpatient Ambulatory Surgery Consumer Assessment of Healthcare Providers and Systems National Percentile Rank

Family Centered Care

In the fourth quarter of 2018, while focusing on their Discharge Domain, FCC identified that their patients reported receiving conflicting information regarding discharge and breastfeeding information. While FCC implemented several initiatives to address these concerns, the tactic that proved most helpful resulted directly from feedback provided by the Breastfeeding Committee – a collaboration of staff from each of the affected departments.

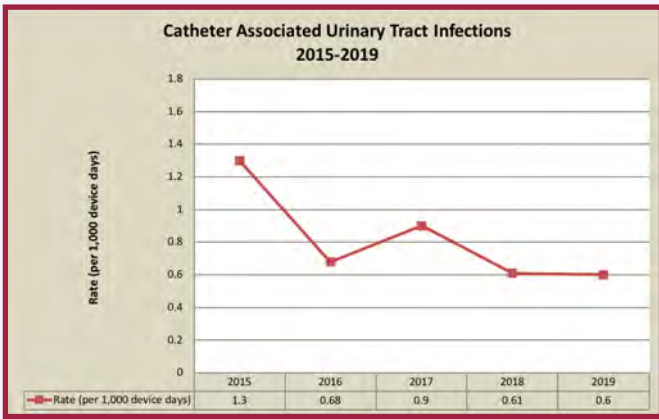
After reviewing patients' concerns, the Breastfeeding Committee suggested that a Daily Charge Nurse Huddle be implemented, allowing critical information to be shared among key staff. Now, at 7:45 am each day, representatives from Labor and Delivery, the Neonatal Intensive Care Unit, High-Risk, Post-Partum and the Nursery, gather on Labor and Delivery to review the status of current patients, anticipated admissions, census, bed availability, etc. Through the enhanced communication and collaboration, staff are now able to manage their work flow and patient care and are better equipped to communicate realistic and consistent discharge and breastfeeding expectations to their patients. Their success has been validated as they have seen their Discharge Domain increase from the 70th percentile rank in 2018 to the 81st percentile rank in 2019.



Nurse Sensitive Quality Indicators

Nursing sensitive quality indicators are reported nationally by hospitals and allow consumers the ability to compare patient's clinical outcomes with similar hospitals. For SBMC, that would include teaching facilities of the same size. As part of SBMC's Journey to Excellence for Magnet Designation, specific clinical outcomes regarding safety are tracked and reported. Many units have focused on quality improvement initiatives using "PDSA" -- a Quality Improvement Model.



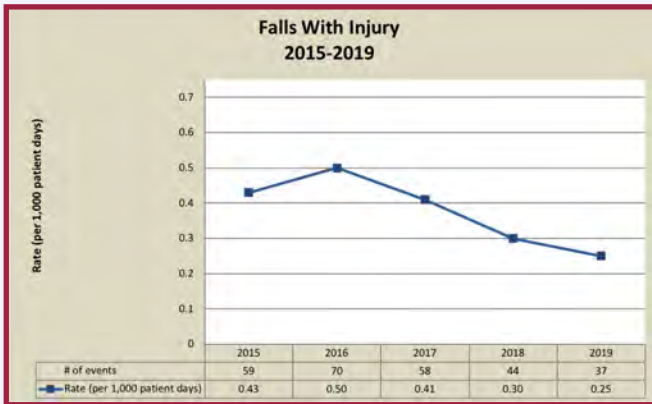
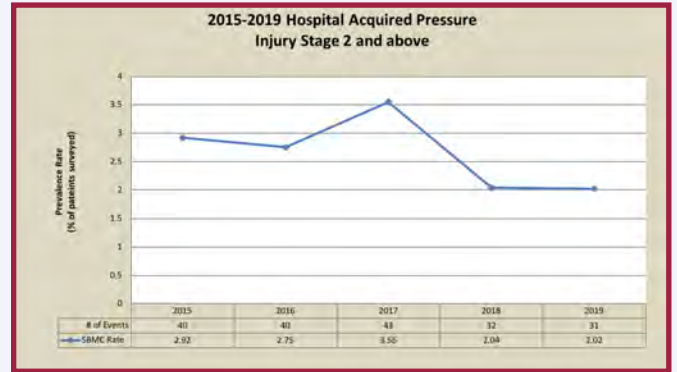


Catheter Associated Urinary Tract Infection

Important focus for Catheter Associated Urinary Tract Infection (CAUTI) reduction was increased use of the Purewick, reflex testing, and removal of Foley catheters.

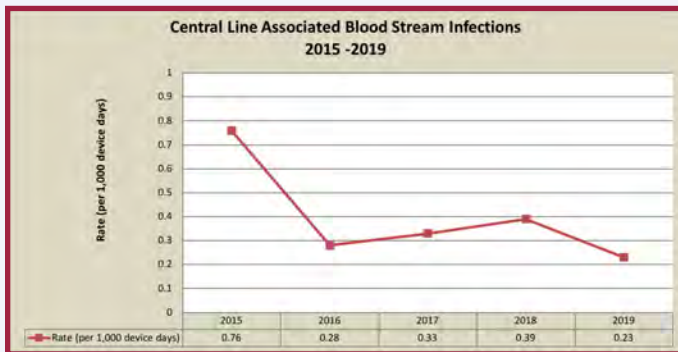
Hospital Acquired Pressure Injuries Stage 2 and Above

The 2 RN-Skin Check was implemented in 2017 and has continued throughout 2019. In addition, other hospitals in the RWJBarnabas Health system have adopted this practice to further reduce Hospital Acquired Pressure Injuries Stage 2 and above (HAPI 2+).



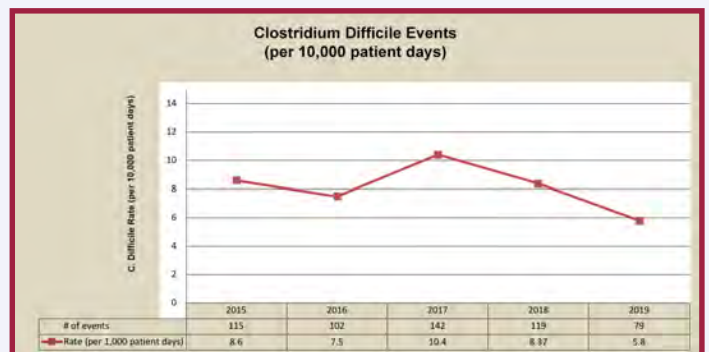
Falls With Injury

The strategies of the nursing team, including hourly rounding using key words, such as potty, pain, position, and possessions, continues to assist with decreasing the fall rates. Anticipating patient and family needs to provide exceptional care in quality and satisfaction is the organization's mission.



Central Line Associated Blood Stream Infections

In 2019 Central Line Associated Blood Stream Infections (CLABSI) was further reduced, reaching a 0.23 infection rate per 1,000 catheter days.



Clostridium Difficile

SBMC's Commitment to a Culture of Safety

RWJBarnabas Health is on a continuing journey to become a high reliability organization (HRO), uniting the health system in a culture of safety to achieve top-tier clinical outcomes, deliver the highest quality care and provide the safest experience for SBMC's patients, communities and workforce.

This quest, which is referred to as "Safety Together," is a comprehensive process to improve reliability, building upon past successes in safety and quality, and using new tools and behaviors to ensure the health of the patients and the communities SBMC serves.

To develop and support a culture of safety and high reliability, Saint Barnabas Medical Center recognizes those who have contributed by making a Good Catch using one of our Safety Together behaviors and tools. In these instances, their focus on high reliability resulted in no harm reaching our patients. All staff, regardless of their role, are expected to use the Safety Together behaviors and tools to provide the most caring, respectful and high-performing environment that promotes safe, quality and patient-centered care.

Good Catch SAFETY Examples:

S - Speak Up For Safety

Phyllis Bohaczuk, RN, Post-Anesthesia Care Unit, and Sue Mandel, RN, MSN/MBA, Clinical Manager, Case Management

While caring for a post-surgical patient in the PACU, Phyllis learned from her patient that she had not walked in three months. This concerned Phyllis who was now questioning the patient's discharge plan. After an unsuccessful conversation with the patient's surgeon, she contacted Sue in Case Management. Sue advised her to discontinue the discharge and contact the surgeon to request a physical therapy evaluation, which resulted in an admission. They both spoke up for safety, listened when a safety concern was identified, and prevented an unsafe discharge.

A - Accurately Communicate

Rosalind Eyerman, RN, Family Centered Care

A patient had an order for BNP, but the lab drew BMP because that is what was ordered by the resident. Rosalind, one of SBMC's Safety Coaches, followed up with the attending and clarified, using the NATO phonetic alphabet, that the patient needed a BNP not BMP. As a result, the proper blood test was ordered for the patient.

F - Focus on the Task

Christopher Stanford, RN, Coronary Care Unit

As per our process, while administering medication twice this past week, Christopher used the STAR method - Stop, Think, Act, Review -- to verify that the medication was correct. He discovered that while the bar code correctly scanned as the prescribed medication, the pills in the bag were not correct. In the second instance, he identified that while the medication the Pharmacy sent was correct, it was the wrong dosage. In both cases the, the Pharmacy was contacted and the correct medication was received.

E - Exercise and Accept a Questioning Attitude

Melissa Fullerton, RN, and Anthony Delcazo, RN, 5700 Renal Transplant

Melissa received a call from Transport requesting to pick up a patient for GI/Endo. Melissa, demonstrating a questioning attitude, reviewed the patient's current orders to find out that her patient was not scheduled for diagnostic procedure. In fact, the patient was scheduled for discharge. Anthony Delcazo, PCC, 5700, contacted GI/Endo to validate and verify the patient information, learning that Transport was sent to pick up the wrong patient. Together, they stopped the line and prevented a patient from undergoing an unnecessary procedure.

T - Thoughtfully Interact

Cassandra Kety, Technician, Operating Room

Cassandra demonstrated a thoughtful interaction which supports a Culture of Respect amongst our team members. In preparation for a case, the surgeon had imaging studies displayed on the screen within the OR. Noticing that the age of the patient listed on the scans was significantly older than the age of the patient that was brought into the OR, Cassandra spoke up for safety. She voiced a concern directly to the surgeon, questioning if the displayed imaging studies were those of the patient. In doing so, the surgeon realized the incorrect imaging studies had been pulled up and he thanked Cassandra. This thoughtful and respectful interaction allowed colleagues to speak up, listen when a safety concern was identified, and prevented a potential error.

Y - You and Me Together

Julia Fitzpatrick, RN, 1300, Surgery Center

When Julia, a SBMC Safety Coach, noticed that a resident had not gelled in upon entering a patient room, she asked the resident if he forgot. He said yes, thanked her and gelled in. That was a great cross-check.

CCHES High Reliability Safety Coaches

As part of our Journey to Excellence and High Reliability, we have introduced CCHES High Reliability Safety Coaches. Having shown support in demonstrating Safety Together behaviors and upholding our standards of behaviors, these staff members are well suited to reinforce the important components of the high reliability training we received last year. This Safety Coach program is a peer recognition initiative that will be implemented in clinical and non-clinical settings. The purpose of the Safety Coach program is to promote the use of Safety Together tools through reinforcement and engagement of peers with the goal of reducing harm to patients, families, visitors, and staff. We appreciate their commitment to high reliability and welcome their support. To follow is a list of the safety coaches at SBMC and the ACC:

ALYSSA FANIA, W4100	HEMWATTIE SHALIT, 1300 SAME DAY SURGERY	MARIVES BURKHARD, PACU
AMANDA DEROMA, ACC - DIALYSIS	JACKIE MORGADO, SLEEP LAB	MARTA WSZEBOROWSKA, 2100
AMANDA GERMANO, CARDIAC CATH	JACQUELYN FITSCHEN, ACC - IMAGING CENTER	MARY LUCY DETIZIO, CCU
ANASTASIA GALANOS, 4100 MED SURG	JAMIE MARTINEZ, CAT SCAN	MARY VELARDI-STOFFEL, NURSING EDUCATION
ANTOINETTE SADLER, 2300 POST CARDIAC CARE	JANET NEAL, ACC - BREAST HEALTH CENTER	MATIN KUZMICKI, ED
ASHLEY GRIECO, GI ENDO	JAY GOLKIN, ACC - MRI	MICHELE DOLISCA, 5300 ONCOLOGY
BOBBIE REISINGER, FCC/ NURSERY	JENNA ARENA, BURN ICU	MOIRA GRIESBACH, NICU
BREANNA FEITH, CCU	JENNY FERMIN NUNEZ, ACC- IMAGING CENTER	NANCY D'ALESSANDRO, 2400
CANDINCE PENARANDA, PREADMISSIONS TESTING	JOCELYN REASONER, OUTREACH SKILLED NURSING	NATALIE GAVILANES, EMERGENCY
CASSANDRA BROOKS, FLOAT POOL	JONATHAN YEAGER, TELEMETRY	NATALIYA VULCHAK, 2400
CATHERINE CURTIS, ACC BREAST HEALTH CENTER	JOSIE CONCEJO, HEMODIALYSIS	NICOLE BAKER, W4100
CATIA MARQUES, 2200 MED/SURG	JUDY BATISTA, FCC	NICOLE SALINARDI, L & D
CHRISTIAN NOEL, TELEMERY	JULIA CZAJKOWSKI, L & D	NICOLE SEPAUL, ACC - VASCULAR LAB
CHRISTINA JAMIESON, BURN ICU	JULIA FITZPATRICK, 1300 SAME DAY SURGERY	NINA HASS, 1W
CHRISTINA TIRBENI, 4100 MED SURG	JUNIA MILFORT, CCU	PETER CLAVIN, RADIOLOGY
CIARA MCELROY, PSYCHOSOCIAL SVS CANCER CTR	KAITLIN CHAN, 5200	RAGENA RILEY, SERVICE EXCELLENCE
CLARE MURPHY, NEURO SCIENCE INST- PRACTICE	KAREN LOFGREN, EEG LAB	RAHIMA BROWN, ED
COLLEEN REITZ, ULTRASOUND	KAROLINA KROL, FCC/ NURSERY	RANIA ABOUSLEIMAN, 2100
CORRIN TOLLIVER, ED	KATHLEEN RUEHL, NURSING ADMIN	REBECCA CALELLO, ACC - OSTEO
CRISTINA DEPERIO, 2300 POST CARDIAC CARE	KATIE MCGUIRE, CANCER CENTER-ADMIN	REYNANTE GAJILAN, ED
DANIELLE ARMUTH, PACU	KERRI HAY, ICU	ROSALIND EYERMAN, FCC/ NURSERY
DEBBIE ZEMIETRA, 4300 PEDIATRICS	KRISTIN HAGUE, RADIOLOGY DIAGNOSTIC	ROZ EYERMAN, FCC/ NURSERY
DENISE HARRY, OR	KRISTINA JOHNSON, ED	RUSSELL BRAVO, PULMONARY LAB
DOUGLAS DOERFLEIN, CARDIAC CATH LAB	KRYSTLE CASTRO, OR	SAMANTHA HESS, NICU
EDEN GUADAD, 4700 SURGICAL TELE / 1WEST	LAURA GRAMATICA, GI ENDO	SARAH SIMON, ICU
ELIZABETH SULES, TELEMETRY	LAURA VEGA,	SHAQUANNA HAWKINS, 5200
ELIZABETH UKONU, 2200 MED/SURG	LENKA MUSKOVA, OR	STEPHANIE DIMITRAKIS, PICU
ELIZABETH VOCATURO, INPATIENT WOUND SERVICES	LESLIE WILLIAMS, DIETARY	STEPHANIE LEFKARTIS, RESPIRATORY THERAPY
EMILY SALERNO, ED	LINA MARIA ALFONSO, ED	SUSAN KLEINHANS, L & D
FEVEN AMANUEL, 1W	MARCY REGINO, 4300 PEDIATRICS	SUZETTE BACCAS, 5700 RENAL
GINA POLLARA, ICU/CCU	MARILOU MAGAT, HEMODIALYSIS	TARSHA SAUNDERS, EEG LAB
HELENA QUEATEH, TELEMETRY	MARILYN O'NEILL, PACU	TAWANNA BROWN, OUTPATIENT TRANSPLANT CLINIC
		WILLIAM FITZPATRICK, RADIATION ONCOLOGY
		WYCLIFFE OSORO, CTICU
		YELTSIE VOLCY, FLOAT POOL

New Knowledge, Innovations and Improvements

Enhanced Recovery after Surgery (ERAS) – Cesarean Deliveries

A multidisciplinary team comprised of members from obstetrics, pediatrics, anesthesia, nursing, pharmacy, administration, electronic medical record (EMR) support, and current OB/GYN residents implemented an evidence-based pathway which enhances recoveries for cesarean deliveries resulting in the following improvements:

- Length of stay decreased from 3.5 to 2.9 days
- Patients discharged within two days improved from 6% pre-implementation to 40% post ERAS implementation
- Opioid usage decreased from 84% to 23%



Members of the interdisciplinary team presented their findings at the national ERAS conference in October 2019. Pictured from left: Kristen Spinola, BA, RN; Luciana Cinicolo, BA, MPH; Kim Rosales, MSN, RN, CNML; Jan Goral, MD; Richard Pitera, MD; Phil Colombrita, BA; and Caitlin Tauro, BS.

Intensive Care Unit Journal Club

The Intensive Care Unit (ICU) Journal Club is a nurse-driven collaborative composed of multidisciplinary providers which reviews current, evidence-based best practice literature each month. This aligns with the unit's vision to consistently deliver safe and superior competent nursing care.

Each month, a staff nurse champions the session and selects a journal. This involves identifying a topic they are passionate about and is relevant to critical care in the Intensive Care Unit (ICU). The journal is approved by the Critical Care Nurse Educator, Natasha Lopez. Application of the Johns Hopkins Nursing Evidence-Based Practice Appraisal Tools is utilized to review the journal. The presenter puts together a presentation to deliver to the journal club members.

The ICU Journal club applies a "flipped classroom" instructional modality which reverses the traditional order of the learning environment by delivering reading content prior to the meeting. This expedites the process as everyone comes ready to discuss the content of the material. Contact hours are provided by Natasha Lopez as SBMC is an approved provider of nursing continuing professional development by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

In 2019, a total of 11 professional articles were reviewed by the Journal Club using the Johns Hopkins standards. This represents a 91.7% achievement of their Unit Practice Council goal. Ten presentations were associated with contact hours for a total of 16.03 contact hour credits awarded to attendees.

2019 IRB Approved Research Studies Involving Nurses as Principal Investigators

Title	Nurse/Presenter
The Use of Dextrose Gel in Newborn Infants at Risk for Hypoglycemia	Barbara Reisinger, BSN, RNC-LRN
A Retrospective Safety and Efficacy Evaluation of Sacubitril/ Calsartan in Regards to Heart Failure Readmission Rates	Rebeca Kane, MA, APN, CCRN
Alarm Fatigue: Perceptions and Attitudes of Nurses in Critical Care Units	Amanda Scelfo, BSN,RN
Evaluation of a Virtual Reality (VR) Immersion Experience on Nurse Leader Work Fatigue in an Acute Healthcare Facility	Deanna Paxos, MSN, RN-BC, CNL
Retrospective Evaluation of Remote Dielectric Sensing (ReDS) Vest Technology and its Impact on Heart Failure Readmission Rates and Diuretics Therapy	Jenny Guevarra, APN, CCRN
Advocating for Palliative and End of Life Care: The Role of Communication and Moral Distress?	Maria Rosler, MSN, RN, CHPN
Effects of an Advanced Skin Protectant on Patients with Hospital-Acquired Clostridium Difficile	Suela Lita, BSN,RN
Variables Impacting Retention of Professional RN Residents in an Acute Care Facility	Naomi Fox, MSN, RN, CCRN
Noninvasive Assessment of Lung Fluid Volume by Remote Dielectric Sensing(ReDS) Technology - to Reduce Rate of Heart Failure Readmissions and Length of Stay: A Single Center Case-Control Study	Jenny Guevarra, APN, CCRN
Measuring Health Professionals' Perceptions Towards Patients with Substance Use Disorder	Mary Beth Russell, PhD, RN, MA, RN-BC, NEA-BC
Nurse Case Managers' Competency Behaviors in Inter-Professional Collaboration During Discharge Planning	Sharon Antoine-Dixon, RN, MSN, PhD (candidate)

2019 Publications

Bell, J., Paul, S., Sesti, J., and Granger, B. (2019). "Improving Self-Reported Preoperative Anxiety Through a Preoperative Education Program: A Quality Improvement Project." *Journal of Doctoral Nursing Practice*, 12(1), 117-24. <https://doi.org/10.1891/2380-9418.12.1.117>

Guevarra, J., Opsha, Y., Lundberg M., Rogal G. (2019). Abstract: Retrospective Evaluation of Remote Dielectric Sensing (ReDS) Vest Technology and its Impact on Heart Failure Readmission Rates and Diuretics Therapy. *Journal of Cardiac Failure* (25)8. <https://doi.org/10.1016/j.cardfail.2019.07.424>

2019 Nursing Poster Presentations (continues)

Poster Title	Poster Presenter(s)	Date	Organization & Location
Impact of an Interprofessional Tobacco Cessation Program on Chronic Obstructive Pulmonary Disease Hospital Readmission Rates	Dawn M. Howard, DNP, APN, ANP-BC	3/1/19	American Pharmacists Association (APhA) Annual Meeting & Exposition, Seattle Washington
A Virtual Reality Immersion Experience on Nurse Leader Work Fatigue	Deanna Paxos, MSN, BS, RN-BC, CNL	3/28/19	ONL NJ Annual Meeting and Conference. Nurse Leaders Changing the Status Quo by Disruptive Innovations. Princeton, NJ
Burn Outpatient Patient Dressing and Medication Assistance Program	Erin Klecka, MSN, RN, APN-BC ; Paula Alem, MSN, RN, APN-BC; Sandra Johansen, RN, BSN, CWON; Kathe M Conlon, BSN, RN, CEM, MSHS; Margaret Dimler, MSN, RN; Michael Marano, MD, FACS; Sylvia Petrone, MD, FACS; Robin Lee, MD, FACS; Anupama Mehta, MD	4/3/19	American Burn Association National Meeting in Las Vegas, NV
Developing a Screening Tool to Assess Acute Stress Disorder in Burn Patients	Paula Alem, MSN, RN, APN-BC; Erin Klecka, MSN, RN, APN-BC; Emilia Rynkowska, MSN, RN; Robin Lee, MD, FACS, Kathe M. Conlon, BSN, RN, CEM, MSHS; Margaret Dimler, MSN, RN; Maryellen Roberts, DNP, RN, APN-c, FNAP, FANN, Michael Marano, MD, FACS	4/3/19	American Burn Association National Meeting in Las Vegas, NV
Decreasing Hospital Acquired Pressure Injuries (HAPI) with the Implementation of a Two Registered Nurse (RN) Skin Check During Hydrotherapy	Erin Klecka, MSN, RN, APN-BC ; Paula Alem, MSN, RN, APN-BC; Margaret Dimler, MSN, RN; Vitina Esteves, MSN, RN; Sandra Johansen, RN, BSN, CWON; Kristine Eckert, BSN, RN, CCRN; Michelle Wagner, BSN, RN, CCRN; Michael Marano, MD, FACS	4/3/19	American Burn Association National Meeting in Las Vegas, NV
Closing the Gap Through Interprofessional Care Transitions	Dawn M. Howard, DNP, APN, ANP-BC; Jessica A. Bente, PharmD, BCPS	5/1/19	NJHA Conference - NJ Transitions of Care Collaborative, Princeton, NJ
Predictive Value of Procalcitonin Levels to Assess Anastomotic Leaks After Esophagectomy: A Pilot Study	Jaimie L. Bell, DNP, ACNP-BC	5/5/19	American Association for Thoracic Surgery meeting in Toronto
Closing the Gap: Interprofessional Care Transitions	Dawn M. Howard, DNP, APN, ANP-BC; Jessica A. Bente, PharmD, BCPS	5/14/19	National Conference for Nurse Practitioners, Chicago, IL.
APN Led Care Coordination to Improve Discharge	Lisa Genova, MSN, APN, ANP-C	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Decreasing Hospital Acquired Pressure Injuries (HAPI) with the Implementation of a Two Registered Nurse (RN) Skin Check During Hydrotherapy	Erin Klecka, MSN, RN, APN-BC	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Utilizing a Screening Tool to Assess Acute Stress Disorder in Burn Patients	Paula Alem, MSN, RN, APN-BC	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Does the Initial Dose of Diuretic Given in the Emergency Department Affect Length of Stay?	Jenny Guevarra, APN, CCRN	9/12/19	SBMC Quality Fair, Lilvingston, NJ

2019 Nursing Poster Presentations

Poster Title	Poster Presenter(s)	Date	Organization & Location
Streamlining the Admission Process: Decreasing Wait Times to Improve Patient Experience in the Cardiac Cath Lab	Marlene Roberts, RN	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Analyzing the Impact of Advanced Practice Nurses on Making Discharge Follow-up Appointments for Acute Heart Failure Patients on 30 Day Re-admission Rates	Silvia Calderon, APN	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Reducing the Primary Cesarean Section Rate for Nulliparous Term Singleton Vertex Women Through Use of a Peanut Ball During Labor with Epidural Anesthesia	Lynice Holmes, MSN,RNC, RN	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Improving Symptom Management & Patient Satisfaction in SDS Patient Population	Gertruda Ramos, BSN, RN-BC	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Effort to Reduce Maternal Morbidity and Mortality	Sheila Collier, MSN, RNC-MNN	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Advocating for Palliative and End of Life Care: the Role of Communication and Moral Distress	Maria Roesler, RN, MSN, CHPN; Kathy Arcidiacono, MSN, RN, ONC; and Leslie Wright-Brown, MS, RN, BC	9/12/19	SBMC Quality Fair, Lilvingston, NJ
Retrospective Evaluation of Remote Dielectric Sensing (ReDS) Vest Technology and its Impact on Heart Failure Readmission Rates and Diuretics Therapy	Jenny Geuvarra, APN, ACNP-BC, CCRN; Yekaterina Opsha, PharmD, BCPS	9/13/19	Heart Failure Society of America, Philadelphia, PA
Decreasing Hospital Acquired Pressure Injuries (HAPI) with the Implementation of a Two Registered Nurse (RN) Skin Check During Hydrotherapy	Erin Klecka, MSN, RN, APN-BC ; Paula Alem, MSN, RN, APN-BC; Margaret Dimler, MSN, RN; Vitina Esteves, MSN, RN; Sandra Johansen, RN, BSN, CWON; Kristine Eckert, BSN, RN, CCRN; Michelle Wagner, BSN, RN, CCRN; Michael Marano, MD, FACS	11/10/19	Northeast Regional Burn Conference in Portland, MA
Creating an Educational Model to Improve Calculation of Total Body Surface Area Burns	Kristine Eckert, BSN, RN; Robin Lee, MD, FACS	11/10/19	Northeast Regional Burn Conference in Portland, MA
Providing Safe Internal Transport of the Severely Pulmonary Compromised Burn ICU Patient	William Englert, RRT, Michael A Marano MD FACS, Silvia J Petrone MD FACS, Anupama Mehta MD, Elyse Zanni BSRC MSOL, Margaret Dimler MSN RN	11/10/19	Northeast Regional Burn Conference in Portland, MA
Enhanced Recovery after Surgery (ERAS) - Cesarean Deliveries	Kimberly Rosales, MSN, RN, CNML; Kristen Spinola, RN	11/16/19	Enhanced Recovery After Surgery USA, New Orleans, LA

2019 Nursing Podium Presentations

Podium Title	Podium Presenter(s)	Date	Organization & Location
Essential Donor Team Concepts	Marie Morgievich, RN, APN-C, CCTC	5/1/19	American Foundation for Donation and Transplantation: 11th Annual Living Donation Conference, Clearwater, FLA
Logistics and Resources to Support Internal and External Resources	Marie Morgievich, RN, APN-C, CCTC	5/1/19	American Foundation for Donation and Transplantation: 11th Annual Living Donation Conference, Clearwater, FLA
Managing Programmatic Risks in Living Donation	Marie Morgievich, RN, APN-C, CCTC	5/1/19	American Foundation for Donation and Transplantation: 11th Annual Living Donation Conference, Clearwater, FLA
Living Donor Kidney Transplantation, Advances and Innovations.	Marie Morgievich, RN, APN-C, CCTC	5/1/19	RWJBarnabas Health Children's Kidney Center Annual Symposium, Livingston, NJ
Advocating for Palliative and End of Life Care: the Role of Communication and Moral Distress	Maria Roesler, RN, MSN, CHPN; Kathy Arcidiacono, MSN, RN, ONC; and Leslie Wright-Brown, MS, RN, BC	5/6/19	4th Annual Nursing Excellence Conference - Saint Barnabas Medical Center, Livingston, NJ
Conflict Resolution	Lendra James, MS, BSN, RN	5/6/19	5th Annual Nursing Excellence Conference - Saint Barnabas Medical Center, Livingston, NJ
Nursing Excellence: A Look Back and a Future Vision	Michelle Addie, MSN, RN; Melissa Del Mauro, BSN, RN,CEN; Susan DiRocco, BSN, RN, IBCLC	5/6/19	6th Annual Nursing Excellence Conference - Saint Barnabas Medical Center, Livingston, NJ
Caring for the Kidney Transplant Recipients: The Inpatient Approach	Homero Paniagua, MSN, APN, FNP-C	11/11/19	APN Council, Saint Barnabas Medical Center, Livingston, NJ
Bridging the Gap Through Care Transitions	Lisa Genova, DNP, MSN, ANP-C	11/11/19	APN Council, Saint Barnabas Medical Center, Livingston, NJ
Gadget, Gizmos, and More: Cardiac Technology for this Century	Claudia Irmieri, MSN, APN-C, CCRN, CVN	11/11/19	APN Council, Saint Barnabas Medical Center, Livingston, NJ
Thoracic Surgery: Screening, Surgery, and Innovations	Jaimie Bell, DNP, ACNP-BC	11/11/19	APN Council, Saint Barnabas Medical Center, Livingston, NJ
Palliative Care in Acute and Critical Illness	Julya Rempel, GNP-BC, WCC, RN-BC, and Per Rosenqvist, MSN, APN-C, CCRN, ACNP-BC	11/11/19	APN Council, Saint Barnabas Medical Center, Livingston, NJ

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